# Clinical Problem-Solving in FP "Diagnostic process"





#### Diagnostic Strategies in Clinical Practice

- Hospital vs family practice
- Hypothetico-deductive model
- Why Order a test? a diagnostic test?
- Sources of error in the diagnostic process
- Test characteristics: sensitivity, specificity, likelihood ratios.





#### **Reflections...**

#### Sir McKenzie - 1973

"I had not long been in the practice when I discovered how *defective* was my knowledge. I left college under the impression that every patient's condition could be diagnosed. For a long time, I strove to make a diagnosis and assiduously studied my lectures and textbooks, without avail.



#### **Reflections...**

For some years, I thought that this inability to diagnose my patients' complaints was due to *personal defects,* but gradually, through consultations and other ways, I came to recognize that the kind of information I wanted *did not exist....*"

#### Mackenzie (Mair 1973)





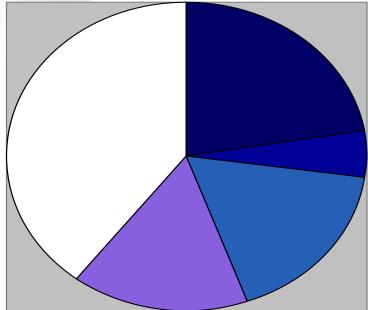
#### Pattern of illness: Community vs hospital





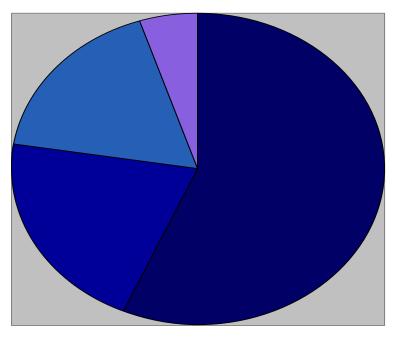
#### **Contrasting Causes of Chest Pain**

#### **General Practice**



Cardiac
Neurosis
Alimentary
Respiratory
Musculoskeletal









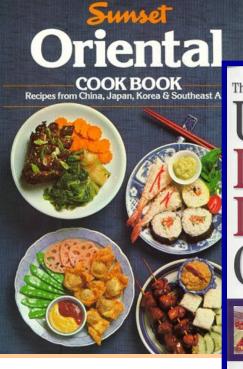
# Why?

Pattern of illness: Community vs hospital

- Undifferentiated & unorganized illness
- No prior assumptions
- Information on which to base a precise diagnosis is lacking- early presentation
- Direct availability of physicians & unpredictable workload Use of time
- Doctor-patient relationship-



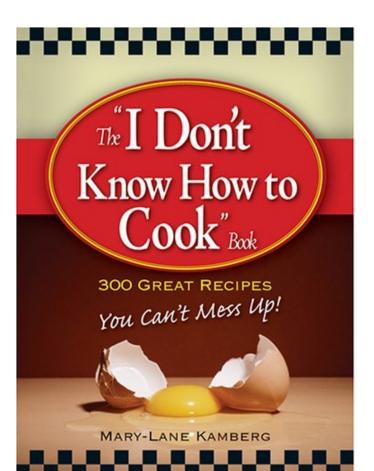
#### Cookbook



The Ultimate Low-Carb Diet Cookbook

Over 200 Fabulous Recipes to Add Variety and Great Taste to Your Low-Carbohydrate Lifestyle

Donna Pliner Rodnitzky

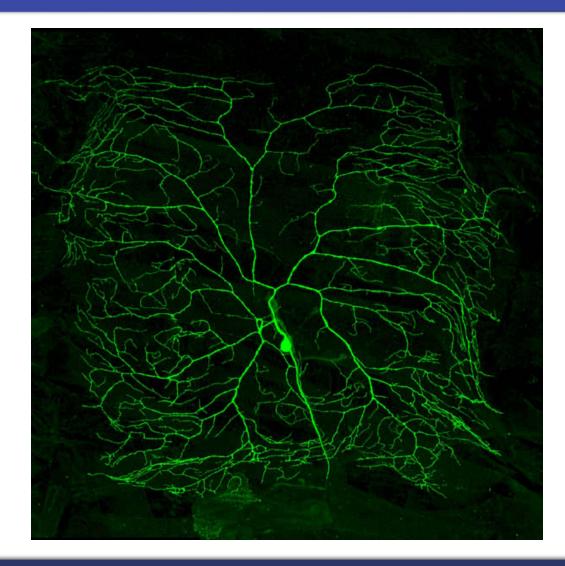


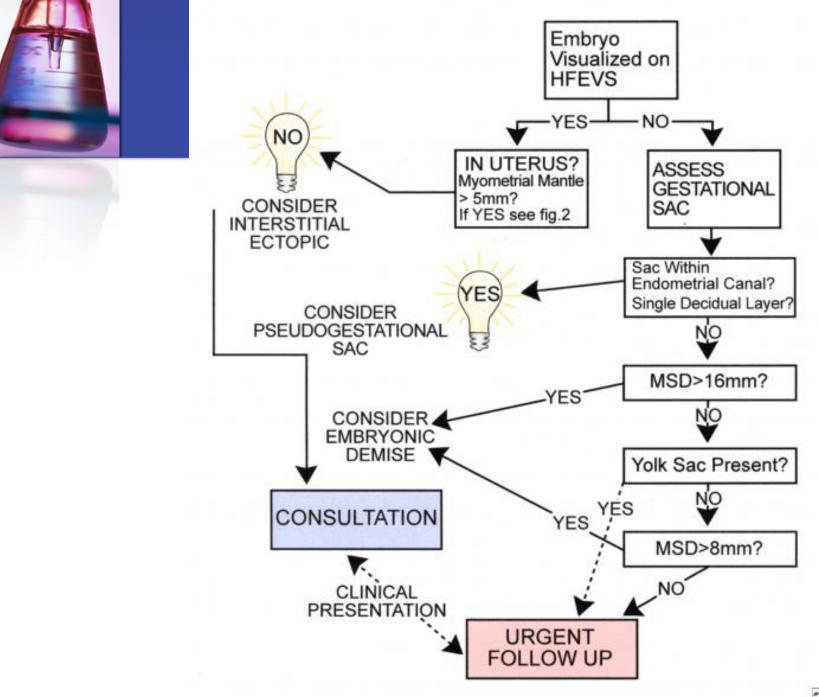
## Arborization



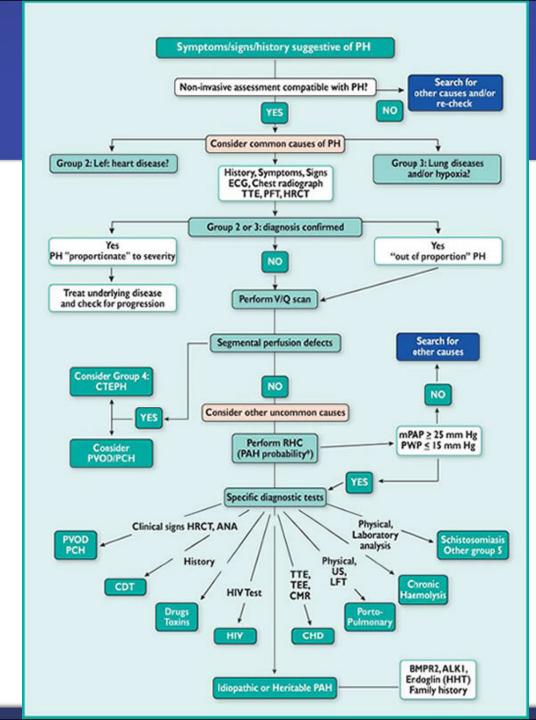


## **Dendritic Arborization**









#### Designation of levels of evidence according to type of research question

	Level	Intervention <sup>1</sup>	Diagnosis <sup>2</sup>	Prognosis <sup>1</sup>	Aetiology <sup>1,3</sup>
Least biased	I	Systematic review of level II studies	Systematic review of level II studies	Systematic review of level II studies	Systematic review of level II studies
	II	Randomised controlled trial	Cross-sectional study among consecutive presenting patients	Inception cohort study	Prospective cohort study
		One of the following: <ul> <li>non-randomised</li> </ul>	One of the following:	One of the following:	One of the following:
		<ul> <li>experimental study (eg controlled pre- and post-test intervention study)</li> <li>comparative (observational)</li> </ul>	<ul> <li>cross-sectional study among non-consecutive patients</li> </ul>	<ul> <li>untreated control patients</li> <li>in a randomised controlled trial</li> </ul>	<ul> <li>retrospective cohort study</li> <li>case-control study</li> </ul>
		study with a concurrent control group (eg cohort study, case-control study)	<ul> <li>diagnostic case- control study</li> </ul>	<ul> <li>retrospectively assembled cohort study</li> </ul>	(Note: these are the most common study types for aetiology, but see level III for intervention studies fo other options)
Most biased	IV	Case series	Case series	Case series, or a cohort study of patients at different stages of disease	A cross-sectional study





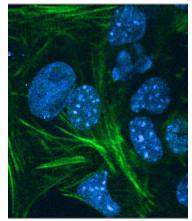
## **EUREKA**

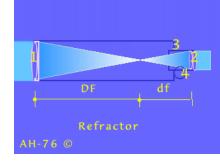


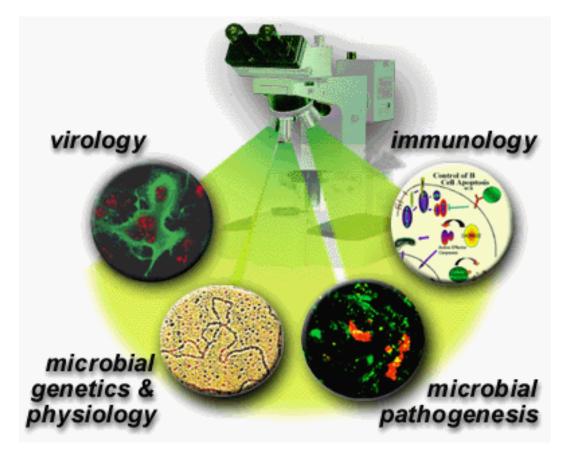




#### Biomedical Scientist









#### Basket





## Inductive Method of Problem-Solving

#### Full history:

Presenting complaint/ Systemic enquiry Previous medical history/ Drugs/ Social/ family PLUS

Complete physical Examination PLUS Investigations Diagnosis



## Hypothesis Matrix "Chest Pain"

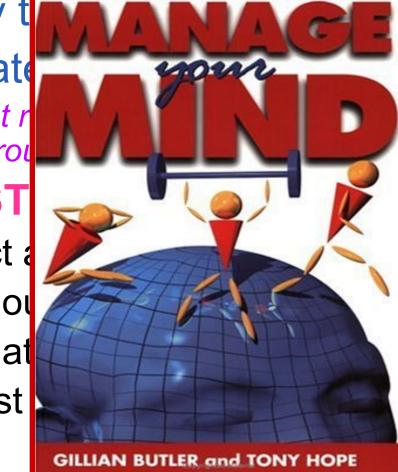
Pathophysiologic	Organ System			
process	Cardio- vascular	Pulmonary	Gastro- intestinal	
Mechanical	MI Dissecting aneurysm	Embolism	Achalasia	
Inflammatory	Pericarditis	Pleuritis	Ulcer	
Infectious	Endocarditis Myocarditis	Pneumonia	GE	



## 3 Stages of Problem Solving

Identify t
 Generate

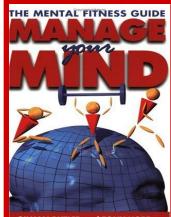
- do not r prepostero
- 3. Take ST
  - a) <u>S</u>elect a
  - b) Try it ou
  - c) <u>E</u>valuat
  - d) Persist



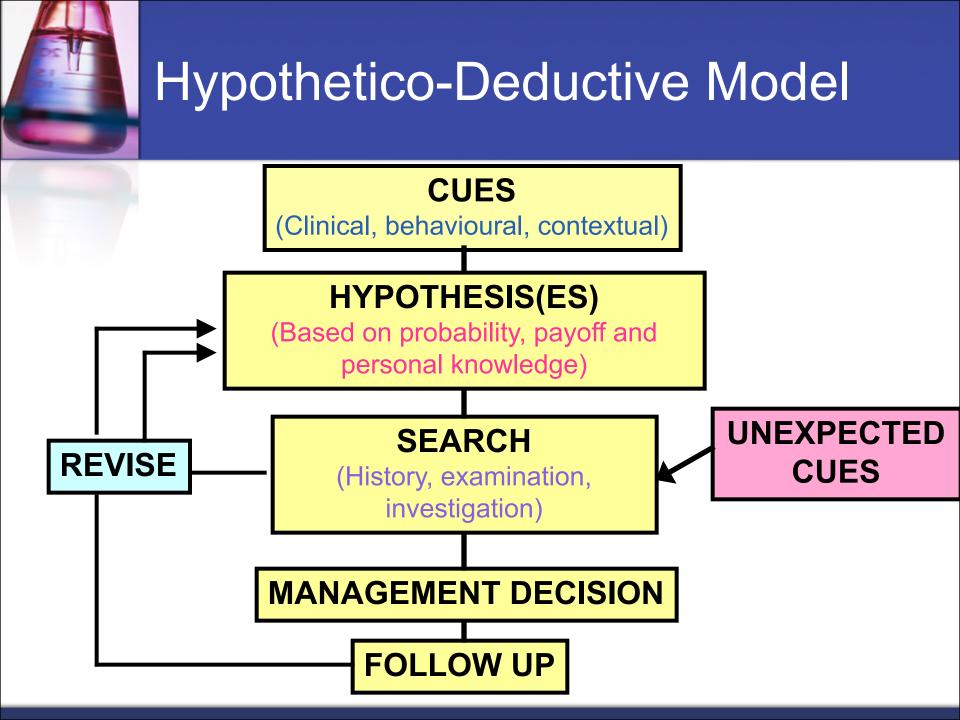
THE MENTAL FITNESS GUIDE

#### as possible: e, however

#### the problem:



GILLIAN BUTLER and TONY HOPE







A 61-year-old widow presents with a history of 'wetting herself' for the previous 5 days because she 'can't get to the toilet on time'. She had felt 'perfectly well' prior to the onset of her present symptomatology. Her medical records reveal she has no history of significant illness and that she is an infrequent attender.

# Diagnostic Strategies in Clinical Practice

Pattern recognition



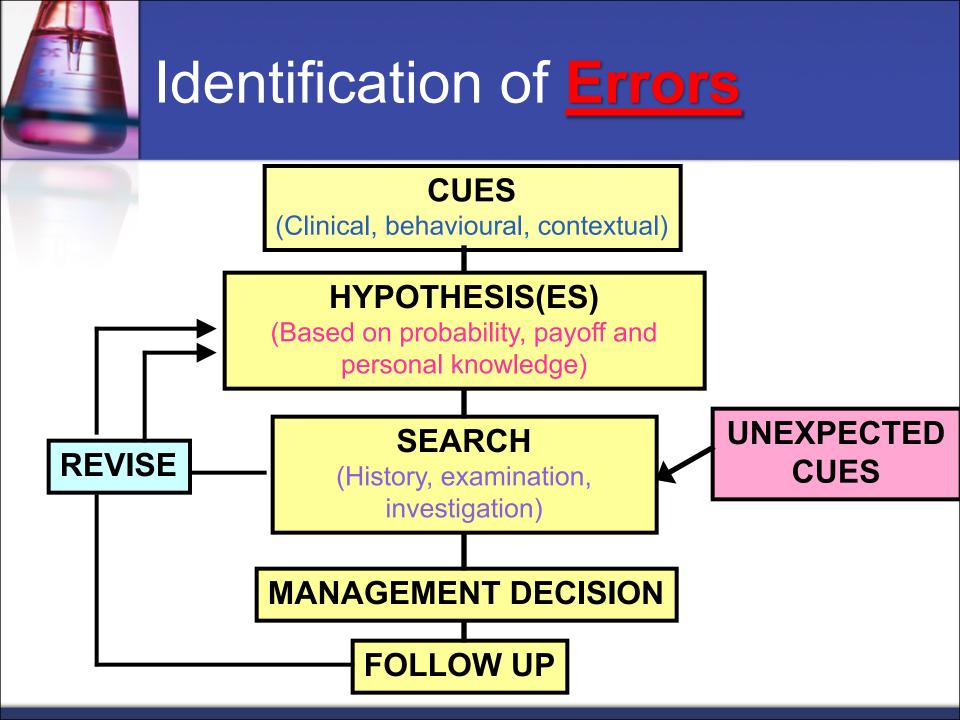
- Arborization (multiple branching)
- Inductive: Exhaustive exploration of data.
- Hypthetico-deductive
- Computer-assisted

\* Heneghan C, et al: Diagnostic Strategies Used in Primary Care. *BMJ* 2009; 338:1003-6



# A 32-year-old divorcee with 2 children who has been 'well' until 2 months previously. She presented with:

Presentation 3 Tiredness ? Weight loss Normal appetite





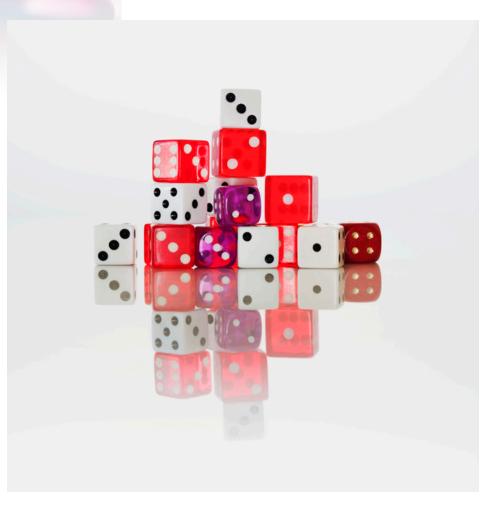
## Why order a test?

#### To rule in or out a diagnosis

- To screen for disease among asymptomatic patients
- To provide prognostic information on patients with established disease
- To monitor ongoing therapy, maximize effectiveness, and minimize side effects.
- To reassure a patient



# The diagnostic process is probabilistic



#### **Prior probability**



Post-exam probability

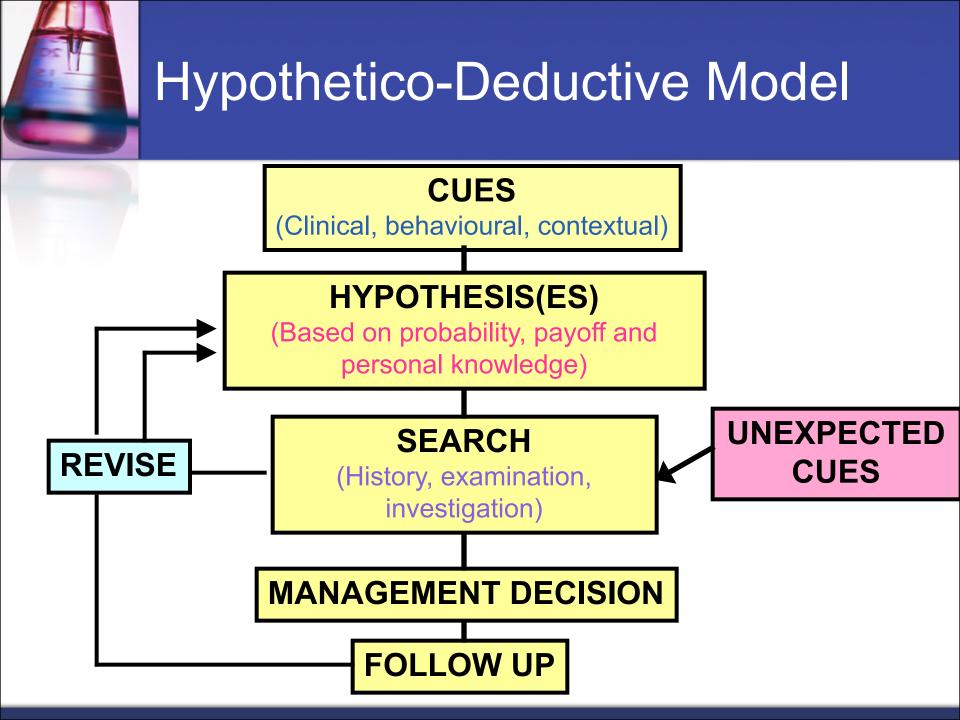
Post-test probability

(posterior probability)

# When Order a *diagnostic* Test?

- When the characteristics of that test give it *validity* in the clinical setting.
- When the test result will change the probability of the disease leading to a change in clinical strategy.







#### **Table 3.3** Results of a systematic review of serum ferritin as adiagnostic test for iron deficiency anemia

		Target diso deficiency a		
		Present	Absent	Totals
Diagnostic	Positive	731	270	1001
test result	(<65 mmol/L)	a	b	a+b
(serum ferritin)	Negative	с	d	c+d
	(≥65 mmol/L)	78	1500	1578
Totals		a+c	b+d	a+b+c+d
		809	1770	2579

Data from: Guyatt GH, Oxman AD, Ali M, et al. J Gen Intern Med 1992; 7: 145-53.

Prevalence = (a + c)/(a + b + c + d) = 809/2579 = 31%.

Positive predictive value = a/(a + b) = 731/1001 = 73%.

Negative predictive value = d/(c + d) = 1500/1578 = 95%.

Sensitivity = a/(a + c) = 731/809 = 90%.

Specificity = d/(b + d) = 1500/1770 = 85%.

LR+ = sensitivity/(1 - specificity) = 90%/15% = 6.

LR - = (1 - sensitivity)/specificity = 10%/85% = 0.12.

Study pre-test odds=prevalence/(1 - prevalence) = 31%/69% = 0.45.

Post-test odds = pre-test odds × likelihood ratio.

Post-test probability = post-test odds/(post-test odds + 1).



#### The 2 x 2 Table

**Table 3.3**Results of a systematic review of serum ferritin as a<br/>diagnostic test for iron deficiency anemia

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## SpPin and SnNout

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Sn Nout: A highly sensitive test, if negative, helps to rule the disease out.

Sn Nout

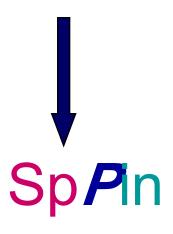


## SpPin and SnNout

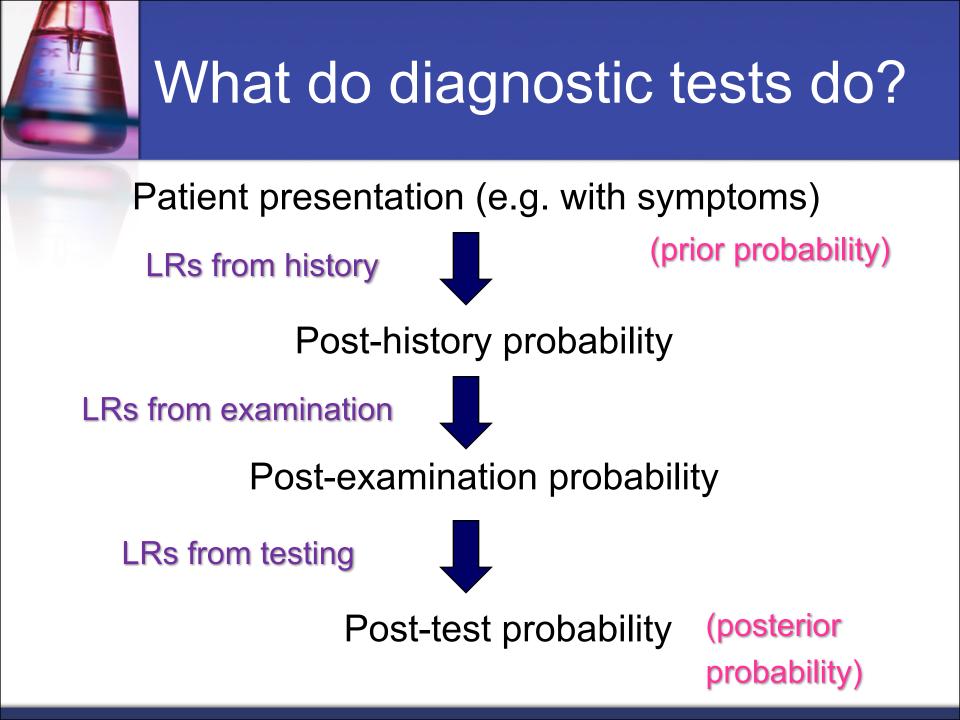
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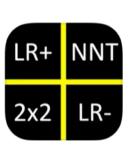
Sp Pin: A highly specific test, if positive, helps to rule the disease in.



Data from: Guyatt GH, Oxman AD, Ali M, et al. J Gen Intern Med 1992; 7: 145–53.







#### EBM Stats Calc

calculate basic EBM stats

**OPEN** 

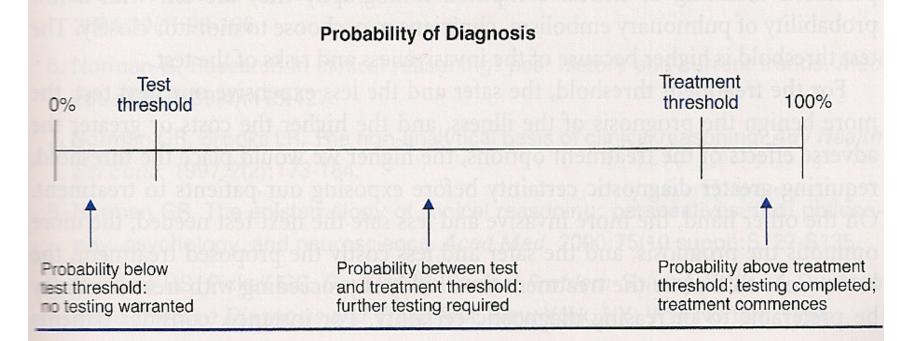
**★★★★**☆1

Carrier 중 9:45 PM ■) →	Carrier      4:56 PM       ✓ Back     Diagnosis       ✓ Back     Number Needed to Treat
Choose a calculator you wish to use	Population         100         1,000         10,000           Pre-test Probability as %         10.0         NNT = 1 / ( .013009 ) = 250.0
NNT from Rates or Events Number Need to Treat (or harm or screen)	0%         25%         50%         75%         100%         Rate1         Rate2         NNT           Sensitivity as %         94.2         Two Percentages         Two Percentages         100%
Post-test Prob via Sens & Spec Supply pre-test probability, Sens, Spec	Specificity as %     97.6     enter two percentages between 0 and 100       Disease Pos     NNT = 1 / (76 - 67) = 11.1       %age1     %age2     NNT
Post-test Prob via Likelihood Ratios Supply pre-test probability, LR+, LR-	Test Pos         94.2         21.6         115.8           Test Neg         5.8         878.4         884.2           100.0         900.0         1000
	Pos Predictive Value as %     81.3     NNT = 1 / (11 - 6) = 214.8       Neg Predictive Value as %     99.3
	81.3 Pos Post-test Probability Neg 0.7
CMA exer Disclaimer About References More Acos	Image: Constrainer         Image:



## **Test and Treatment Thresholds**

#### Test and Treatment Thresholds in the Diagnostic Process





## Chest Pain and Ischemic Heart Disease (IHD)

Test Threshold?Treatment threshold?



## **Chest Pain and ECG**

- How helpful is the stress ECG in diagnosing IHD among patients presenting with acute chest pain?
- Sensitivity: 60%
- Specificity: 91%
- Likelihood ratio:
  - +ve: 6.7
  - -ve: 0.4



## Chest Pain and stress ECG-Scenario 1

Middle aged man

- Typical history of angina
- Tight substernal pain

by exercise

Post-test probability of IHD: +ve = 98% -ve =70%

Probability of IHD: 90%

by rest- within 5 min



## Chest Pain and stress ECG-Scenario 2

40-year-old

- Vague (L) Sided chest pain
- Unrelated to exercise

by moving the chest wall

*Post-test probability of IHD:* +ve = **28%** -ve = **<2%** 

## Probability of IHD: 5%



## Chest Pain and stress ECG-Scenario 3

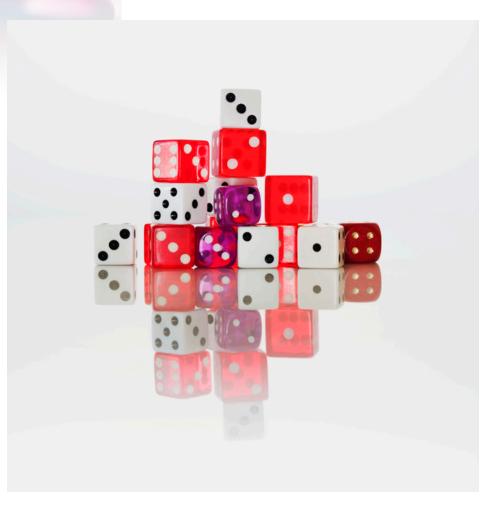
- Middle aged man
- Attacks substernal pain several months
- Occurs at rest few min ½ hr
- Worsened since onset
  By exertion
- X relieved by rest

Probability of IHD: 50%

**Post-test probability of IHD:** +ve = **87%** -ve = **25%** 



## The diagnostic process is probabilistic



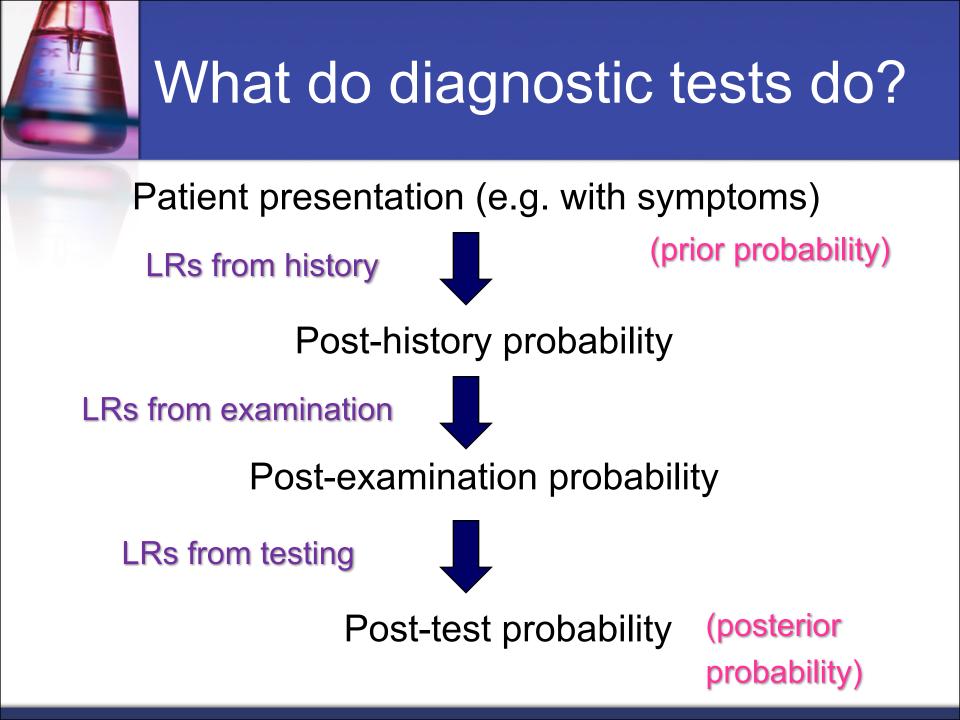
### **Prior probability**



Post-exam probability

Post-test probability

(posterior probability)



## **Likelihood Ratios**

- We take our initial assessment of the likelihood of disease ("pre-test probability"), do a test to help us shift our suspicion one way or the other, and then determine a final assessment of the likelihood of disease ("post-test probability").
- Likelihood ratios (LRs) tell us how <u>much</u> we should shift our suspicion for a particular test result.
- The "positive likelihood ratio" (LR+) tells us how much to increase the probability of disease if the test is positive, while the "negative likelihood ratio" (LR-) tells us how much to decrease it if the test is negative.



## Likelihood Ratios

Probability of an individual *with the condition* having a *positive test* 

Probability of an individual *without* the condition having a *positive test* 

Probability of an individual *with the condition* having a negative *test* 

Probability of an individual *without* the condition having a *negative test* 



## Likelihood Ratios

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Data from: Guyatt GH, Oxman AD, Ali M, et al. J Gen Intern Med 1992; 7: 145-53.

**LR+**=----Sensitivity 1-specificity

1-sensitivity LR= =-----Specificity



## **Chest Pain and ECG**

- How helpful is the stress ECG in diagnosing MI among patients presenting with acute chest pain?
- Sensitivity: 60%
- Specificity. 91%
- Likelihood ratio:
  - **+ve: 6.7**
  - -ve: 0.4



## Chest Pain and ECG- Scenario 1

Middle aged man

- Typical history of angina
- Tight substernal pain

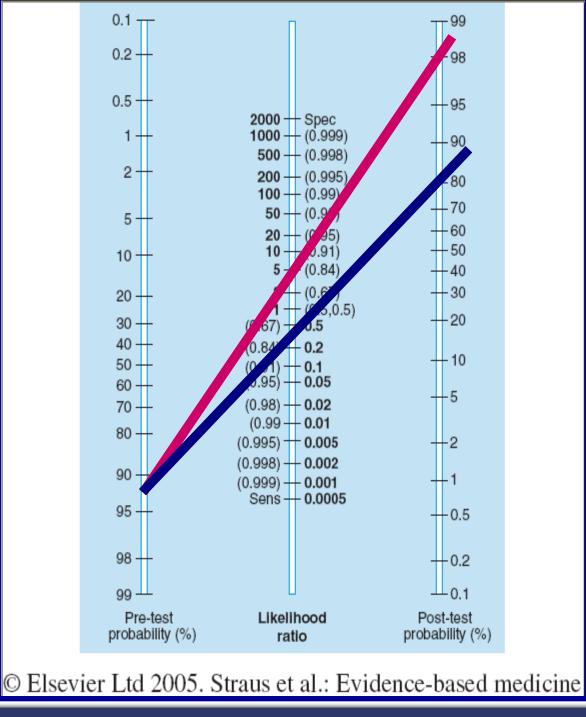
by exercise

Post-test probability of IHD: +ve = 98% -ve =70%

Probability of IHD: 90%

by rest- within 5 min







## Chest Pain and ECG- Scenario 2

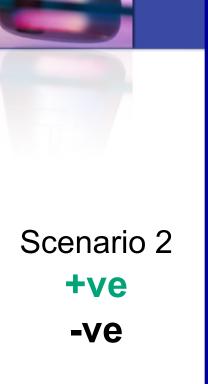
40-year-old

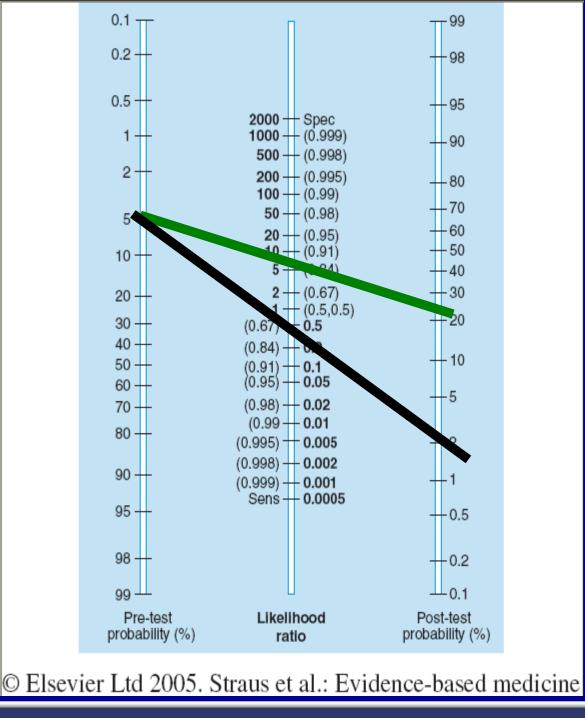
- Vague (L) Sided chest pain
- Unrelated to exercise

by moving the chest wall

*Post-test probability of IHD:* +ve = **28%** -ve = **<2%** 

### Probability of IHD: 5%







## LR Interpretation

>10	Large & often conclusive increase in the likelihood of disease
5-10	Moderate increase in the likelihood of disease
2-5	Small increase in the likelihood of disease
1-2	Minimal increase in the likelihood of disease
1	No change in the likelihood of disease
0.5-1.0	Minimal decrease in the likelihood of disease
0.2-0.5	Small decrease in the likelihood of disease
0.1-0.2	Moderate decrease in the likelihood of disease
<0.1	Large & often conclusive decrease in likelihood of disease



## Strength of a Diagnostic Test

## Strength of Test by Likelihood Ratio

Qualitative Strength	LR+	LR-
Excellent	10	0.1
Very Good	5	0.2
Fair	2	0.5
Useless	1	1



## **Estimating Pre-Test Probability**

- Research papers evaluating diagnostic tests
- Epidemiological studies and national surveys
- Audit data
- Clinical experience



## **Clinical Symptoms & Diagnosis of UTI**

- 1. Patient population.
- 2. Intervention.
- 3. <u>Comparison</u> intervention.

4. Outcomes.

Women in child bearing age *Symptoms* 

Probability of UTI

"In women in child bearing age suspected to have UTI, to what extent, would the presence or absence of certain symptoms relate to the probability of UTI?



## Clinical Signs and Symptoms in the Prediction of Urinary Tract Infection

Symptom	LR+	LR-	Symptom	LR+	LR-
Dysuria	1.5	0.48	Vaginal Irritation	0.24	2.7
Frequency	1.8	0.59	Back Pain	1.6	0.83
Hematuria	2.0	0.92	Self-diagnosis	4.0	0
Fever	1.6	0.9	Vaginal Discharge on Physical Examination	0.69	1.1
Flank Pain	1.1	0.84	Costovertebral Angle Tenderness on PE	1.7	0.86
Lower Abdominal Pain	1.1	0.89	Dipstick Urinalysis	4.2	0.3
Vaginal Discharge	0.34	3.1			



## Clinical Signs and Symptoms in the Prediction of Urinary Tract Infection

Symptom Combination	LR+	Symptom Combination	LR-
Dysuria present	1.5		
Frequency present	1.8		
Vaginal discharge absent	3.1		
Vaginal irritation absent	2.7		



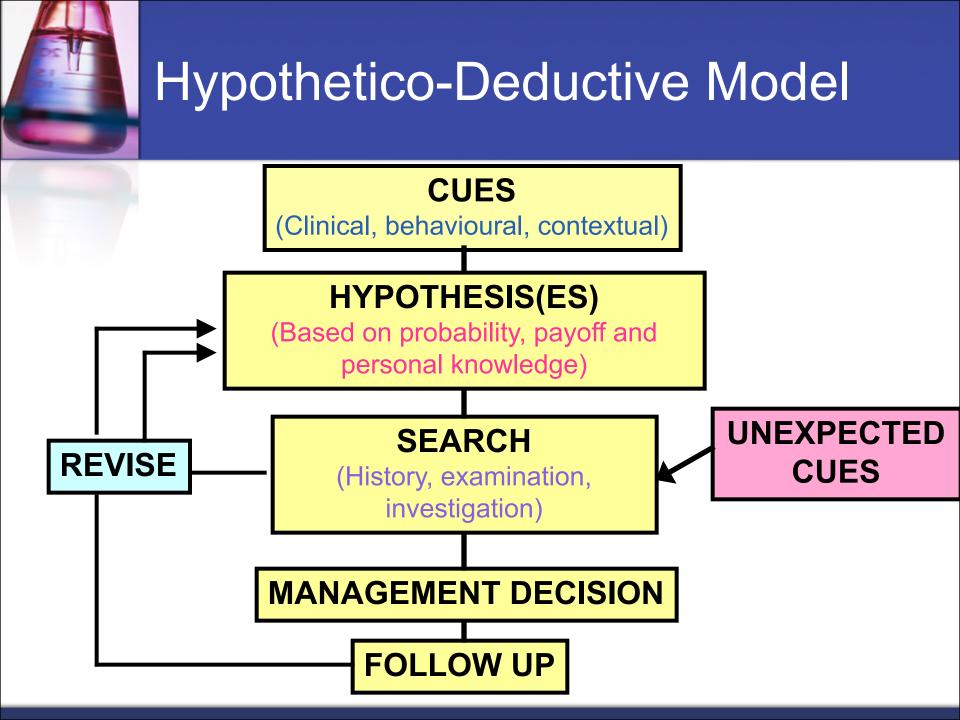


#### EBM Stats Calc calculate basic EBM stats

**★★★☆**1



Choose a calculator	Population	100	1,000	10,000	Two Rates	s between 0.00 and 1.00
you wish to use	Pre-test Proba		75%	10.0	NNT = 1 /	
NNT from Rates or Events	Sensitivity as 9		75%	94.2		
Number Need to Treat (or harm or screen)	Specificity as	%		97.6	Two Perce	entages centages between 0 and 100
Post-test Prob via Sens & Spec		Disease			NNT = 1 /	(76 - 67 ) = 11.1
Supply pre-test probability, Sens, Spec	Test Pos 9	0s Neg 4.2 21.6	115.8			%age1 %age2 NN
Post-test Prob via Likelihood Ratios		5.8 878.4	884.2		Numbers	of events and patients tals and patient totals
Supply pre-test probability, LR+, LR-		0.0 900.0	1000		enter event to	Events1 Events2
	Pos Predictive			81.3	NNT = 1 /	11 6
	Neg Predictive			99.3		809 671 NN Patients1 Patients2
	81.3 Pos	Post-test Prot	bability Neg			Patients1 Patients2
	PUS	① more i				(i) more info







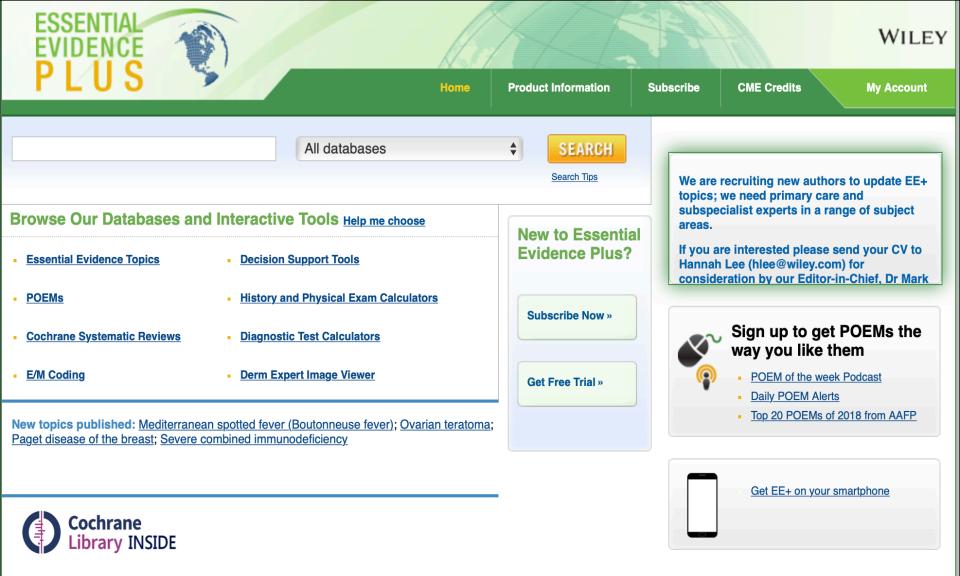
### MDCalc Medical Cal...

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Clinical Decision Support



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	☆ ② <b>v</b>	E	CALCULATOR NEXT STEPS EVIDENCE CREATOR		
	FAVORITES RECENT MY SPECIALTY Family Practice	ALL	Rules out clinically significant foot and ankle fractures to reduce use of x-ray imaging.		
	<b>4AT</b> Delirium screening.	*	When to Use      Pearls/Pitfalls      Why Use        Content contributed by Calvin Hwang, MD		
	6 Minute Walk Distance Functional status.	*	Ottawa Ankle Rules		
	AAP Pediatric HTN Guidelines Pediatric HTN diagnosis.	*	Posterior edge/tip A Malleolar Zone B Posterior edge/tip of lateral malleolus Base of 5th C Gron Midfoot Zone C Midfoot Zone D Navicular		
	Absolute Lymphocyte Count ALC count, and predicted CD4 Count.	*	Stiell (G, McKnight RD, Greenberg GH, McDowell I, Nair RC, Wells GA, Johns C, Worthington JR, Implementation of Custawa ankler rules, JANA. 1994 Mar 16;271(11):877-32. Original littatusch instrutus, adapted for use on MDGLac.com		
	Absolute Neutrophil Count Neutropenia (after chemotherapy).	*			
	ABCD <sup>2</sup> Score Stroke risk after TIA: inpt vs outpt.	*	Location of pain Malleolar Midfoot		
	Acute Gout Diagnosis Rule Risk for gout.	*	Inability to bear weight both No Yes		
	ACEF II Risk Score Cardiac surgery mortality.	*	immediately after injury AND in ED Patient unable to take four steps		
	ACR/EULAR Gout Criteria Gout diagnostic criteria.	*			
	ACTION ICU Score	*			





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NEWS	STEP 2: Search for Keywords
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Drug info (by name and calculators) Clinical rules and calculators

ny actice guidelines Science by month/year

#### Type of Search: Keyword-Assisted Search Search Term(s): uti

MODIFY SEARCH

#### STEP 4: Select one or more of these keywords:

UTI (lower)	Select All
<ul> <li>Asymptomatic bacteriuria in pregnancy</li> <li>Pyelonephritis</li> </ul>	Clear All
STEP 5: Find items with any selected	d keyword

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	InfoRetriever® Search Results
Downloads	
Register	Back to Search
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[Repeat Last Search]	Collapse All Expand All
Search by Text	
Search by Autofill	Overviews and practice guidelines
Search ICD9 Codes	5 Minute Clinical Consult overviews
Clinical Rules and Calculators	Hematuria (LOE = 5)
Practice Guidelines	Urinary tract infection in females (LOE = 5)
Internet Resources	Urinary tract infection in males (LOE = 5)
Individual Databases	Practice guidelines
InfoPOEMs® Archive	Laser-assisted uvulopalatoplasty (Am Acad Sleep Med) (LOE = 1a)
My Account	Screening for asymptomatic bacteriuria (USPSTF) (LOE = 1a)
Feedback	Use of antibiotics in children (Singapore Ministry Health) (LOE = 1a)
	□ Treatment
Log Out	General treatment
	Treatments for symptomatic UTIs during pregnancy (LOE = 1a or 2a)
InfoPOEMs is brought to you	Replace cath before drug therapy of UTI (LOE = 2b)
by:	Telephone management of UTI successful (LOE = 4)
	Cost effectiveness
	Empiric therapy of UTIs is cost-effective (LOE = 2c)
	Empiric treatment of UTIs is cost-effective (LOE = 1b)
	Drug Treatment
	Antibiotic duration for treating uncomplicated, symptomatic lower UTIs in elderly women (LOE =
	<u>1a or 2a)</u>
	Duration of antibacterial treatment for uncomplicated urinary tract infection in women (LOE = 1a
	or 2a)
	Short vs standard duration oral antibiotic therapy for acute UTI in children (LOE = 1a or 2a)
	3 days cipro adequate for UTI in healthy older women (LOE = 1b)

IP 3 days cipro adequate for UTI in healthy older women (LOE = 1b)
IP 3 days of cipro better for upcomplicated UTI (LOE = 1b.)



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Select a Test:	Sort By:	
Dysuria	✓ Rule In (LR+) ✓	
Pretest probability:	Sensitivity:	Specificity:
Recalculate		
<ul> <li>Likelihood Ratios:</li> <li>Positive: 1.60</li> <li>Negative: 0.40</li> </ul>	<ul> <li>Probability of disease if test is</li> <li>Positive: 61.54%</li> <li>Negative: 28.57%</li> </ul>	

Symptom: UTI suspected, women 15 - 49 Disease: UTI

**Population Studied:** Prospective study of 405 patients with suspected UTI, midstream urine obtained. Excluded if mixed growth or antibiotics.

Printer Friendly

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Reference Standard: Urine culture > 100,000 cfu or > 100 WBC/HPF and 10-100k culture LOE (1a - 5): 1b

- No. of Patients: 145
- Independent: Yes
- Blinded: Yes
- Gold Standard: Gold Standard: High Quality

Reference: Dobbs J Royal Coll Gen Pract 1987; 37: 100

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Autofill

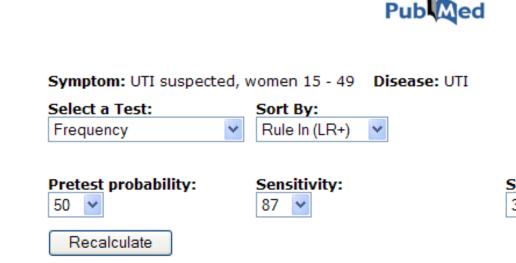
D9 Codes

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Databases

Archive
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#### Probability of disease if test is:

- Positive: 56.13%
- Negative: 28.89%

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Population Studied: Prospective study of 405 patients with suspected UTI, midstream urine obtained. Excluded if mixed growth or antibiotics.

Reference Standard: Urine culture > 100,000 cfu or > 100 WBC/HPF and 10-100k culture LOE (1a - 5): 1b

- No. of Patients: 145
- Independent: Yes
- Blinded: Yes

Likelihood Ratios:

Positive: 1.28

Negative: 0.41

Gold Standard: Gold Standard: High Quality

Reference: Dobbs J Royal Coll Gen Pract 1987; 37: 100

Show tast summary

#### Printer Friendly

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Specificity: 32



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	Disease
R YOU	Select a

Symptom: UTI suspected, women 15 - 49		
Disease: UTI		
Select a Test: Frequency	Sort By: Rule In (LR+)	
Hematuria Previous IVP Nocturia Dysuria Urgency	Sensitivity:	Specificity:
Offensive urine Frequency Symptoms for <= 9 days Previous UTI Nausea	Probability of disease if test is: Positive: 56.13% Negative: 28.89%	

**Population Studied:** Prospective study of 405 patients with suspected UTI, midstream urine obtained. Excluded if mixed growth or antibiotics.

Reference Standard: Urine culture > 100,000 cfu or > 100 WBC/HPF and 10-100k culture Study Quality (1a - 5):

- No. of Patients: 145
- Independent: Yes
- Blinded: Yes
- Gold Standard: Gold Standard: High Quality

Reference: Dobbs J Royal Coll Gen Pract 1987; 37: 100

» Show test summary



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#### **Clinical Rules and Calculators:**

- CV: Acute MI/unstable angina
- CV: Angioplasty
- CV: Chest pain and CAD
- CV: DVT and PE
- CV: Heart failure
- CV: HTN, lipids, screening
- CV: Pre-op evaluation
- CV: Stroke
- CV: Valve and endocarditis
- T Drug dosing
- Endocrinology
- Epidemiology
- Fluids/electrolytes
- Gastroenterology
- Gynecology and obstetrics
- Hematology/Oncology
- Musculoskeletal
  - Neurology Overall mortality and screening
  - Beychiatric and substance abuse

Epidemiology Fluids/electrolytes Gastroenterology Gynecology and obstetrics Hematology/Oncology T Infectious disease Musculoskeletal Ankle injury: is x-ray needed (Ottawa) Ankylosing spondylitis diagnosis Back pain evaluation guideline Blunt trauma: which patients need C-spine films? Canadian C-spine rule in trauma patients Carpal tunnel: success of medical tx romyalgia screening Foot injury: is x-ray needed (Ottawa) fracture risk in women <u>Knee injury: is x-ray needed (Ottawa)</u> Minor head injury and nl GCS: who needs head CT? Minor head injury: Canadian Head CT rule Osteoporosis screening (Dutch instrument) Osteoporosis screening (ORAI) Osteoporosis screening (OST) Osteoporosis screening (SCORE) Prognosis after orthopedic surgery (POSSUM) Rheumatoid arthritis diagnostic criteria Rotator cuff diagnosis Septic arthritis diagnosis SLE diagnostic criteria Neurology Overall mortality and screening

Psychiatric and substance abuse

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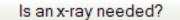
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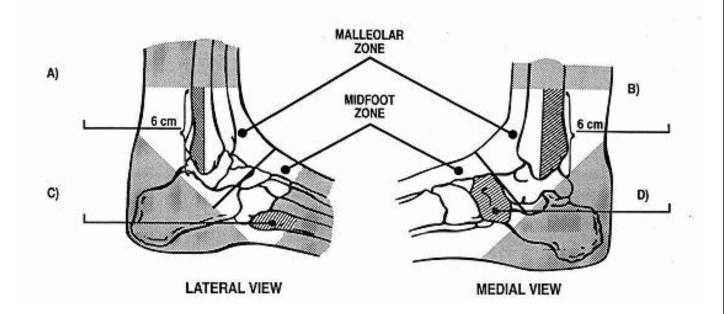
#### Ottawa Rules for radiography

Indicate which of the following symptoms your patient with foot/ankle injury has:

#### Pain in the midfoot

Inability to bear weight both immediately and in the emergency department (four steps)
Bone tenderness at the navicular (D) or the base of the fifth metatarsal (C)





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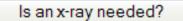
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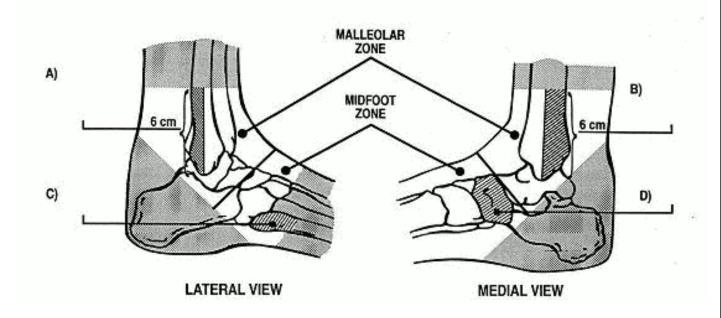
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#### Ottawa Rules for radiography

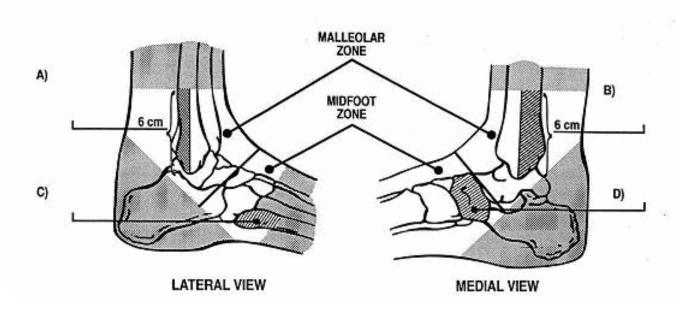
Indicate which of the following symptoms your patient with foot/ankle injury has:

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Inability to bear weight both immediately and in the emergency department (four steps)

Bone tenderness at the navicular (D) or the base of the fifth metatarsal (C)

#### ls an x-ray needed?

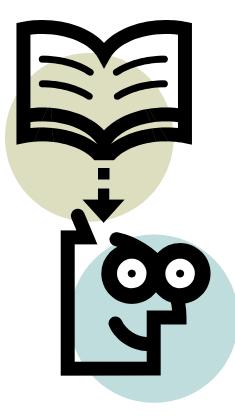


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# "It is the *quality of thinking* and NOT the *quantity of facts* that is likely to lead to the resolution of clinical problems".

## Marinker, 1976