

NEURO-OPHTHALMOLOGY

ESSAM OSMAN PROFESSOR

Consultant Ophthalmologist
Ophthalmology department
King Saud University

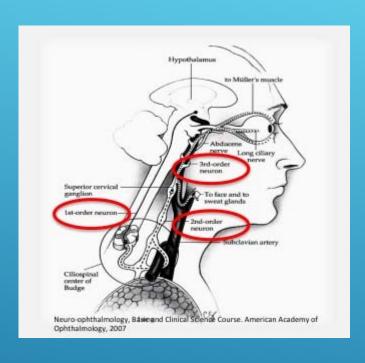
Neuro-ophthalmolgy deals with ocular problem caused by disorder of brain, optic nerve, Cranial Nerves and pupil pathway.

PART 1: PUPILLARY DISORDERS

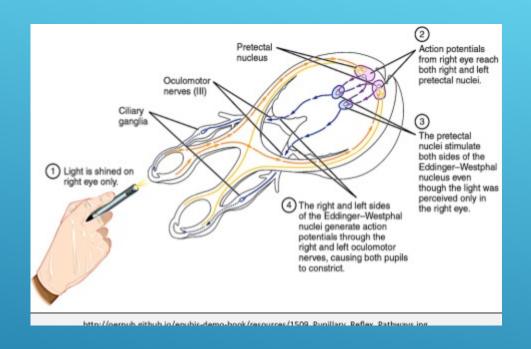
Anatomy and physiology

 The pupil size is controlled by a balance between parasympathetic innervation to the sphincter muscles and sympathetic innervation of the dilator muscles of the iris.

Pupil construct to light and near stimuli.



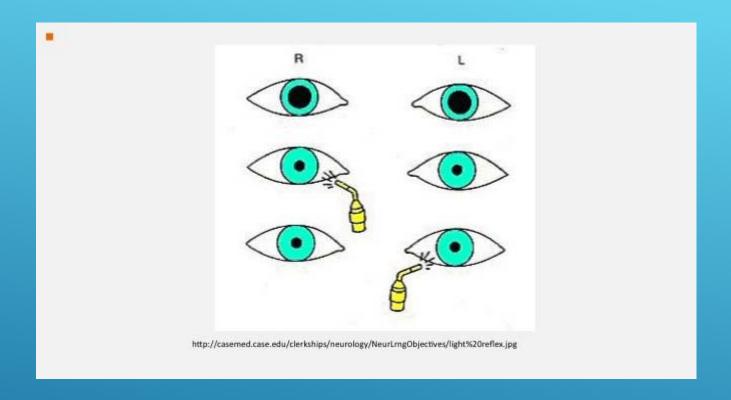
- Sympathetic (adrenergic) pathway:
 - Pupillary dilation is mediated through threeneuron sympathetic(adrenergic) pathways that originate in the hypothalamus.

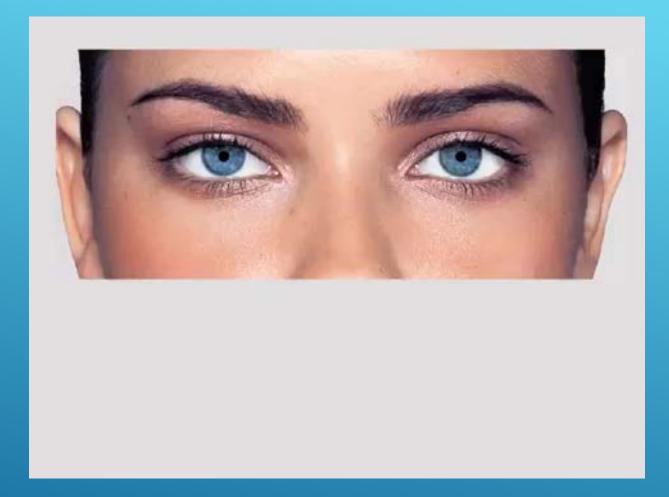


PUPILLARY DISORDERS: PARASYMPATHETIC (CHOLINERGIC) PATHWAY:

Examination of the pupil:

- Best conducted in dim light room using a bright light
- ► The patient should be relaxed and fixing on a distant object.
- ► The size, shape and position of each pupil should be noted in light and dark condition.
- Check light reflex looking for a relative afferent pupillary defect(RAPD)







WHICH PUPIL IS ABNORMAL?

► When the small pupil does not dilate as well as the large pupil in dim light, then the small pupil is abnormal.

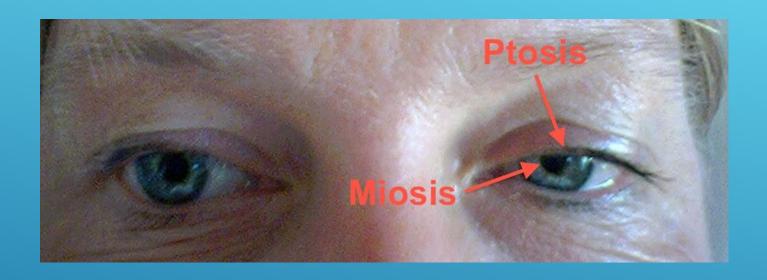
When the larger pupil does not constrict as well as the small pupil in response to a light stimulus, then the large pupil is abnormal

- ► The large pupil is abnormal:
 - Previous ocular surgery
 - Ocular trauma
 - Use of medications like cycloplegics e.g. atropine, cyclopentolate
 - ► Third nerve palsy
 - ► Tonic pupil (Adie's pupil)

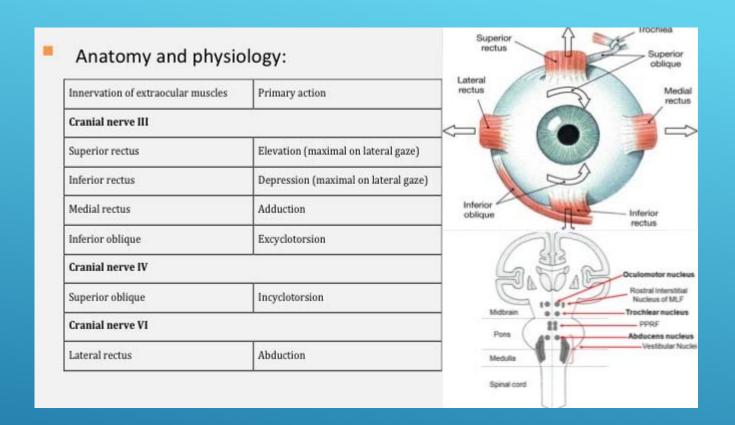
- Tonic pupil (Adie's pupil)
 - Young women
 - Unilateral
 - ► Light reaction is diminished or absent
 - ► Installation of weak cholinergic agents (0. 1% pilocarpine) will cause constriction of the tonic pupil (denervation hypersensitivity)
 - ▶ Benign condition

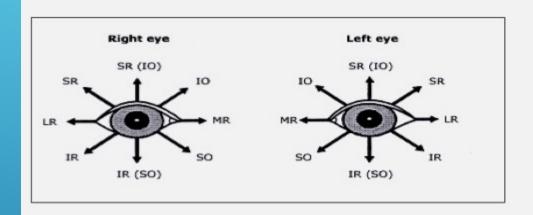
- The small pupil is abnormal:
 - Previous ocular surgery
 - Ocular trauma or inflammation
 - Use of medication e.g. pilocarpine
 - Horner syndrome

- The small pupil is abnormal:
- ► Horner syndrome:
 - ► Small pupil, ptosis and anhydrosis
 - Caused by a lesion anywhere along the sympathetic pathway
 - Carotid dissection, carotid aneurysm and tumor can be associated with this syndrome



PART 2: NEUROMOTILITY DISORDERS





http://www.uptodate.com/contents/images/NEURO/58849/title=Positions+of+gaze

➤ Third cranial nerve (oculomotor) :

▶ Begins as a nucleus in the midbrain that consists of several subnuclei that innervate the individual extraocular muscles, the eyelids, and the pupils.

► Third cranial nerve (oculomotor) palsy:

▶ 65 yrs old presented complaining of double vision



► Third cranial nerve (oculomotor)palsy:

Check for pupil involvement

- ▶ Third cranial nerve (oculomotor)palsy :
 - ► Etiology:
 - intracranial aneurysm (posterior communicating artery)
 - micro-vascular ischemia (DM and HTN) trauma
 - brain tumor

- ► Fourth cranial nerve (trochlear) palsy:
- Vertical diplopia
- ▶ Head tilt to the opposite shoulder
- ► Etiology:
 - ▶ Trauma
 - ► Idiopathic
 - ▶ Congenital

Which muscle is affected?





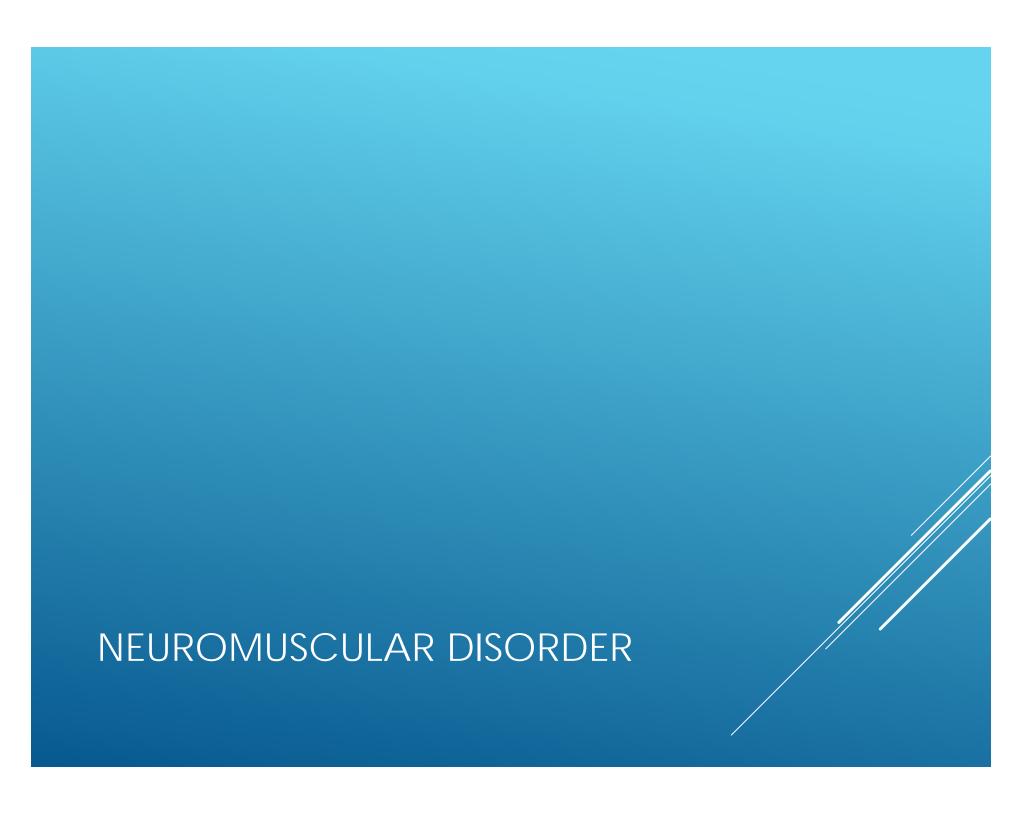
- ➤ Sixth cranial nerve(abducens)palsy:
 - Horizontal diplopia (worse at distance)
 - ▶ Esotropia
 - ► Face turn in the direction of the paralyzed muscle
 - ► Limited Abduction on the side of the lesion

➤ Sixth cranialnerve(abducens)palsy:

causes:

- ► Intracranial tumors
- ▶ Trauma
- Microvascular diseases
- Increased intracranial pressure

PART 3: NEUROMUSCULAR DISORDER



Ocular myasthenia gravis

- ► Chronic autoimmune disease affecting the neuromuscular junction in skeletal muscles.
- ► Ptosis
- ▶ Diplopia
- Fatigability and variability of clinical findings are characteristic
- ▶ The pupil is not affected

NEUROMUSCULAR DISORDER

- Ocular myasthenia gravis
 - Check for systemic weakness, difficulty in swallowing or breathing.
 - Assess orbicularis strength
 - ► Blood test for acetylcholine receptor antibodies

NEUROMUSCULAR DISORDER

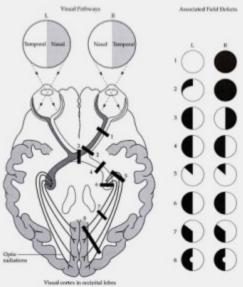
▶ Ocular myasthenia gravis (OMG):

► Tensilon test: inhibits acetylcholinesterase and can transiently reverse signs of weakness due to OMG, such as ptosis and extra-ocular muscle paresis.

NEUROMUSCULAR DISORDER

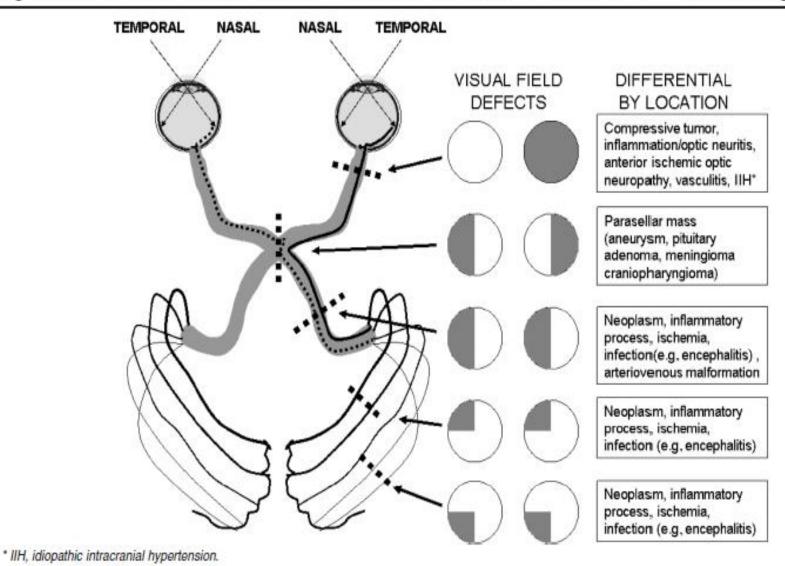
PART 4: VISUAL PATHWAY DISORDERS

Lesions anywhere in the visual pathway will produce
 visual field defect



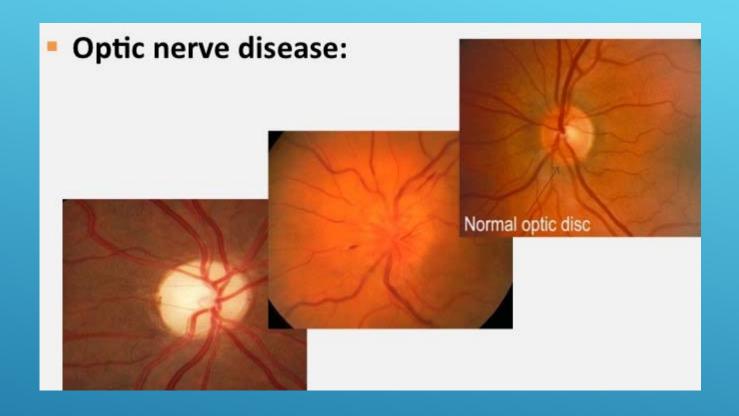
VISUAL PATHWAY DISORDERS

Figure 2. The Visual Field Defects Associated With The Various Possible Locations Of A Pathological Lesion

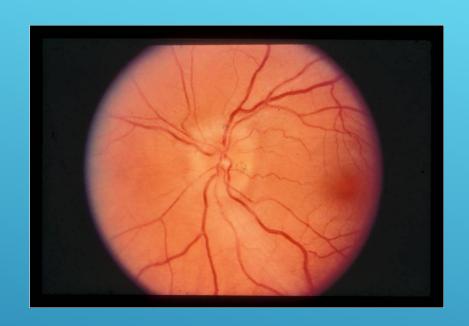


▶ Optic nerve disease:

- Usually unilateral
- Afferent pupillary defect
- Central visual loss
- Loss of color vision
- Optic disc edema
- Optic atrophy



- Optic nerve disease:
- Optic neuritis:
 - Inflammatory demyelinating condition associated with MS
 - Most common type in young adults
 - The visual acuity is markedly reduced and an afferent pupillary defect is present.
 - Associated with pain on extra-ocular muscle movement in 90% of patients
 - Good recovery
 - IV steroids my speed up the recovery process but does not influence the final outcome



- Ischemic optic neuropathy (ION):
- ► Non-arteritic ION:
 - Patients usually have DM,HTN and other vascular risk factor.
 - Most common cause in older patients
 - Altitudinal visual field loss

- Ischemic optic neuropathy (ION):
 - > Arteritic ION:
 - ► >65yrs old
 - Associated with giant cell arteritis (GCA)
 - Check for jaw claudication, proximal myalgia and arthralgia, scalp tenderness, headache
 - Elevated erythrocyte sedimentation rate (ESR) and C- reactive protein (CRP)

- Ischemic optic neuropathy (ION):
- ► Arteritic ION:
 - Temporal artery biopsy is the gold standard for diagnosis.
 - Systemic steroids is given immediately if GCA is suspected.
 - ▶ Binocular involvement occurs in a third of cases, often within the first day.



Optic nerve disease:

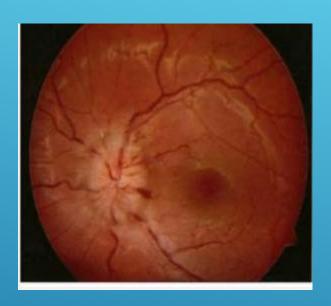
- congenital disc elevation:<1%
 - optic disc margins blurred and the cup is absent but no edema or hrg can be observed.
 - may be associated with hyperopia or drusen.

- Optic nerve disease:
- Other causes of optic neuropathy:
 - ► Infection e.g viruses, TB, cryptococcus and syphilis
 - Systemic connective tissue disease e.g SLE
 - genetics: Leber's opticc neuropathy (through a mitochondrial DNA mutation)
 - Toxic and nutritional deficiencies
 - ▶ Trauma



▶ Papilledema

► Bilateral swelling of the optic discs secondary to increased intracranial pressure.



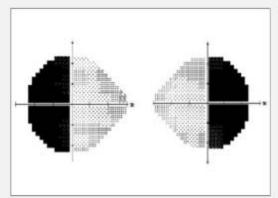
- ► Hyperemia of the disc.
- Tortuosity of the veins and capillaries.
- Blurring and elevation of disc margins.
- Per papillary flame shaped haemorrhages.

- ► Papilledema Causes:
 - ► Intracranial mass
 - Sever systemic hypertension
 - Idiopathic intracranial hypertension (pseudotumor cerebri)

a patient presented with this visual field defect.
 Which one of the following diagnosis is the most

Likely?

- a. Optic neuritis
- b. tilted discs
- c. pituitary tumor
- d. 6th nerve palsy



THANK YOU