

Welcome To Course 462-PME





Introduction to Psychiatry

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King Saud University Medical City (KSUMC)

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SPECIAL THANKS TO:

1. Dr. Fahad Alosaimi, MD, Professor and Consultant of Psychiatry & Psychosomatic medicine, College of Medicine, King Saud University.
2. Dr. Ahmad Alhadi, MD, Associate Professor and Consultant of Psychiatry and Psychotherapy, College of Medicine, King Saud University.
3. Dr. Mohammed Al-Sughayir, MD, Professor and Consultant of Psychiatry, College of medicine, King Saud University.



World Health
Organization

➤ WHO define Health as:

➤ IS A STATE OF COMPLETE PHYSICAL, MENTAL AND SOCIAL WELL-BEING AND NOT MERELY THE ABSENCE OF DISEASE OR INFIRMITY.



What is Psychiatry ?

- Psychiatry is the medical specialty devoted to:
 - Diagnose
 - Prevent
 - Treat mental disorders.
 - Treat maladaptation's related to mood, behaviour, cognition, and perceptions.
- Psychiatrists are qualified to assess and treat both mental and physical aspects of psychological problems.

Definition of Mental Disorder

- A syndrome characterized by clinically significant disturbance in an individual's *cognition*, *emotion regulation*, or *behavior* that reflects a dysfunction in the *psychological*, *biological*, or *developmental processes* underlying mental functioning.
- Mental disorders are associated with significant *subjective distress* or *impairment* in social, occupational, or other important activities.

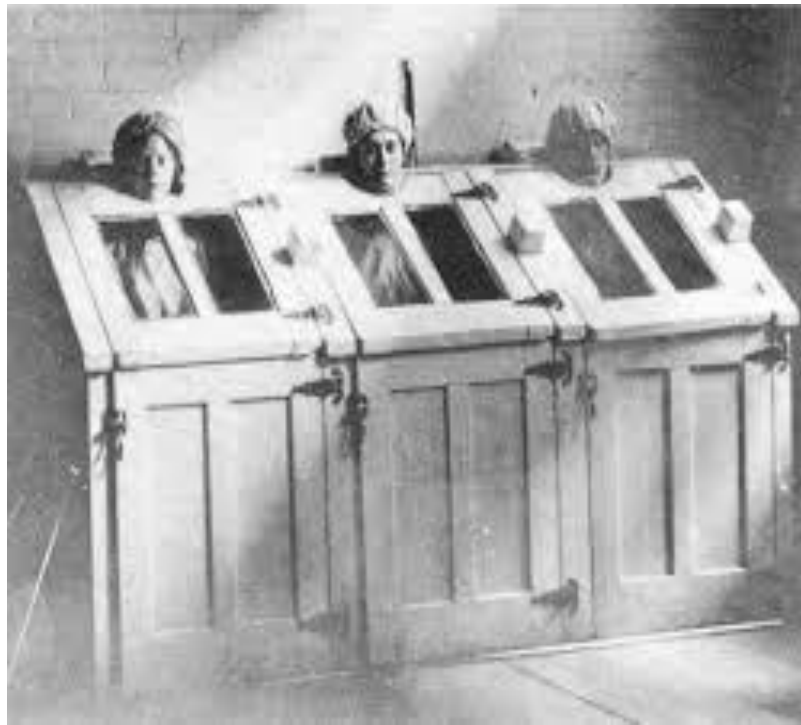


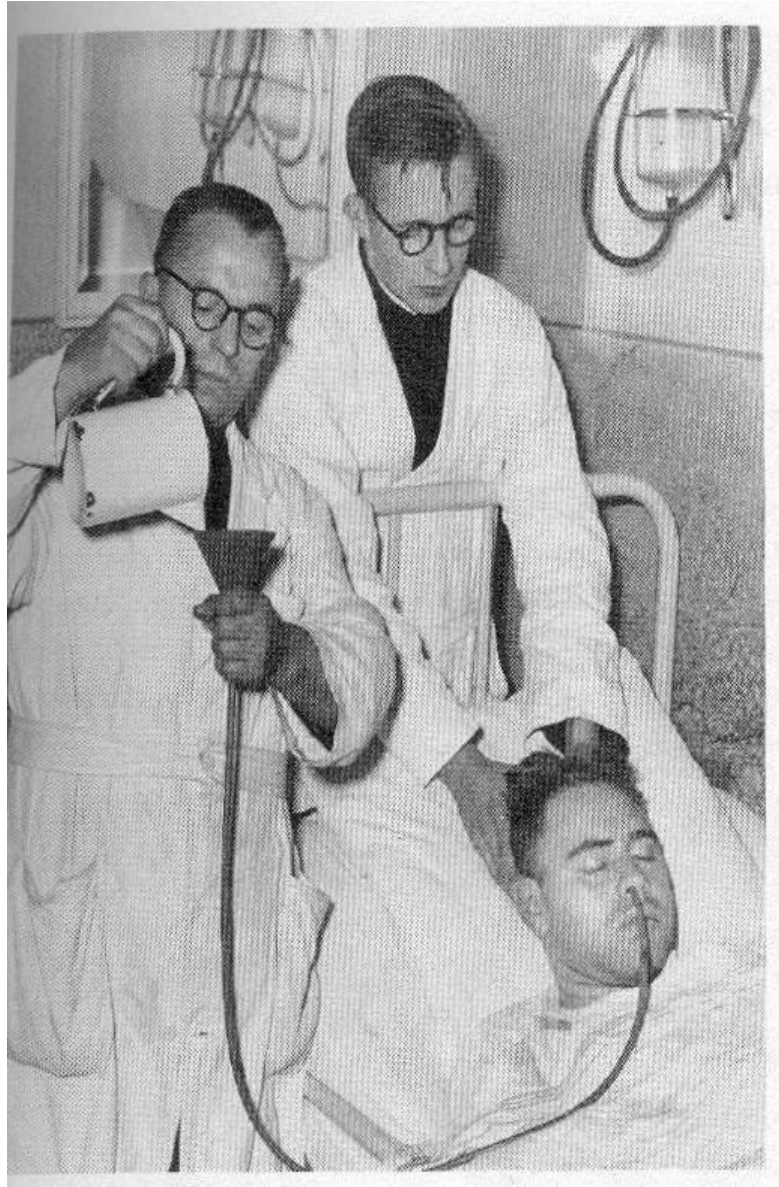
MISCONCEPTIONS

- Psychiatric patients
- Causes of psychiatric illness
- Treatments:
 - Psychotropic drugs
 - ECT
 - Psychotherapy
- PSYCHIATRISTS

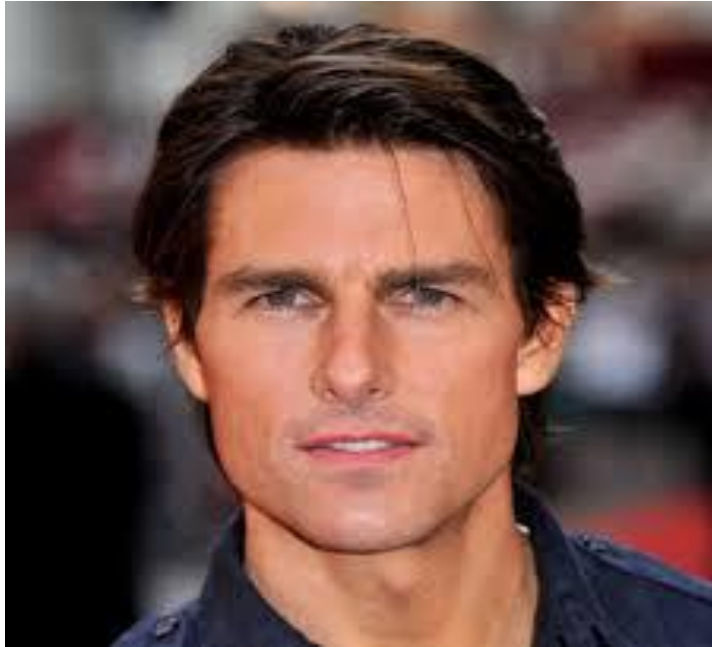






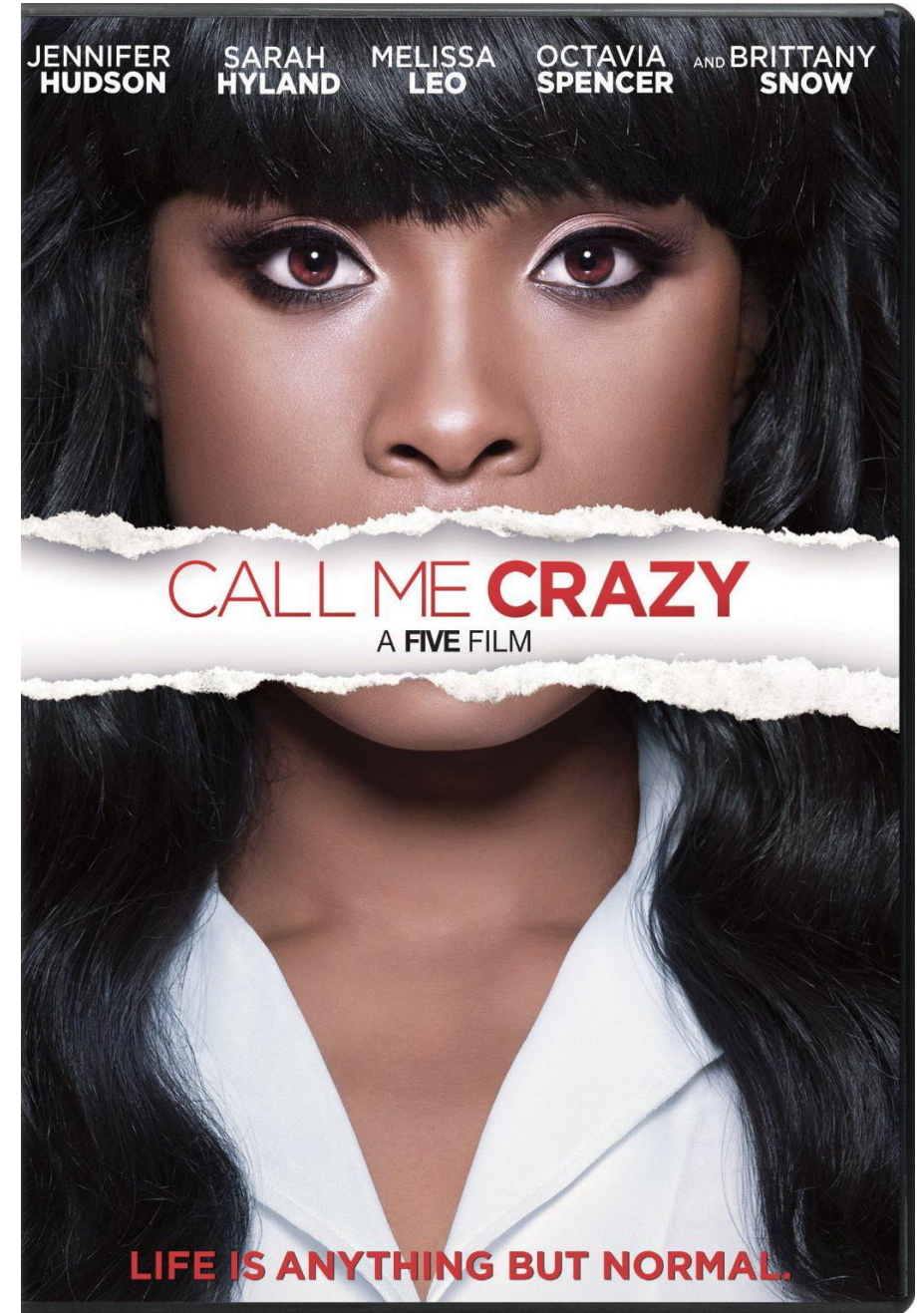


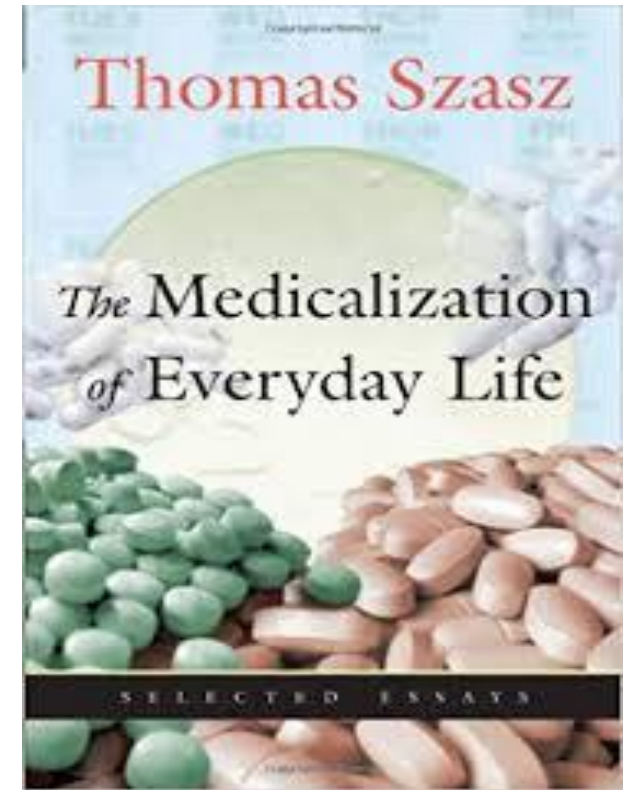
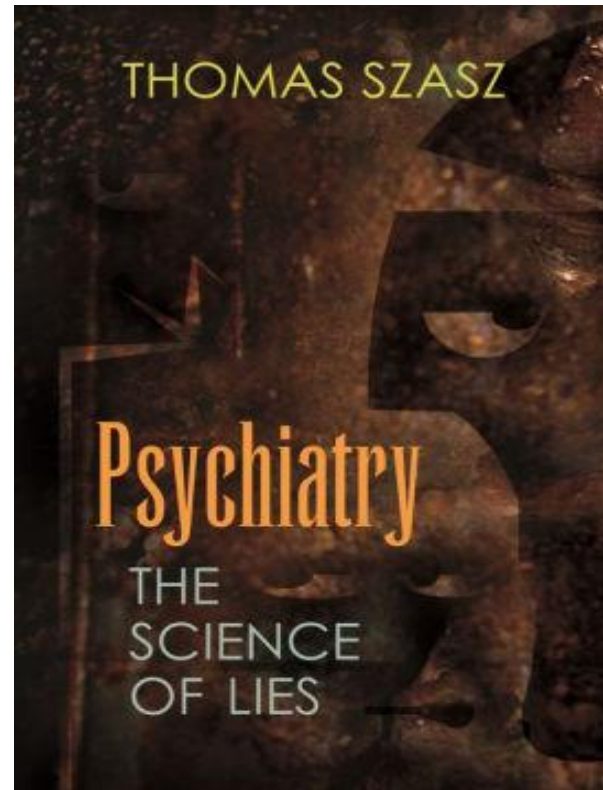
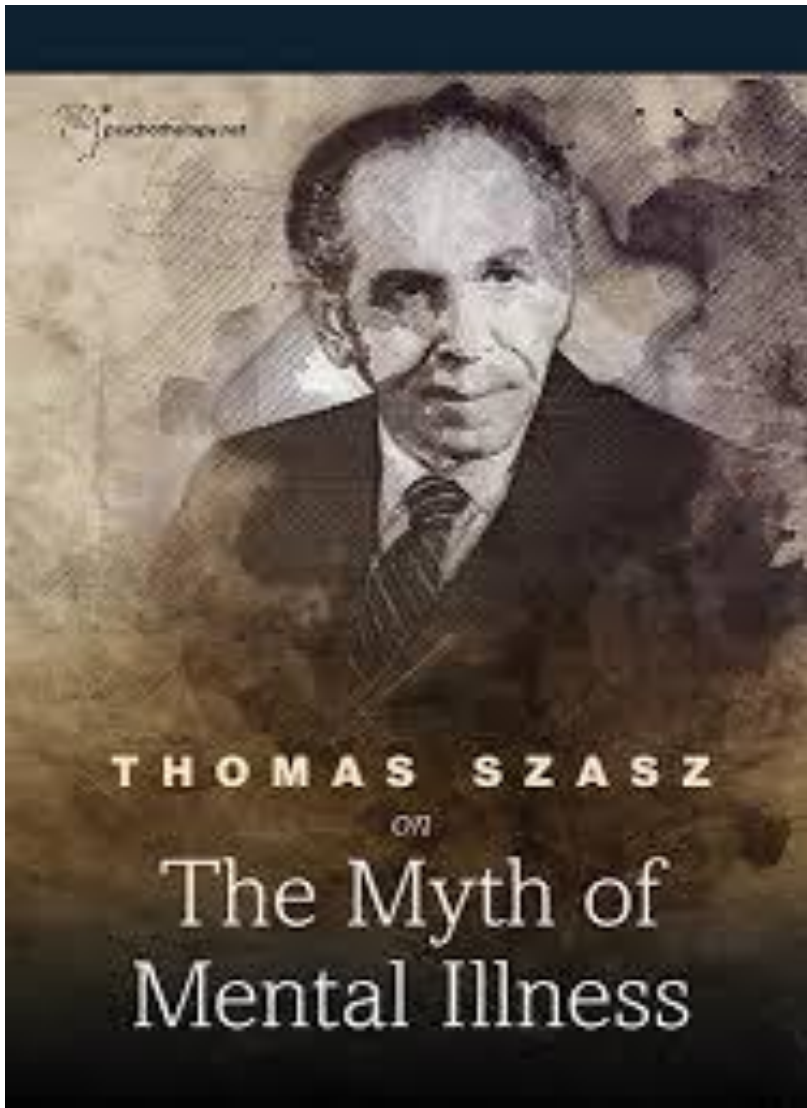




"I think psychiatry
should be outlawed."
Tom Cruise

There is no such thing as a
chemical imbalance and
that psychiatry is a form
of pseudoscience. Tom Cruise

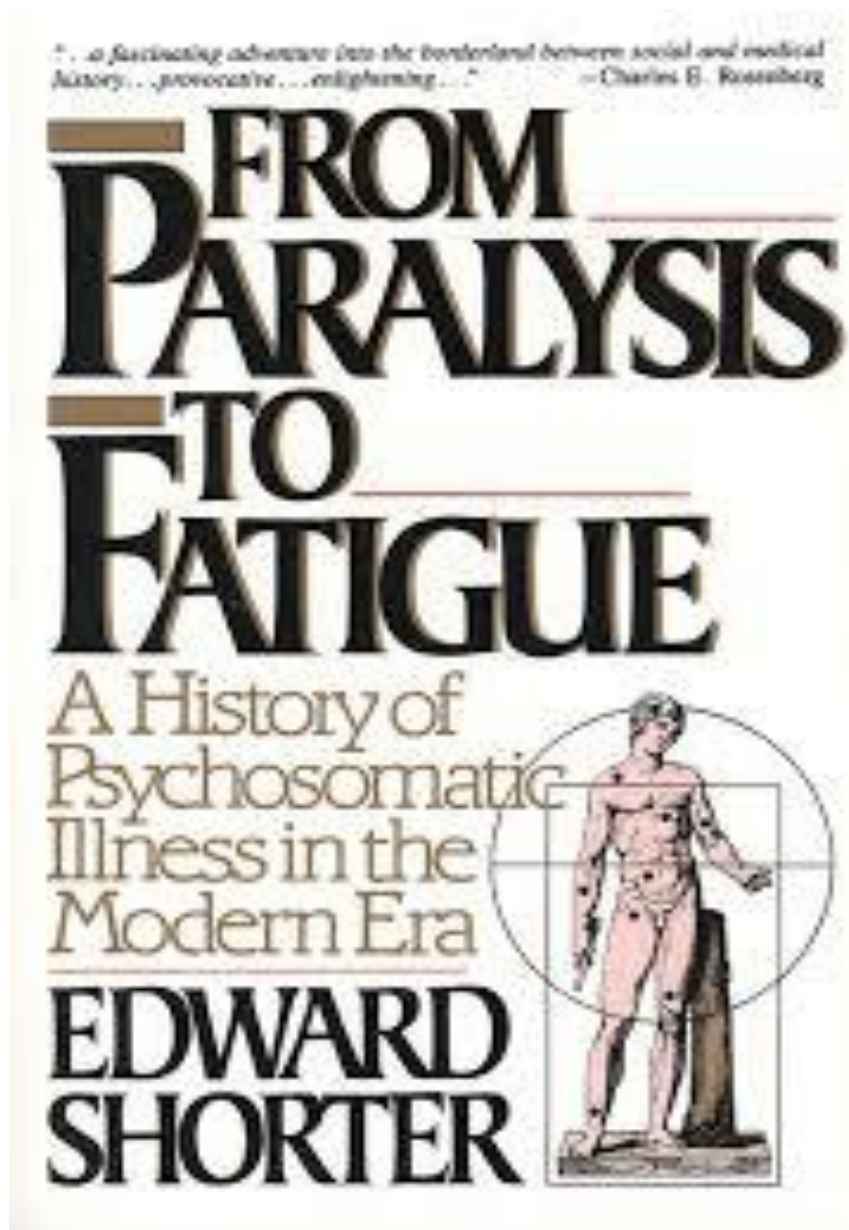
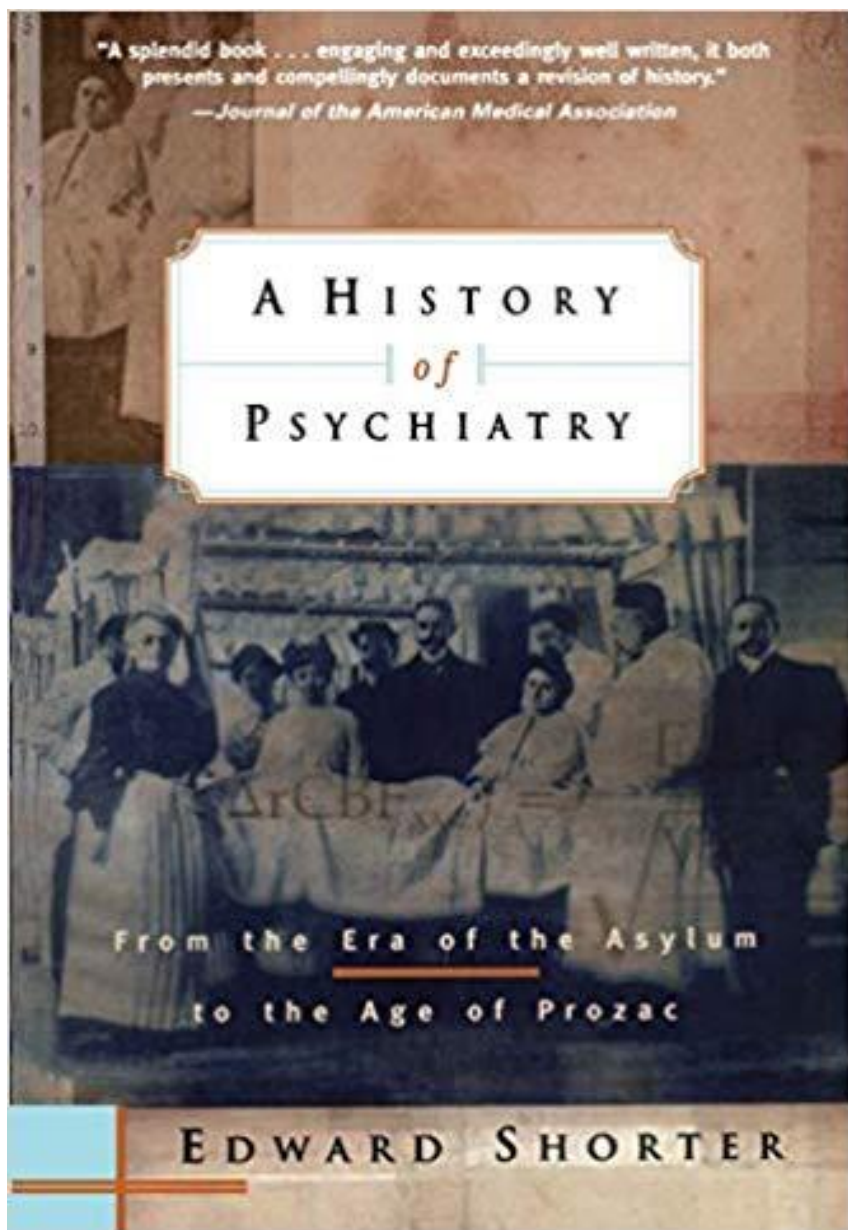




If you Talk to God you are praying, if God talks to you, you have schizophrenia. Thomas Szasz

Labeling a child as mentally ill is stigmatization, not diagnosis.
Giving a child a psychiatric drug is poisoning, not treatment.
Thomas Szasz





Psychiatric disorders are
both common and
serious



- *Lifetime prevalence* of mental disorders is 33% in general population & 42% in patients with chronic medical conditions.
- In patients with short-term medical or surgical conditions, 30-60% of them presented also with a psychiatric condition.
- Patients with schizophrenia or bipolar disorders *may die 15 years younger than general populations* because of higher medical co-morbidity.
- The medical costs are *twice higher* in depressive patients and they require *seven times* more frequently the emergency services.

Course 462-PME

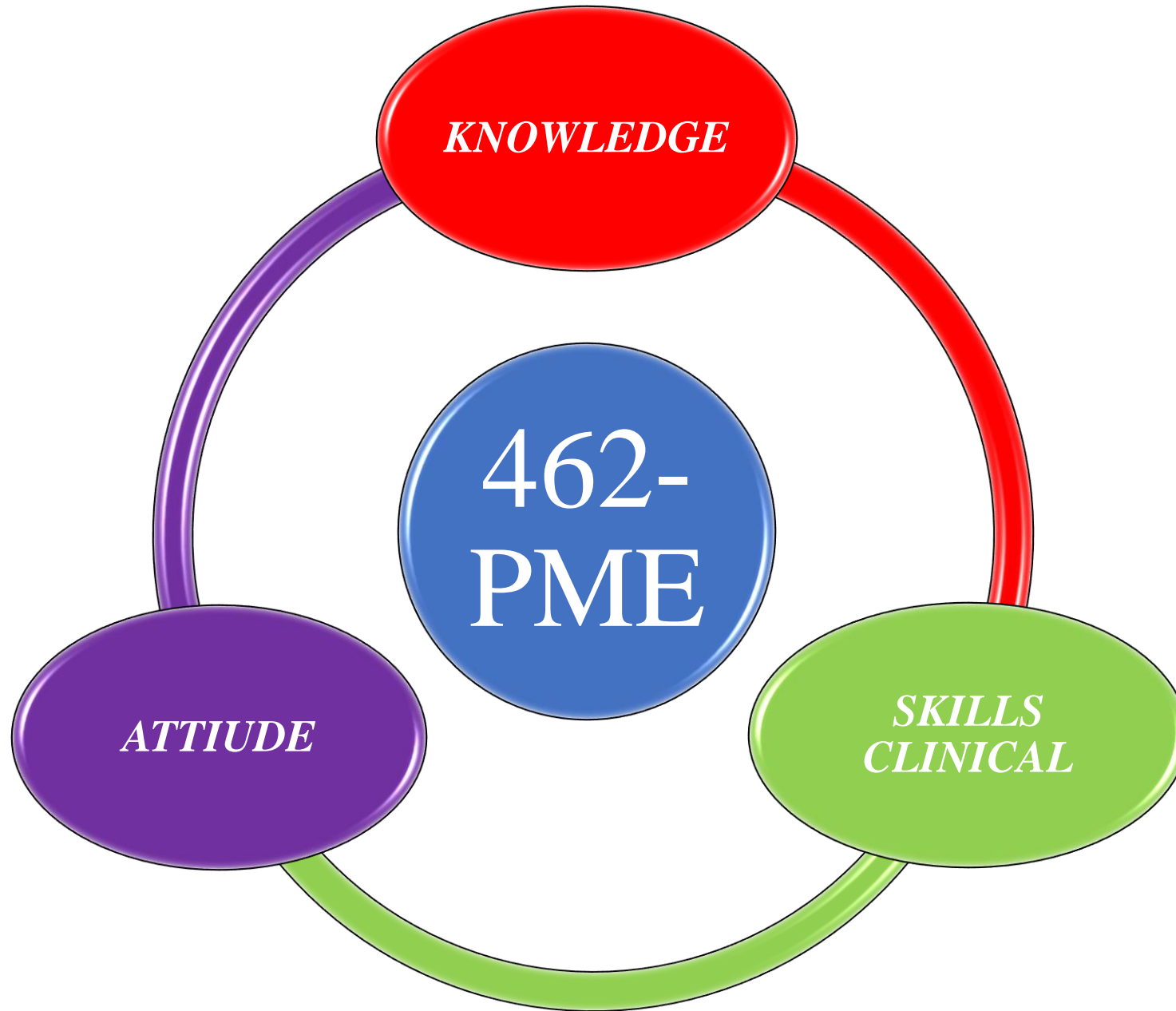
Pre-requisites

Neuroanatomy

Neurophysiology

Psychopharmacology

Behavioral Sciences



KNOWLEDGE

- **Phenomenological** psychopathology (**signs and symptoms**) of psychiatric disorders.
- **Classification** and **etiology** in clinical psychiatry (bio-psycho-social).
- **Common psychiatric disorders:**
 - Clinical features and course.
 - Epidemiology and etiology.
 - Differential diagnosis.
 - Treatment (bio-psycho-social) and prognosis.
- **Treatment modalities** in psychiatry:
 - **Physical:** pharmacotherapy, electroconvulsive therapy
 - **Psychological:** behavioral, cognitive, supportive psychotherapy and others.

CLINICAL SKILLS

- *To conduct a full psychiatric interview* with:
 - Proper interview techniques and skills.
 - Sufficient psychiatric history.
 - Standard “Mental State Examination”.
- To set an outline of a *management plan for common psychiatric disorders* following the *Bio-Psycho-Social approach*.
- *To assess* and *appropriately refer psychiatric patients* in the primary care settings.
- *To assess and deal competently and safely with psychiatric emergencies.*
- *To assess* and dispose properly psychosomatic cases.

ATTITUDE

- ***To develop the scientific attitude Towards:***
 - Psychiatric patients and their family.
 - Psychiatric interventions (Bio-Psycho-Social)
 - Mental health and providers.
 - Psychiatry as a branch of medicine



462 COURSE OVERVIEW

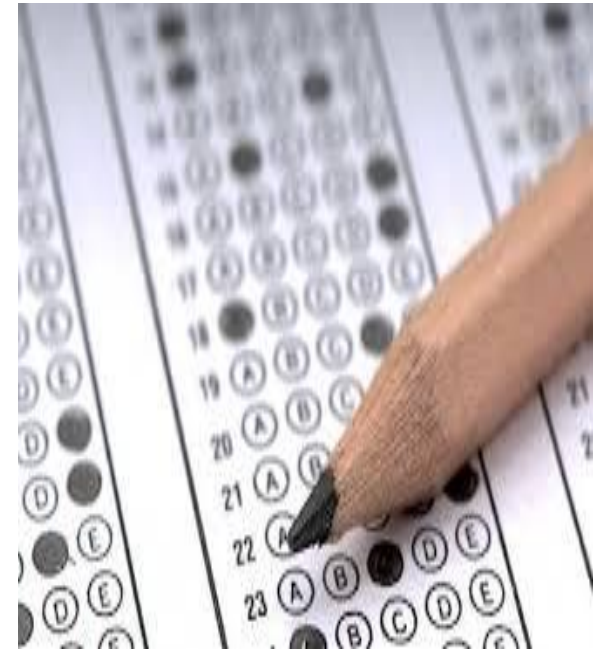
✓ *The course lasts for 3 weeks (3 days each) and contains:*

✓ Lectures in first two days

✓ Clinical Activities (in-patient, outpatient, consultation-liaison, child psychiatry) include clinical cases logbook.

COURSE ASSESSMENT & EXAMINATION

- Midterm clinical exam (4th week-Monday morning):
 - Part A (8-9 am): Five video cases: detecting and eliciting clinical features = 30 marks.
 - Part B (9:15-11:45): Two short cases = 30 marks
- Final exam (11th week-Sunday afternoon 1-2:30):
 - 40 MCQs/single best answer = 40 marks
- ***Passing mark is 60***



ATTENDANCE

- You have to **attend 75%** of the course activities.
- More than 25% absences will lead to prevent you from attending the exams → F



COURSE REFERENCES

➤ **List Required Textbooks:**

- Introductory Textbook of Psychiatry, Sixth Edition, by Donald W. Black & Nancy C. Andreasen

➤ **List Recommended Textbooks and Reference Material**

- First aids for psychiatry, 5th edition.
- Blueprints psychiatry, 6th edition.
- Basic Psychiatry – Professor M. A. Al-Sughayir

➤ **All lectures' content & handouts distributed throughout the course.**

➤ **Others:**

- Concise textbook of clinical psychiatry, 4th edition.
- Shorter oxford textbook of psychiatry, 7th edition.
- Psychosomatic medicine, An introduction to CL psychiatry.
- Case files psychiatry, 5th edition.

What are the expectations?

- To have **safe non-psychiatric doctors** who can:
 - Identify (common, treatable or serious) and psychiatric co-morbidities.
 - Treat or follow up mild/stable psychiatric disorders.
 - Refer the patient to psychiatry service whenever needed.
- To recruit some medical students to psychiatry speciality.



COURSE EVALUATION

- Your evaluation is highly appreciated.
- Kindly evaluate both the course & the tutors at the end of the course.
- Course organizer will be happy to help you whenever you need.

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