

Chronic Visual Loss

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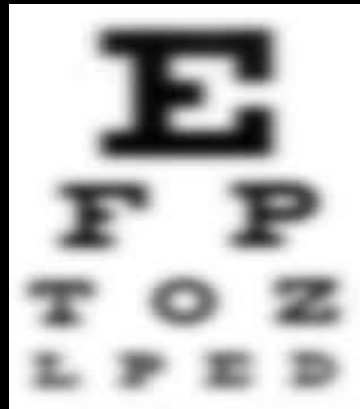
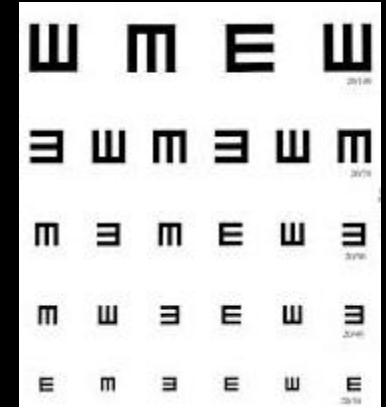
King Saud University

Chronic Visual Loss

Vision:

1- Quantity: VA

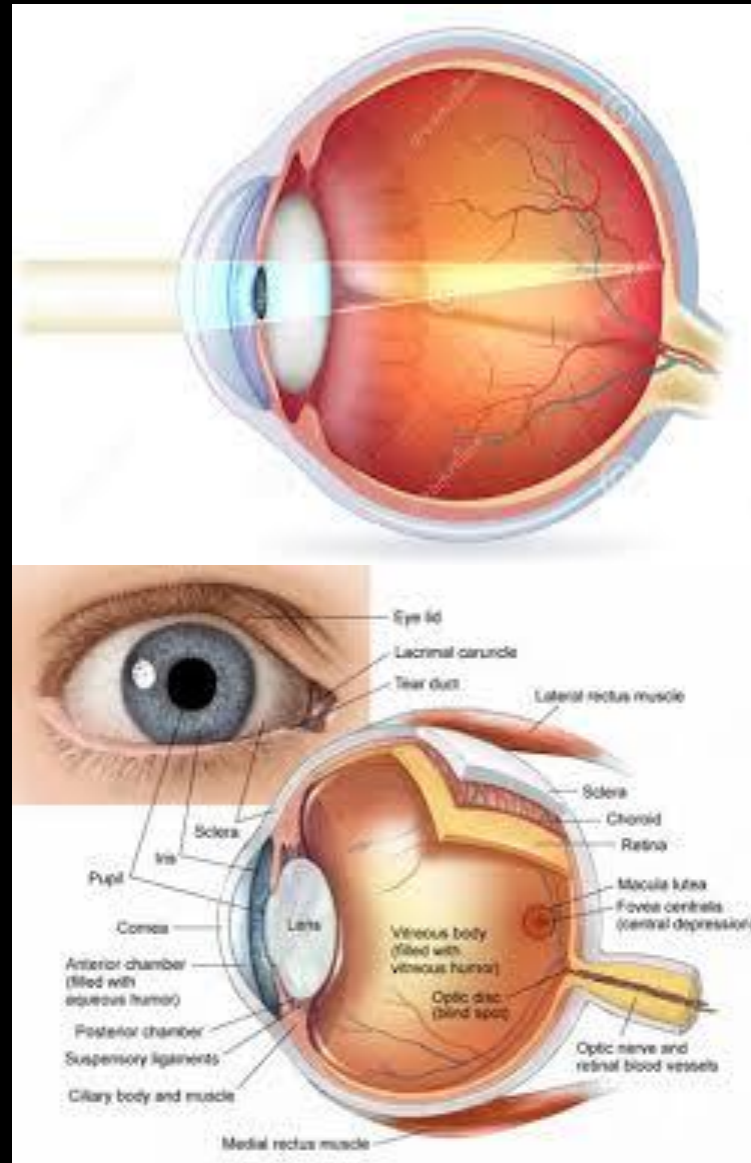
2- Quality: VF, clarity of vision, color vision



Chronic Visual Loss

Causes:

1. Refractive
2. Cornea
3. Lens
4. Vitreous
5. Retina
6. Optic Nerve
7. Neurologic



Chronic Visual Loss

Refractive

- Mostly in young patients
- Myopia, hyperopia or astigmatism
- Amblyopia !!
- Signs: Normal exam. Refraction needed to show errors
- Rx: Glasses, CL, Refractive surgery
- NB: lenticular causes needs cataract surgery

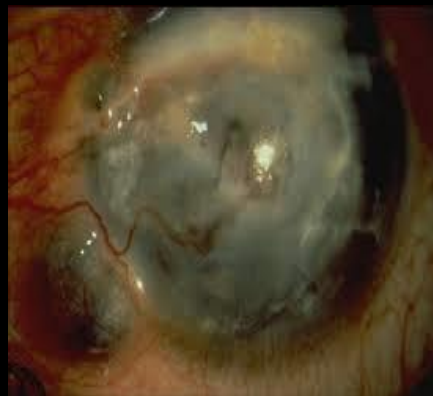
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VD=12			
R	SPH	CYL	AX
	+ 0.25	-0.50	150
	+ 0.50	-0.50	140
	+ 0.25	-0.50	18
	+ 0.25	-0.50	149
	+ 0.25	-0.50	150
	+ 0.25	-0.50	150
L	SPH	CYL	AX
	- 0.50	0.00	
	0.00	-0.25	144
	0.00	-0.25	117
	0.00	-0.25	141
	0.00	-0.25	140
	0.00	-0.25	144
PD= 55			
Grand Seiko Co., Ltd. 4F-5100K 0-107540002			

NPE NOV 23 2011 14:11			
VD=12			
R	SPH	CYL	AX
	- 2.50	-0.25	165
	- 1.50	-0.50	9
	- 1.25	-0.50	6
	- 2.00	-0.50	1
	- 1.50	-0.25	3
	- 1.50	-0.50	1
L	SPH	CYL	AX
	- 2.50	-0.25	127
	- 2.25	-0.25	145
	- 1.75	-0.25	163
	- 1.50	-0.25	142
	- 2.50	-0.25	124
	- 2.25	-0.25	127
PD= 55			
Grand Seiko Co., Ltd. 4F-5100K 0-107540002			

Chronic Visual Loss

Cornea

- Scar: trauma, infection
- Hereditary: corneal dystrophies, keratoconus
- Signs: corneal scar, bulging corneal, stromal opacities. Might have some conjunctival injection with chronicity



Chronic Visual Loss

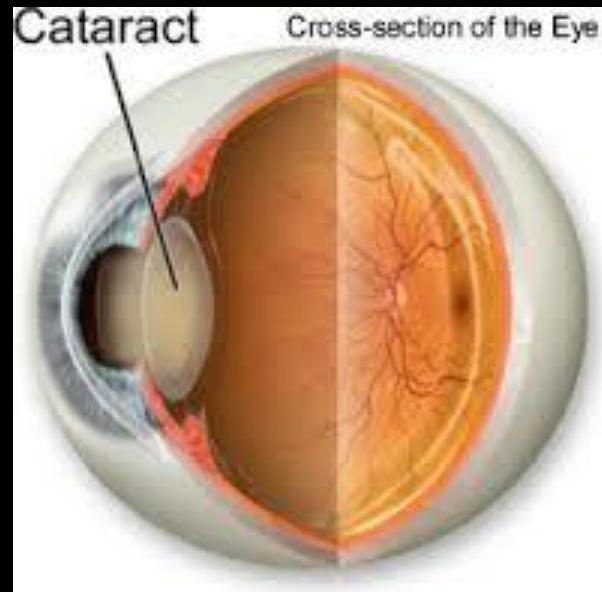
Cornea

- Rx: Refraction, CL (soft or hard), corneal cross linking, keratoplasty



Chronic Visual Loss

Lens



Disorganization of lens proteins



Opacification

Chronic Visual Loss

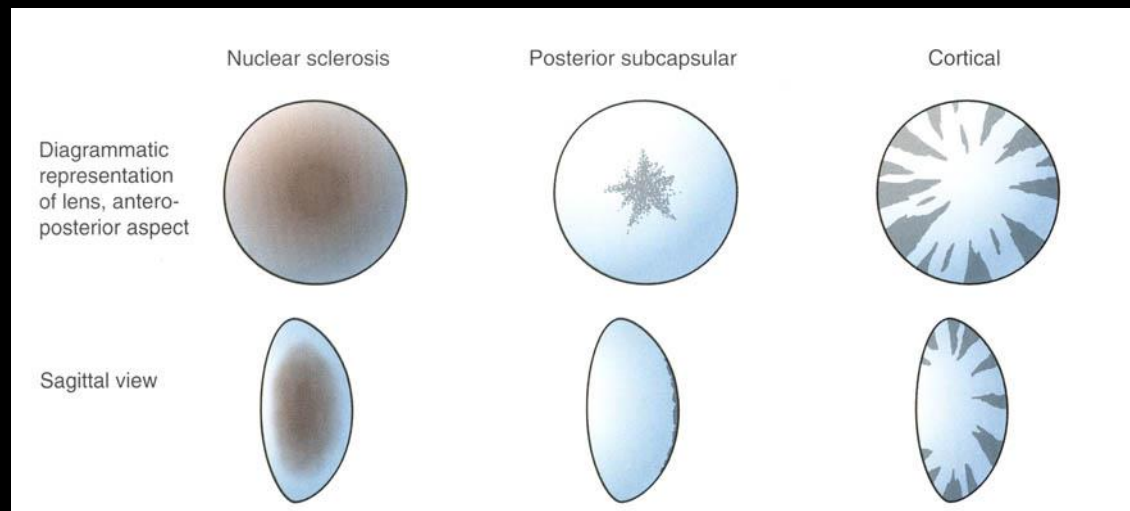
Lens

- Causes:
 - A. Age related
 - B. Metabolic
 - C. Traumatic
 - D. Congenital
 - E. Drugs
 - F. Inflammation
 - G. Ocular

Chronic Visual Loss

Lens

- Clinical Classification:
 - A. Maturity: immature, mature, hypermature
 - B. Anatomic: nuclear, subcapsular, cortical
 - C. Age: congenital, infantile, pre-senile, senile



Chronic Visual Loss

Lens

- Gradual onset
- VA: worsening of existing myopia, correction of hyperopia
- Loss of contrast sensitivity in low light
- Glare in bright light (scatter of light)

Chronic Visual Loss

Lens

- Management:
 - ✓ Congenital: lens aspiration \pm IOL
 - ✓ Acquired: ECCE + PCIOL / Phaco + PCIOL

Chronic Visual Loss

Vitreous

- Vitreous Hge: trauma, PDR, uveitis, PR
- Vitreous condensation, opacification
- Vitritis: uveitis



Chronic Visual Loss

Vitreous

- Rx: underlying cause

Chronic Visual Loss

Glaucoma

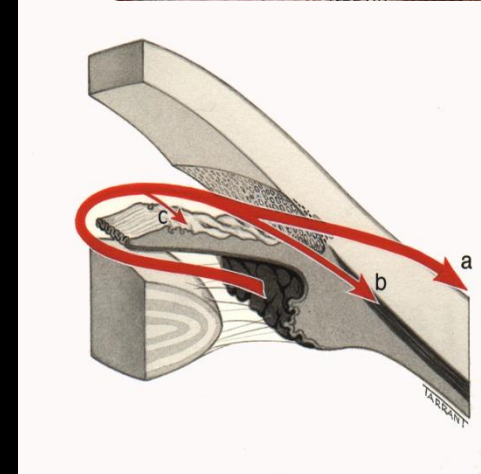
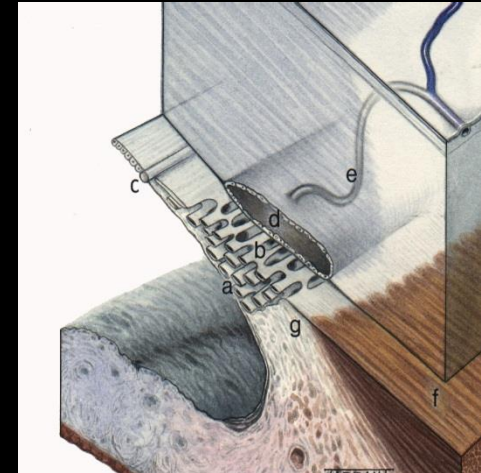
- Second leading cause of blindness
- Early diagnosis is crucial to prevent loss of vision
- High IOP + Characteristic optic nerve head changes + visual field loss secondary to nerve fiber layer loss
- IOP is the single factor to be controlled

Chronic Visual Loss

Glaucoma

Aqueous Humor

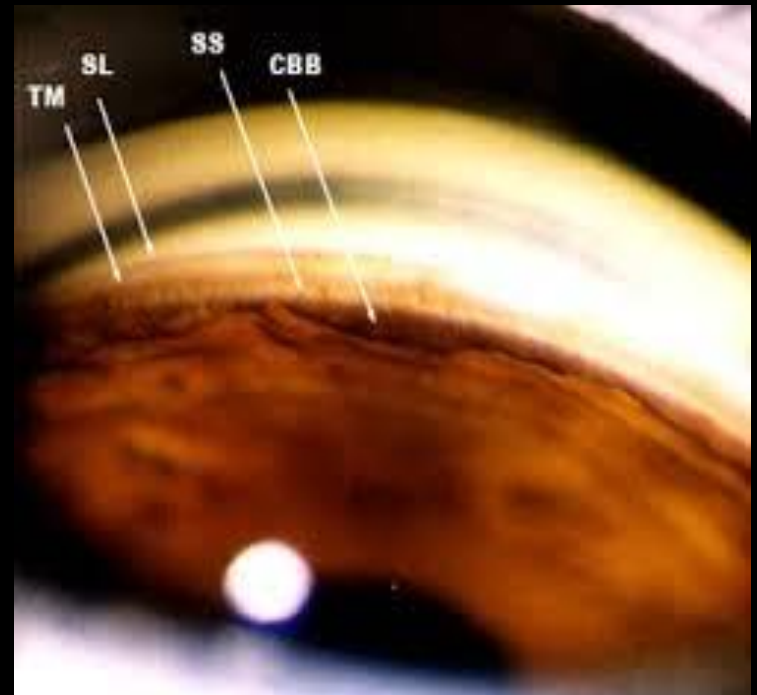
- Active secretion:
 1. Na/K ATPase
 2. Cl secretion
 3. Carbonic anhydrase
- Passive secretion
 1. Ultrafiltration
 2. Diffusion



Chronic Visual Loss

Glaucoma

Gonioscopy

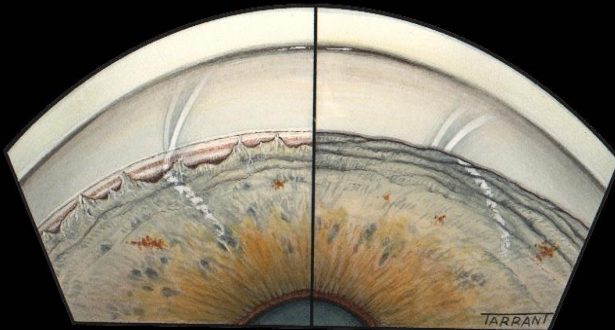


Chronic Visual Loss

Glaucoma

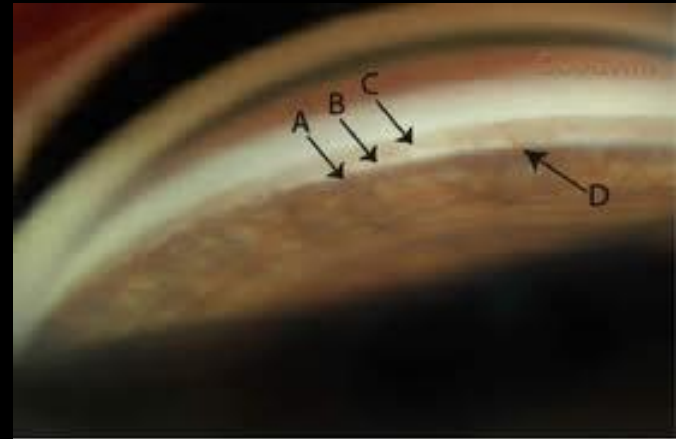
Is the iris

Covering TM



CLOSED

Not covering TM



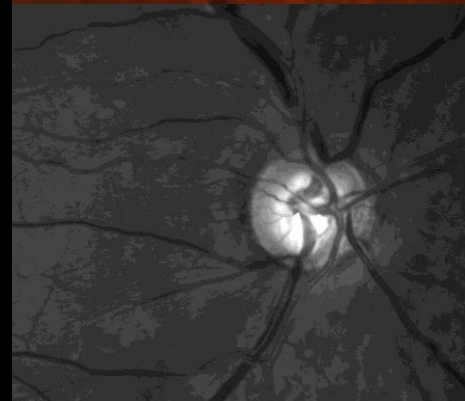
OPEN

Chronic Visual Loss

Glaucoma

ONH complex evaluation

- Disc margin and disc diameter
- Neuroretinal rim
- Cup/disc ratio
- Disc size
- PPA
- NFL defect
- Optic disc haemorrhage



Chronic Visual Loss

Glaucoma Aetiology

Primary

- No detectable reason
- Often bilateral

Secondary

- Predisposing factor
- Often unilateral

Angle

Open

Closed

Combined Mechanism

Chronic Visual Loss

Glaucoma

- Start with peripheral (navigational) vision involvement



Chronic Visual Loss

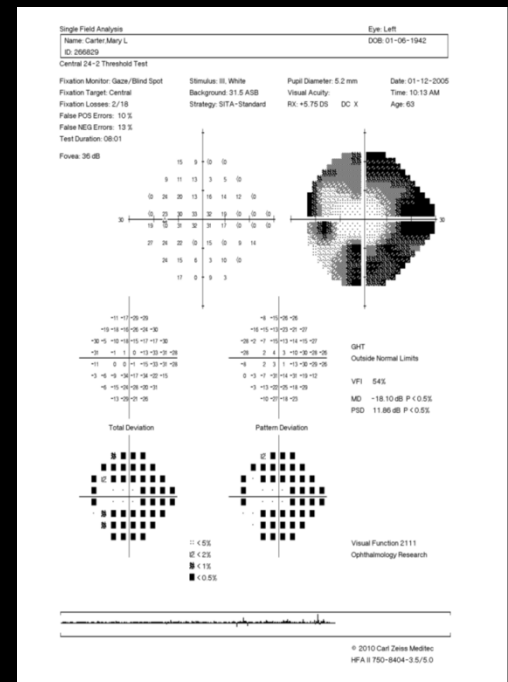
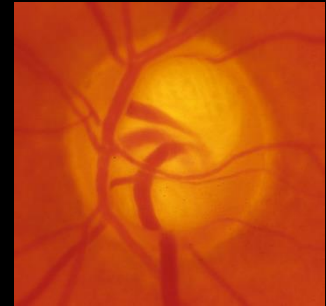
Glaucoma

- Initially asymptomatic
- Usually detected on routine examination
- Risk factors:
 - IOP
 - age
 - Family history
 - DM
 - myopia

Chronic Visual Loss

Glaucoma

- Signs:
 - ✓ High IOP
 - ✓ Gonioscopy: open or closed
 - ✓ Optic nerve head damage
 - ✓ Visual field loss



Chronic Visual Loss

Glaucoma

- Rx:
 - ✓ Antiglaucoma medications
 - ✓ Lasers: SLT, PI
 - ✓ Glaucoma surgery

Chronic Visual Loss

Macular Degeneration

- Impaired central vision
- Peripheral vision preserved
- Leading cause of legal blindness in developed world
- Multifactorial
 - Age
 - Smoking, vascular disease, UV light, diet, FHx

Chronic Visual Loss

Macular Degeneration

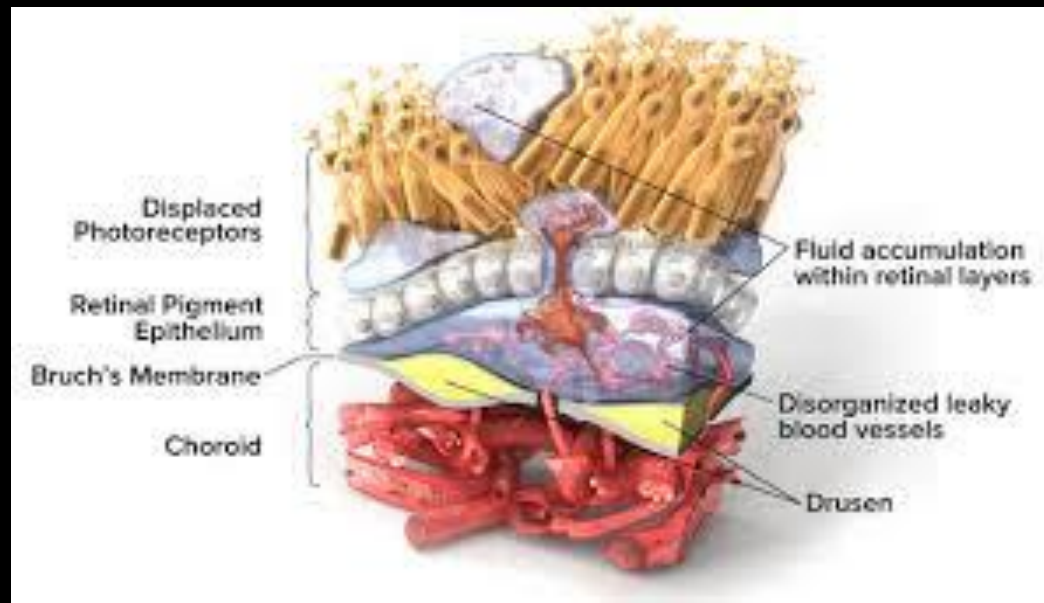
Complaints:

- **Metamorphopsia:** distorted vision
- **Micropsia:** reduction of size of objects
- **Macropsia:** enlargement of size of objects
- **Scotoma:** VF loss

Chronic Visual Loss

Macular Degeneration

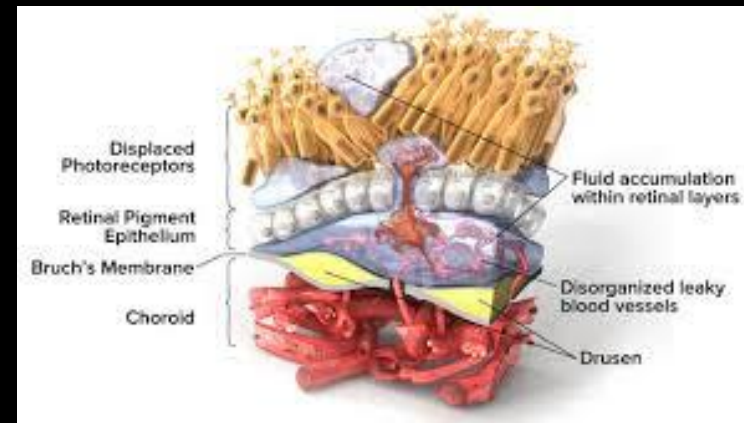
- Macular involvement:
 - Outer retinal layer
 - Retinal pigment epithelium
 - Bruch's membrane
 - choriocapillaris



Chronic Visual Loss

Macular Degeneration

- Drusens: lipid products from photoreceptor outer segments, found under retina
- new vessels from choroid grow into the subretinal space forming subretinal neovascular membrane
- Hemorrhage into subretinal space or even through the retina into the vitreous (significant loss of vision)



Chronic Visual Loss

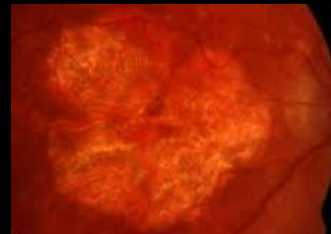
Macular Degeneration

Atrophic

- Often asymptomatic
- Gradual over years
- Signs:
 - Drusen



- Geographic atrophy



- Photoreceptor degeneration
- scotoma when light adapting

Exudative

- Rapidly progressive (weeks)
- Signs:
 - Choroidal (sub-retinal) neovascularisation
 - Pre-retinal hemorrhage
 - Elevation of retina
 - Subretinal fibrosis



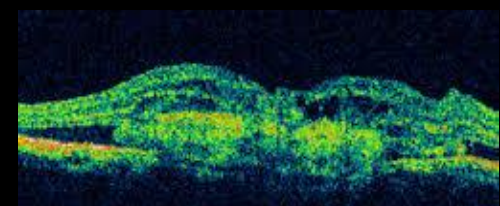
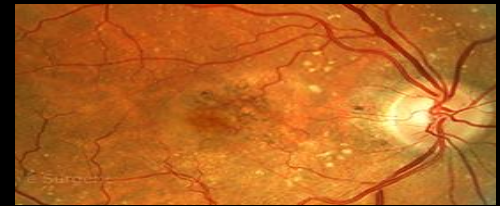
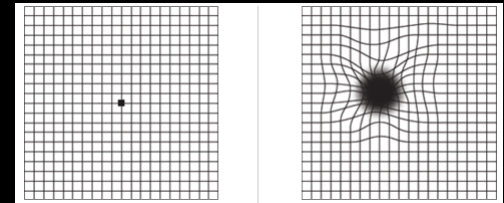
- Metamorphopsia
- Central scotoma



Chronic Visual Loss

Macular Degeneration

- Diagnosis:
 - ✓ Visual acuity
 - ✓ Amsler grid
 - ✓ Ophthalmoscopy
 - ✓ Fluorescein angiography
 - ✓ ICG
 - ✓ OCT

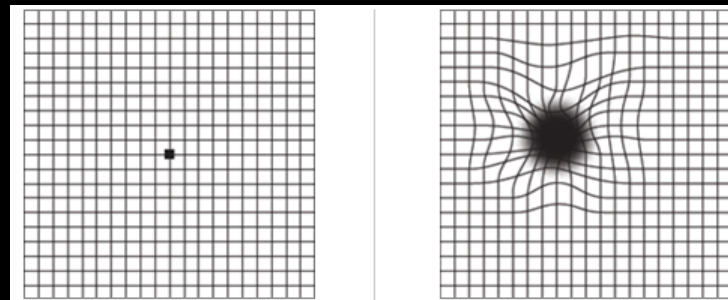


Chronic Visual Loss

Macular Degeneration

Rx Dry Macular Degeneration

- Lifestyle
- Stop smoking, reduce UV exposure, Zinc & antioxidants
- Low vision aids
- Monitoring with Amsler chart



Chronic Visual Loss

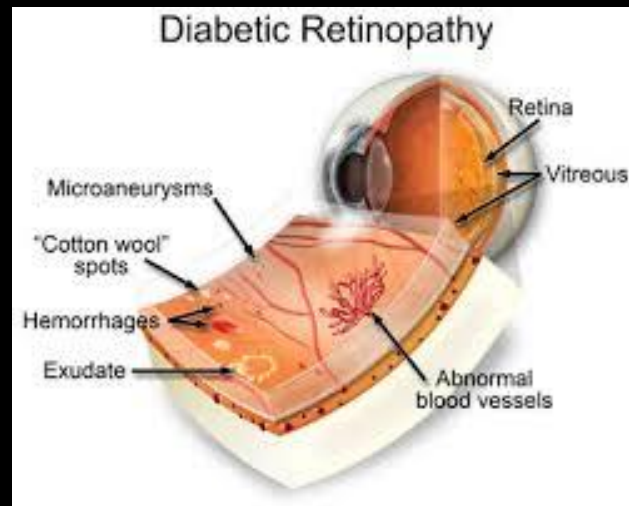
Macular Degeneration

- Observation
- Laser photocoagulation
- Anti-VEGF
- Verteporfin photodynamic therapy (PDT):
injection of photosensitizer into systemic
circulation followed immediately by laser
targeting new vessels in macular area

Chronic Visual Loss

Diabetic Retinopathy

- Microangiopathy which involves pre-capillary arterioles, capillaries and post-capillary venules
- Microvascular occlusion
- Microvascular leakage



Chronic Visual Loss

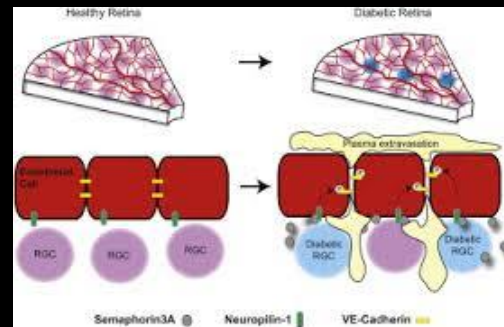
Diabetic Retinopathy

Microvascular Occlusion

Thick capillary basement membrane

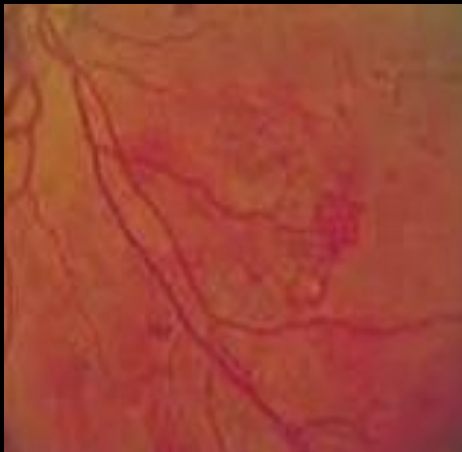
Capillary endothelial cell damage

Changes in red blood cells



Retinal ischemia

AV shunts and NVs

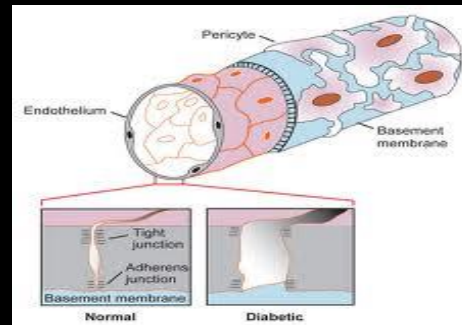


Chronic Visual Loss

Diabetic Retinopathy

Microvascular Leakage

Loss of pericytes between endothelial cells



Leakage into retina



Exudates and edema



Chronic Visual Loss

Diabetic Retinopathy

Risk Factors

- Duration
- poor metabolic control
- Pregnancy
- HTN
- Nephropathy
- Smoking
- Obesity
- hyperlipidemia

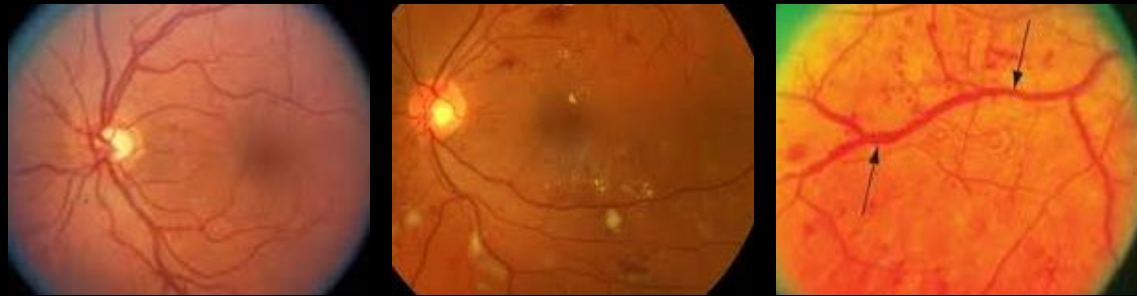
Chronic Visual Loss

Diabetic Retinopathy

Classified clinically to two types:

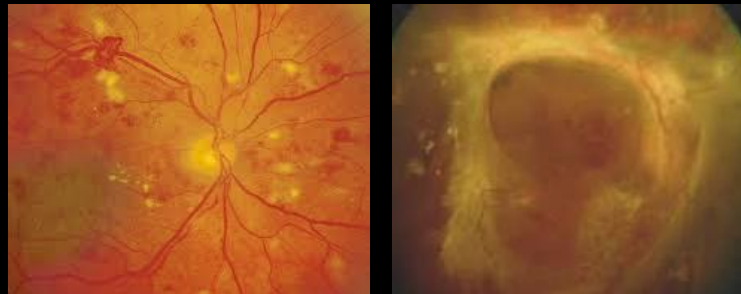
- **NPDR**

- A. Mild
- B. Moderate
- C. Severe



- **PDR**

- A. Early
- B. Advance

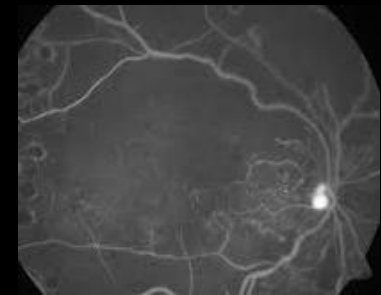


Chronic Visual Loss

Diabetic Retinopathy

NPDR

- Asymptomatic
- **Decreased visual acuity:**
 - A. CSME
 - B. macular ischemia



Chronic Visual Loss

Diabetic Retinopathy

PDR

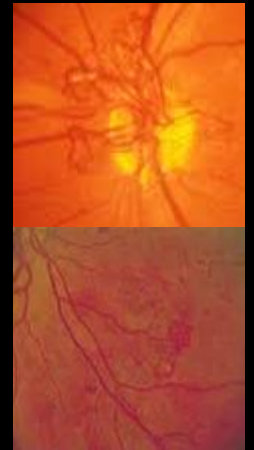
- Symptomatic
- Can also cause macular ischemia and/or edema

Chronic Visual Loss

Diabetic Retinopathy

PDR

- Neovascularization
 - NVD:** neovascularization of the disc
 - NVE:** neovascularization elsewhere
- Fragile (intra-retinal or vitreous hemorrhage)
- Associated with fibrous proliferation TRD



Chronic Visual Loss

Diabetic Retinopathy

Diabetic Macular Edema

- Retinal edema threatening or involving the macula
- Evaluate: location of retinal thickening relative to the fovea and the presence and location of exudates



Chronic Visual Loss

Diabetic Retinopathy

- Rx:
- Laser
- intravitreal steroid injection
- intravitreal anti-VEGF injection
- pars plana vitrectomy

Chronic Visual Loss

Retinitis Pigmentosa

- Group of genetic disorders affect the retina ability to respond to light
- Slow loss of vision: nyctalopia, loss of peripheral vision, blindness
- Most are legally blind by 40s
- Central visual field of less than 20 degrees
- XR: males: more often and more severe
females: carry the genes and experience vision loss less frequently

Chronic Visual Loss

Retinitis Pigmentosa

- Target photoreceptors
- Associated with pigmentary changes in the RPE, which may be primary or secondary to the photoreceptor loss

Chronic Visual Loss

Retinitis Pigmentosa

Symptoms

- Nyctalopia (loss of night vision)
- Tunnel vision (loss of peripheral vision)

Chronic Visual Loss

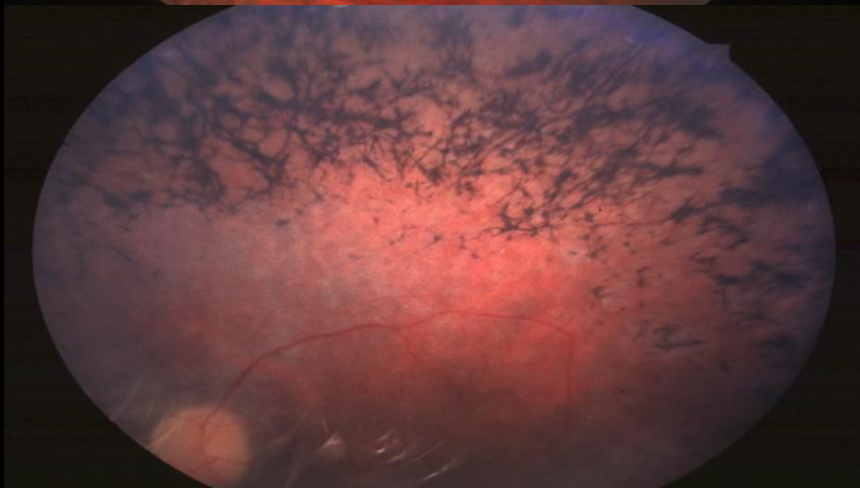
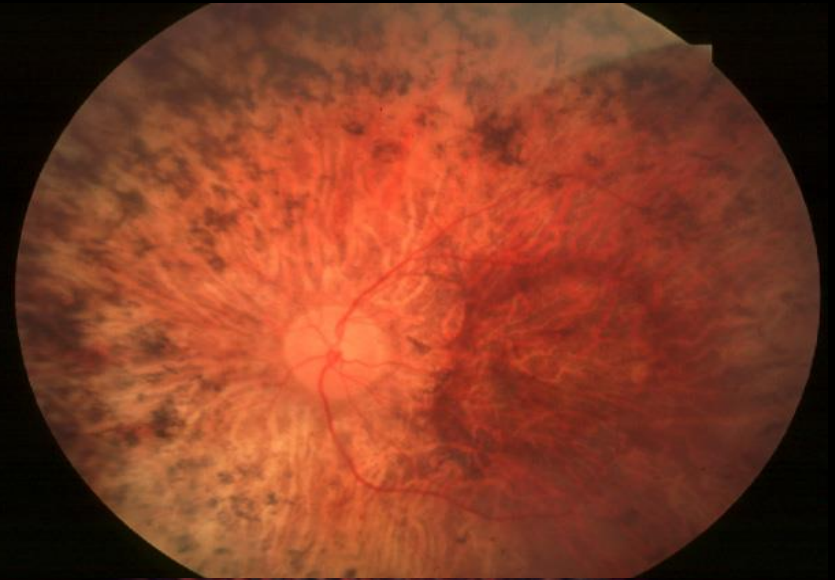
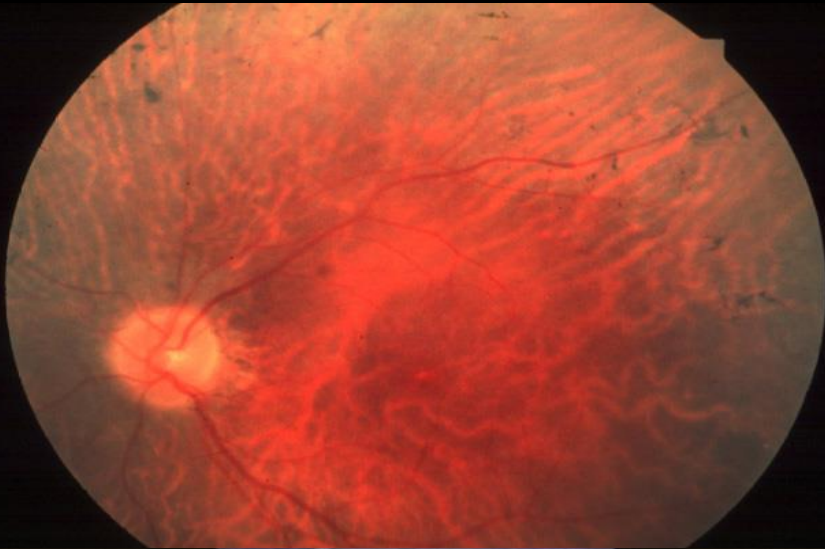
Retinitis Pigmentosa

Signs

- VA: 20/20 - NLP
- +/- APD
- PSCC
- RPE hyperpigmentation (bone spicules) alternate with atrophic regions
- Attenuation of the arterioles
- Waxy pallor of the optic nerve head
- CME (severe cases of RP)

Chronic Visual Loss

Retinitis Pigmentosa



Chronic Visual Loss

Retinitis Pigmentosa

Investigations

- VF test
- Color testing (mild blue-yellow axis color defects)
- Dark adaptation study (reduced contrast sensitivity relative to VA)
- Genetic subtyping

Chronic Visual Loss

Retinitis Pigmentosa

Investigations

- OCT (CME)
- FFA
- ERG
- EOG

Chronic Visual Loss

Retinitis Pigmentosa

Systemic Associations

- hearing loss and RP
 - ✓ Usher syndrome
 - ✓ Alport syndrome
 - ✓ Refsum disease
- Kearns-Sayre syndrome
 - ✓ External ophthalmoplegia
 - ✓ Lid ptosis
 - ✓ Heart block
 - ✓ Pigmentary retinopathy

Chronic Visual Loss

Retinitis Pigmentosa

Systemic Associations

- Abetalipoproteinemia
- Mucopolysaccharidoses
- Bardet-Biedl syndrome
- Neuronal ceroid lipofuscinosis

Chronic Visual Loss

Retinitis Pigmentosa

Treatment

- CAI: CME
- Vitamins ??
- Cataract: surgery
- Low vision aids
- Gene therapy !!