

ATLS (Advanced Trauma Life Support) Shock and Trauma Lecture

General Principles:

➤ The concept:

Three underlying concepts of trauma management:

1. Treat the greatest threat to life first
2. The lack of a definite diagnosis should never impede the application of an indicated treatment
3. A detailed history is not essential to begin the evaluation of an acutely injured patient

➤ Specific principles govern the management of trauma patients in ED:

1. Organized team approach
2. Priorities
3. Rule out the most serious injury
4. Treatment before diagnosis
5. Thorough examination
6. Frequent reassessment
7. Monitoring

➤ In-hospital clinical process:

➤ Systemic, organized approach to seriously injured patients is mandatory.

- ◇ Preparation
- ◇ Triage
- ◇ Primary survey (ABCDEs)
Resuscitation
Adjuncts to primary survey & resuscitation
- ◇ Secondary survey (Head to toe Evaluation)
Adjuncts to secondary survey
- ◇ Continued post resuscitation monitoring and reevaluation
- ◇ Definitive care

➤ The primary and secondary surveys should be repeated frequently

➤ In the actual clinical situation, many of these activities occur in parallel or simultaneously.

➤ **Organized Team Approach:**

- ◇ Trauma Team Leader : Coordinate, control the resuscitation

Assessing the patient, ordering needed procedures/ studies

Monitoring the patient's progress.

- ◇ Monitoring procedures by other physician team members.
- ◇ Nurses

➤ **Priorities In Management and Resuscitation**

- ◇ Immediate / potential threats to life
- ◇ 1. High-priority areas
 - Airway/ breathing
 - Shock/ external hemorrhage
 - Impending cerebral hemorrhage
 - Cervical spine

2. Low-priority areas

- Neurologic
- Abdominal
- Cardiac
- Musculoskeletal
- Soft tissue injury

➤ **Rule out the Most Serious Injury**

- ◇ Expect the worst possible injury
- ◇ Mechanism of injury is important to predict injuries

➤ **Treatment Before Diagnosis**

- ◇ Based on initial brief assessment
- ◇ The more unstable the patient, the more it is essential to treat a life-threatening diagnosis before it is confirmed by investigative modalities (clinical diagnosis > confirmed diagnosis)

➤ **Thorough Examination**

- ◇ When time and the patient's stability permits.
- ◇ Unconscious/ alcohol intoxicated patients

➤ **Frequent Reassessment**

- ◇ Dynamic process
- ◇ Some injuries take time to manifest
- ◇ Any sudden worsening in the physiologic status of the patients mandates a return to the "ABCDEs"

- **Monitoring**
 - ✧ Vital signs
 - ✧ Pulse oximetry
 - ✧ Glucocheck
 - ✧ In/out (fluids/urine output)
 - ✧ Lab: ABG, Lactate, CBC
 - ✧ CVP, Arterial line

In-hospital Trauma Management

- **PREPARATION**
 - ✧ Resuscitation area
 - ✧ Proper airway equipment
 - ✧ Warmed IV crystalline solutions
 - ✧ Monitoring capabilities
 - ✧ Summon extra medical assistance e.g. Trauma Code
 - ✧ Prompt response by lab and radiology personnel
 - ✧ Transfer route
 - ✧ Periodic review
 - ✧ Standard precautions

- **TRIAGE**
 - ✧ Based on the ABCDE priority

- **PRIMARY SURVEY**
 - ✧ **A**irway with Cervical spine protection
 - ✧ **B**reathing and ventilation
 - ✧ **C**irculation with hemorrhage control
 - ✧ **D**isability: Neurologic status
 - ✧ **E**xposure/ **E**nvironmental control

Airway Maintenance with Cervical Spine Protection

- ✧ **Q : What are the problems that lead to airway compromise ?**
- ✧ **Q : What are the indications for definite airway ?**

Indications for a Definite Airway (intubation)

Need for Airway Protection	Need for Ventilation
Unconscious GCS \leq 8	Apnea Neuromuscular paralysis Unconscious
Severe maxillofacial fractures	Inadequate respiratory effort Tachypnea Hypoxia Hypercarbia Cyanosis
Risk for aspiration Bleeding Vomiting	Severe closed head injury with need for hyperventilation
Risk for obstruction	

✧ **Assessment:**

- Ascertain patency
- Rapidly assess for airway obstruction
- Foreign bodies, facial / mandibular / tracheal / laryngeal fractures.

✧ **Management:**

- Chin lift / jaw thrust maneuver (NO HEAD TILT!!!)
- Clear the airway of FB
- Insert an oro-tracheal / nasopharyngeal airway
- Establish a definitive airway
 1. Oro-tracheal / naso-tracheal intubation (not to be used if ? basal skull fracture)
 2. Surgical cricothyroidotomy
- Jet insufflation

✧ **Maintain the cervical spine** in a neutral position with manual immobilization as necessary when establishing an airway

✧ **Immobilization of the c-spine** with appropriate devices after establishing an airway.

✧ **Important Notes:**

- Normal examination does not exclude a cervical spine injury
- Assume a cervical spine injury in any patient with multisystem trauma, especially with an altered level of consciousness or a blunt injury above the clavicle

✧ **Pitfalls:**

- Equipment failure
- Failure to intubate = difficult airway → surgical airway
- Unknown laryngeal fracture / incomplete airway transection.

Breathing and Ventilation

- ✧ **Q : What are the injuries that may acutely impair ventilation in the primary survey?**

Injuries that should be identified in the Primary survey:

1. Tension pneumothorax
2. Flail chest with pulmonary contusion
3. Massive hemothorax / Open pneumothorax
4. Cardiac tamponade

- ✧ **Assessment :**

Inspection / palpation /Auscultation / Percussion

- Expose the neck and chest
- Respiratory rate and depth
- Inspect and palpate: tracheal deviation ? symmetrical chest movement ? use of accessory muscles ? signs of injury ? subcutaneous emphysema ? crepitus ?
- Cyanosis ?
- Auscultate the chest
- Percussion : dullness? Hyper resonance?

- ✧ **Management :**

- Administer high concentrations of oxygen
- Ventilate with BVM (Bag-Valve-Mask)
- Alleviate tension pneumothorax : needle decompression / Place chest tube
- Indication for thoracotomy
- Seal an open pneumothorax
- Pulse oximeter

- ✧ **Important Notes :**

- Always check for right main bronchus intubation, chest X-rays should be performed

- ✧ **Pitfalls :**

- If the ventilation problem is produced by a pneumothorax, intubation could lead to deterioration and development of tension pneumothorax

Circulation with Hemorrhage Control

- ✧ **Q : What are the elements that provide the information about the hemodynamic status of the injured patients.**

These elements are:

1. Level of consciousness
2. Skin color
3. Pulse (quality, rate, regularity)

- ✧ Presence of a Carotid pulse SBP \geq 60 mmHg
Femoral pulse SBP \geq 70 mmHg
Radial pulse SBP \geq 80 mmHg
Dorsalis pulse SBP \geq 90 mmHg
- ✧ **External bleeding** is identified and controlled in the primary survey.
- ✧ **Operative intervention** for internal bleeding control and hypotensive patients.

- ✧ **Q : What are the injuries that may acutely impair circulation status ?**

These injuries are :

1. External/internal bleeding with hypovolemic shock
2. Massive hemothorax / Tension pneumothorax
3. Cardiac tamponade

- ✧ **Assessment:**

- Identify source of external hemorrhage
- Identify potential source(s) of internal hemorrhage /
- Pulse / skin color, capillary refill / Blood pressure

- ✧ **Management:**

- Apply direct pressure to external bleeding site.
- Internal hemorrhage ? Need for surgical intervention ?
- Establish large IV access (best 14G in both antecubital veins) / central line / IO
- Fluid resuscitation (2L initially) / blood replacement (after bolus fluids if no response)

- ✧ **Important Notes :**

- Hypotension following injury must be considered to be hypovolemic in origin until proved otherwise.

- ✧ **Pitfalls :**

- The elderly, children, athletes and others with chronic medical conditions do not respond to volume loss in similar manner

Disability

✧ **Assessment** :

- Level of consciousness** in the AVPU scale
 - A**lert
 - V**oice illicit response
 - P**ain illicit response
 - U**nresponsive
- GCS
- Pupils size, equality and reaction

✧ **Management** :

- Intubation and allow mild hyperventilation
- Administer IV mannitol (1.5-2.0g/kg)
- Arrange for brain CT

✧ **Important notes** :

- CT is contraindicated when the patient is hemodynamically unstable
- A decrease in the level of consciousness maybe due to:
 - a. Decreased cerebral oxygenation
 - b. Decreased cerebral perfusion
 - c. Direct cerebral injury
 - d. Alcohol / drugsAlways rule out hypoxemia and hypovolemia first.
- Reevaluation

✧ **Pitfalls** :

- Lucid interval of acute EDH, reevaluation is important.

Exposure / Environment Control

- ✧ Completely undressed the patient.
- ✧ Prevent hypothermia (warmed blankets, fluids & bear huggers)
- ✧ Injured patients may arrive in hypothermic condition
- ✧ Log-roll

➤ **RESUSCITATION**

✧ To reverse immediately life-threatening situations and maximize patient survival

TREATMENT PRIORITY	NECESSARY PROCEDURE
A irway	1. Jaw thrust/chin lift/ 2. Suction 3. Intubation 4. Cricothyroidotomy (with protection of C-spine)
B reathing/Ventilation/oxygenation	1. Chest needle decompression 2. Tube thorocostomy 3. Supplemental oxygen 4. Seal an open pneumothorax
C irculation/hemorrhage control	1. IV line/ central line 2. IO line/ Venous cut down 3. Fluid resuscitation/Blood transfusion 4. Thorocostomy for massive hemothorax 5. Pericardiocentesis for cardiac tamponade
D isability	1. Burr holes for trans-tentorial herniation (only by neurosurgeon) 2. IV mannitol
E xposure/ E nvironment	1. Warmed crystalloid fluid 2. Warmed blankets 3. Temperature

➤ **ADJUNCTS TO PRIMARY SURVEY AND RESUSCITATION**

- ✧ Electrocardiographic Monitoring.
- ✧ Urinary Catheter
- ✧ Gastric Catheter
- ✧ Monitoring
 - ABG
 - Pulse oximeter
 - Blood pressure
- ✧ X-rays
 - AP CXR
 - AP pelvis
 - C-spine
- ✧ Diagnostic peritoneal lavage
- ✧ Abdominal ultrasonography (FAST)

➤ **CONSIDER NEED FOR PATIENT TRANSFER**

➤ **SECONDARY SURVEY**

- ✧ The secondary survey does not begin until:
 - the primary survey is completed,
 - resuscitation efforts are well established,
 - The patient is demonstrating normalization of vital functions.
- ✧ Head-to-toe evaluation
- ✧ Complete history and Physical Examination
- ✧ Reassessment of all vital signs.
- ✧ Complete Neurological Examination.
- ✧ Indicated x-rays are obtained.
- ✧ Special procedures
- ✧ Tubes and fingers in every orifice

- ✧ **History:**
 - A**MPLE history
 - A**llergies
 - M**edications currently used
 - P**ast illness/ **P**regnancy
 - L**ast meal
 - E**vents/ **E**nvironment related to the injury
 - Mechanism/blunt/penetrating/burns/cold/hazardous environment
- ✧ **Pitfalls:**
 - Facial edema in patients with massive facial injury or patients in coma can preclude a complete eye examination.
 - Blunt injury to the neck may produce injuries in which clinical signs and symptoms develop late.(e.g. Injury to the intima of the carotid artery.)
 - The identification of cervical nerve root/brachial plexus injury may not be possible in the comatose patient.
 - Decubitus ulcer from immobilization on a rigid spine board/cervical collar.
 - Children often sustain significant injury to the intrathoracic structures without evidence of thoracic skeletal trauma.
 - A normal initial examination of the abdomen does not exclude a significant intraabdominal injury.
 - Patients with impaired sensorium secondary to alcohol/drugs are at risk.
 - Injury to the retroperitoneal organs may be difficult to identify.
 - Female urethral injury is difficult to detect.
 - Blood loss from pelvic fractures can be difficult to control and fatal hemorrhage may result (use pelvic binder to temporarily control the hemorrhage or embolization)
 - Fractures involving the bones of extremities are often not diagnosed.
 - Most of the diagnostic and therapeutic maneuvers increase ICP.

➤ **ADJUNCTS TO THE SECONDARY SURVEY**

These specialized tests should not be performed until the patient's hemodynamic status has been normalized and the patient has been carefully examined.

- ✧ Additional x-rays of the spine and extremities
- ✧ CT of the head, chest, abdomen, and spine
- ✧ Contrast urography
- ✧ Angiography
- ✧ Bronchoscopy
- ✧ Esophagoscopy
- ✧ Others

➤ **REEVALUATION**

- ✧ The trauma patient must be reevaluated constantly to assure that new findings are not overlooked.
- ✧ A high index of suspicion
- ✧ Continuous monitoring of vital signs and urinary output is essential.
- ✧ ABG/cardiac monitoring/ pulse oximetry
- ✧ Pain relieve- IV opiates/anxiolytics.

➤ **DEFINITIVE CARE**

- ✧ Transfer to a trauma center or closest appropriate hospital.

➤ **TRAUMATIC SHOCK**

✧ **Recognition of Shock :**

- Early: Tachycardia and cutaneous vasoconstriction
- Normal heart rate varies with age, tachycardia is present when
 - Infant: >160 BPM
 - Preschool age child: >140 BPM
 - School age to puberty: >120 BPM
 - Adult: >100 BPM
- The elderly patient may not exhibit tachycardia because of the limited cardiac response to catecholamine stimulation / use of medications

✧ **Differentiation of shock:**

- **Hemorrhagic shock** □ hypovolemic shock
- **Non-hemorrhagic shock:**
 - a. Cardiogenic shock: Blunt cardiac injury, cardiac tamponade, air embolus, myocardial infarction.
 - b. Tension pneumothorax
 - c. Neurogenic shock
 - d. Septic shock
 - e. Spinal shock

✧ The normal blood volume of adult is 7 % of body weight. Whereas that of a child is 8-9% of body weight.

✧ **Estimated Fluid and Blood Losses: (For a 70-kg man)**

	Class I	Class II	Class III	Class IV
Blood Loss (ml)	Up to 750	750-1500	1500-2000	>2000
Blood Loss (% Blood Volume)	Up to 15 %	15-30 %	30-40 %	>40 %
Pulse Rate	<100	>100	>120	>140
Blood Pressure	Normal	Normal	Decreased	Decreased
Pulse Pressure (mmHg)	Normal or increased	Decreased	Decreased	Decreased
Respiratory Rate	14-20	20-30	30-40	> 35
Urine Output (mL/hr)	>30	20-30	5-15	Negligible
CNS/Mental status	Slightly anxious	Mildly anxious	Anxious, Confused	Confused, lethargy
Fluid Replacement (3:1 rule)	Crystalloid	Crystalloid	Crystalloid and blood	Crystalloid and blood

✧ **Fluid Therapy:**

- **Fluid bolus:** 1-2 liters for an adult and 20mL/kg for a pediatric patient
- **3:1 rule**
- **39 °C** (1 liter fluid, microwave, high power, 2 minutes)

✧ **Blood Replacement:**

- PRBC/Whole blood
- Cross-matched/type-specific/ type O blood (O-ve for female childbearing age the rest O+ve)
- FFP
- Platelets
- Massive Transfusion Protocol 1:1:1 (PRBC:Platelets:FFP)

✧ CVP monitoring

Thoracic Trauma

➤ **PATHOPHYSIOLOGY**

- ✧ **1. Hypoxia:** a. Hypovolemia (blood loss); b. Pulmonary ventilation / perfusion mismatch (contusion, hematoma, alveolar collapse); c. Changes in intrathoracic pressure relationships (tension pneumothorax, open pneumothorax)
- ✧ **2. Hypercarbia:** a. Inadequate ventilation due to changes in intrathoracic pressure; b. Depressed level of consciousness
- ✧ **3. Metabolic acidosis:** Hypoperfusion of the tissues (shock)

➤ **ASSESSMENT & MANAGEMENT:**

- ✧ Must consist of:
 1. Primary survey
 2. Resuscitation of vital functions
 3. Detailed secondary survey
 4. Definitive care

➤ **PRIMARY SURVEY (Life-threatening injuries)**

✧ **Airway:**

- **Recognition of:** Stridor, change of voice quality, obvious trauma
- **Major problems:**
 1. Foreign Body obstructions,
 2. Laryngeal injury,
 3. Posterior dislocation / fracture dislocation of the sternoclavicular joint.
- **Management:** Establishing a patent airway/ ET intubation; closed reduction.

✧ **Breathing:**

- **Recognition of:** Neck vein distention, respiratory effort and quality changes, cyanosis
- **Major problems:**
 1. Tension pneumothorax:
 - ✎ Clinical diagnosis
 - ✎ Chest pain, air hunger, respiratory distress, tachycardia, hypotension, tracheal deviation, unilateral absence of breath sounds, neck vein distention, cyanosis. (V.S. cardiac tamponade)
 - ✎ Hyperresonant percussion.
 - ✎ Immediate decompression: Needle decompression/ chest tube.
 2. Open pneumothorax:
 - ✎ 2/3 of the diameter of the trachea – impaired effective ventilation
 - ✎ Sterile occlusive dressing, taped securely on 3 sides.
 - ✎ Chest tube (remote)
 3. Flail chest:
 - ✎ ≥ 2 ribs fractured in two or more places.
 - ✎ Severe disruption of normal chest wall movement.
 - ✎ Paradoxical movement of the chest wall.
 - ✎ Crepitus of ribs.
 - ✎ The major difficulty is underlying lung injury (pulmonary contusion)
 - ✎ Pain.
 - ✎ Adequate ventilation, humidified oxygen, fluid resuscitation.
 - ✎ The injured lung is sensitive to both underresuscitation of shock and fluid overload.
 4. Massive hemothorax:
 - ✎ Compromise respiratory efforts by compression, prevent adequate ventilation.

✧ **Circulation:**

- **Assessment:** Pulse quality, rate and regularity. BP, pulse pressure, observing and palpating the skin for color and temperature. Neck veins.
- **Important notes:** Neck veins may not be distended in the hypovolemic patient with cardiac tamponade, tension pneumothorax, or traumatic diaphragmatic injury.
- **Monitor with:** Cardiac monitor/pulse oximeter.
- **Major problems:**
 1. Massive hemothorax:
 - ✎ Rapid accumulation of > 1500 mL of blood in the chest cavity.
 - ✎ Hypoxia

- ✎ Neck veins may be flat secondary to hypovolemia
 - ✎ Absence of breath sounds and/or dullness to percussion on one side of the chest
 - ✎ Management: Restoration of blood volume and decompression of the chest cavity.
 - ✎ Indication of thoracotomy: a. Immediately 1500 mL of blood evacuated. b. 200mL/hr for 2-4 hrs. c. Patient's physiology status. d. Persistent blood transfusion requirements.
2. Cardiac tamponade:
- ✎ Beck's triad: venous pressure elevation, decline in arterial pressure, muffled heart sounds.
 - ✎ Pulsus paradoxicus.
 - ✎ Kussmaul's sign.
 - ✎ PEA
 - ✎ Echocardiogram.
 - ✎ Management: Pericardiocentesis.

➤ **RESUSCITATIVE THORACOTOMY**

- ✧ Left anterior thoracotomy
- ✧ The therapeutic maneuvers that can be effectively accomplished with a resuscitative thoracotomy are:
 - Evacuation of pericardial blood causing tamponade.
 - Direct control of exsanguinating intrathoracic hemorrhage
 - Open cardiac massage
 - Cross cramping of the descending aorta to slow blood loss below the diaphragm and increase perfusion to the brain and heart.

➤ **SECONDARY SURVEY:**

- ✧ Further in-depth Physical Examination, Chest x-rays (PA), ABG, Monitoring.
- ✧ Eight lethal injuries are considered:
 1. Simple pneumothorax
 2. Hemothorax
 3. Pulmonary contusion
 4. Tracheobronchial three injuries
 5. Blunt cardiac injuries
 6. Traumatic aortic disruption
 7. Traumatic diaphragmatic injury
 8. Mediastinal traversing wounds.

Simple Pneumothorax

- ✧ Breath sounds are decreased on the affected side. Percussion demonstrates hyper-resonance.
- ✧ CXR
- ✧ Chest tube insertion □ F/U CXR..
- ✧ Never use general anesthesia or positive pressure ventilation to patient who sustains traumatic pneumothorax until a chest tube is inserted.

Hemothorax

- ✧ Lung laceration/ intercostal vessel laceration/ Internal mammary artery Laceration.
- ✧ Chest tube
- ✧ Guide line of surgical exploration.

Pulmonary Contusion

- ✧ Respiratory failure.
- ✧ Patients with significant hypoxia should be intubated.
- ✧ Monitoring.

Tracheobronchial Tree Injury

- ✧ Hemoptysis, subcutaneous emphysema, tension pneumothorax with a mediastinal shift.
- ✧ Pneumothorax associated with a persistent large air leak after tube thoracostomy (large leak needing >2 chest tubes)
- ✧ Bronchoscopy
- ✧ Opposite main stem bronchial intubation.
- ✧ Intubation may be difficult □ operative intervention

Blunt Cardiac Injury

- ✧ Result in: Myocardial muscle contusion, cardiac chamber rupture, valvular disruption.
- ✧ Hypotension, ECG abnormalities, wall-motion abnormality
- ✧ ECG: PVCs, sinus tachycardia, Atrial fibrillation, RBBB, ST segment changes.
- ✧ Elevated CVP.
- ✧ Monitor.

Traumatic Aortic Disruption

- ✧ High index of suspicion
- ✧ Adjunctive radiological signs:
 - Widened mediastinum
 - Obliteration of the aortic knob
 - Deviation of the trachea to the right
 - Obliteration of the space between the pulmonary artery and the aorta

- Depression of the left main bronchus
- Deviation of the esophagus to the right
- Widened paratracheal stripe
- Widened paraspinal interfaces
- Presence of a pleural or apical cap
- Left hemothorax
- Fractures of the first or second rib or scapula.
- ✧ Angiography is the gold standard.
- ✧ OR critical.

Traumatic Diaphragmatic Injury

- ✧ More commonly diagnosed on the left side
- ✧ NG tube
- ✧ Upper GI series x-rays
- ✧ Direct repair.

Mediastinal Traversing Wounds

- ✧ Surgical consultation is mandatory.
- ✧ Hemodynamic abnormality: thoracic hemorrhage, tension pneumothorax, pericardial tamponade.
- ✧ Mediastinal emphysema: esophageal or tracheobronchial injury.
- ✧ Mediastinal hematoma: great vessel injury.
- ✧ Spinal cord.
- ✧ For stable patient.
 - Angiography
 - Water-soluble contrast esophagography
 - Bronchoscopy
 - CT
 - Ultrasonography.

Others

- ✧ **Subcutaneous emphysema**
- ✧ **Traumatic Asphyxia**
 - Compression of the SVC.
 - Upper torso, facial and arm plethora.
- ✧ **Rib, Sternum, and Scapular fractures.**
- ✧ **Blunt esophageal Rupture**

Abdominal Trauma

➤ Mechanism of Injury:

✧ Blunt Trauma:

- Spleen, liver, retroperitoneal hematoma

✧ Penetrating Trauma:

- Stab: Liver, small bowel, diaphragm, colon
- Gunshot: small bowel, colon, liver, abdominal vascular structures.

➤ Assessment:

✧ History.

✧ Physical Exam:

□ Inspection

□ Auscultation:

1. Bowel sounds

□ Percussion

1. signs of peritonitis
2. Tympanic/ diffuse dullness

□ Palpation

1. Involuntary muscle guarding

□ Evaluation of penetrating wounds:

Determine the depth

□ Assessing pelvic stability:

Manual compression

□ Penile, perineal and rectal examination:



1. Presence of urethral tear.
2. Rectal exam: Blunt (sphincter tone, position of the prostate, pelvic bone fractures),
Penetration (sphincter tone, gross blood from a perforation)

□ Vaginal examination



□ Gluteal examination


✧ Intubation:

□ Gastric tube:

-  Relieve acute gastric dilatation.
-  Presence of blood

□ Urinary catheter:

-  Relieve urine retention
-  Monitoring urine output.

 **Caution:** The inability to void, unstable pelvic fracture, blood in the meatus, a scrotal hematoma, perineal ecchymosis, high-riding prostate.

✧ **X-rays studies:**

Blunt Trauma:

- ✎ Hemodynamically stable:
Supine/upright abdominal x-rays
Left lateral decubitus film

Penetrating Trauma:

- ✎ Hemodynamically stable:
Upright CXR.

✧ **Contrast Studies:**

- Urethrography**
- Cystography**
- IV Pyelogram**
- GI series**

✧ **Special diagnostic studies in blunt trauma:**

- DPL**
- Ultrasonography E-FAST (Extended Focused Assessment by Sonography in Trauma)**
- Computed tomography**

✧ **Special diagnostic studies in penetrating trauma:**

- Lower chest wounds**
- Anterior abdominal**
- Flank/back**

➤ **Indications For Laparotomy**

✧ **Based on abdominal evaluation**

- Blunt:** Positive DPL/ ultrasound
- Blunt:** Recurrent hypotension despite adequate resuscitation
- Peritonitis**
- Penetrating:** Hypotension
- Penetrating:** Bleeding from the stomach, rectum, GU tract.
- Gunshot wounds:** Traversing the peritoneal cavity
- Evisceration**

✧ **Based on x-rays studies:**

- Free air, retroperitoneal free air, rupture of the hemidiaphragm
- CT demonstrates ruptured organ/ GI tract.





➤ **Special Problems**

✧ **Blunt Trauma:**

- Diaphragm**
- Duodenum**
- Pancreas**
- Genitourinary**
- Small bowel**

✧ **Pelvic Fractures:**

Assessment:

-  The flank, scrotum and perianal area should be inspected
-  Blood at the urethral meatus, swelling/bruising/laceration in the peritoneum, vagina, rectum, or buttock open pelvic fracture
-  Palpation of a high-riding prostate gland.
-  Manual manipulation of the pelvis should be performed only once.