### **Common Pediatric Oncological Diseases**

Prof. Abdulrahman Alsultan

### **Objectives**

- Knowledge of childhood cancer epidemiology
- Knowledge of clinical manifestations, diagnostic approach, treatment overview, and prognosis of common childhood cancers.

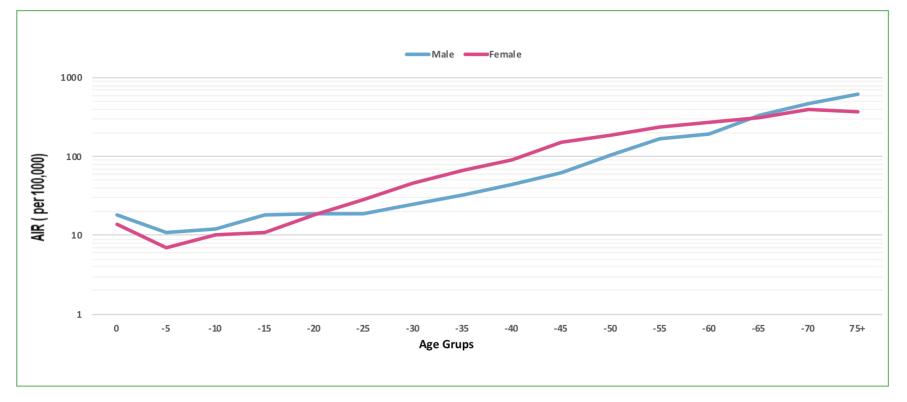
When to suspect childhood cancer

# Epidemiology

- Childhood cancer is rare
- Cancer incidence in among US children aged 0-14 years was 16.7/100,000 in 2012-2016 (SEER data).
- Cancer is the second leading cause of death in children (ACCIDENTS are number one)

# Epidemiology- Saudi Arabia

#### Figure 2.2: Age-Specific Incidence Rate (AIR) for all cancers among Saudis, 2015



National Health Information Center Saudi Cancer Registry

# Epidemiology- Saudi Arabia

#### Table 2.7.3: Top ten cancers reported among Saudi Adults by gender, 2015

Male	5036	%	Female	6275	%
Colorectal	808	16.0	Breast	1978	31.5
NHL	437	8.7	Thyroid	785	12.5
Prostate	340	6.7	Colorectal	655	10.4
Lung	323	6.4	Corpus Uteri	403	6.4
Liver	266	5.3	NHL	303	4.8
Leukaemia	262	5.2	Ovary	208	3.3
Hodgkin's lymphoma	226	4.5	Leukaemia	185	2.9
Thyroid	224	4.4	Hodgkin's lymphoma	144	2.3
Bladder	192	3.8	Stomach	131	2.1
Stomach	184	3.7	Cervix Uteri	102	1.6

# Epidemiology- Saudi Arabia

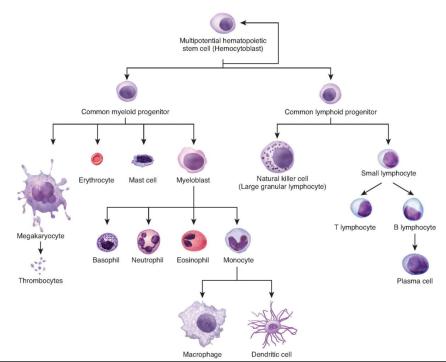
#### Table 2.8.2: Top ten cancers among Saudi Children, 2015

Site	No.	%
Leukaemia	255	35.0
Brain, CNS	89	12.2
NHL	89	12.2
Hodgkin's lymphoma	66	9.1
Kidney	43	5.9
Bone	32	4.4
Adrenal gland	28	3.8
Eye	26	3.6
Connective,Soft tissue	23	3.2
Ovary	12	1.6

## Causes of Childhood Cancer

- Mostly unknown.
- Genetic predisposition: e.g.
  - Down syndrome
  - Neurofibromatosis
  - Fanconi anemia
  - Li-Fraumeni syndrome (germline P53 mutation)
- Environmental factors:
  - Ionizing radiation or radiotherapy
  - Chemotherapy.
  - ? Infectious etiology
  - ? Chemical exposures e.g. pesticides, benzene

- Types:
  - Acute lymphoblastic leukemia (ALL)
  - Acute myelogenous leukemia (AML)
  - Chronic myelogenous (CML)



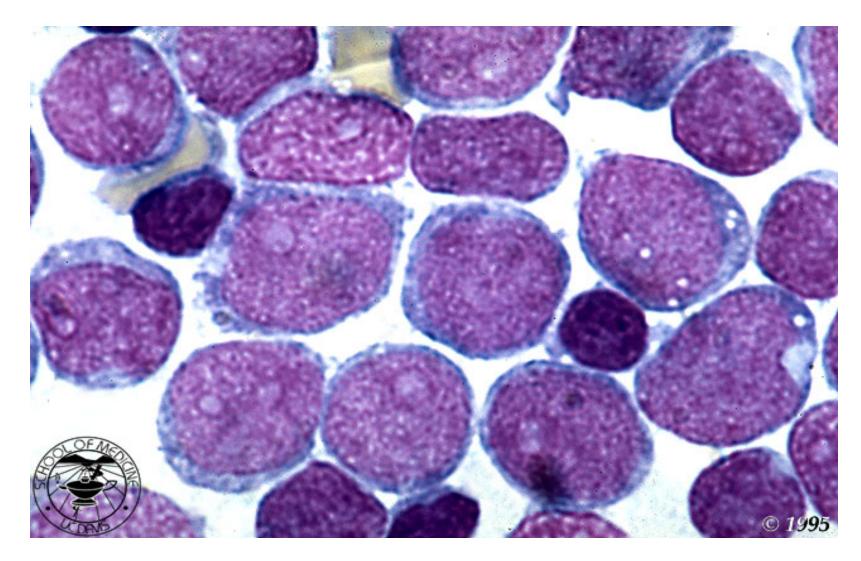
- Symptoms:
  - Lethargy
  - Fever/Infection
  - Bone/Joint pain
  - Bleeding
  - Anorexia
  - Abdominal pain
  - CNS signs

- Signs:
  - Pallor
  - Hepatosplenomegaly
  - Petechiae/Purpura
  - Lymphadenopathy.
  - Testicular involvement

- Workup:
  - CBC and differential
  - LFT, electrolytes (K, Ph), uric acid, LDH
  - CxR
  - Bone marrow study:
    - o Morphology
    - o Flow cytometry
    - o Molecular studies e.g. BCR-ABL
    - o Cytogenetics e.g. t (9;22)
  - Lumbar puncture

### FAB L1 Morphology

### Acute Myelogenous Leukemia



### FAB M1

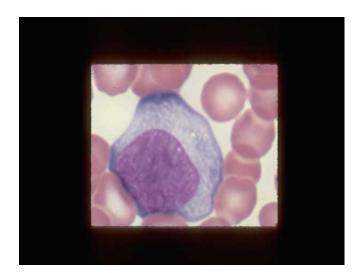
## Flow Cytometry

- B-ALL
  - CD10, CD19, CD20, CD22, CD79a, HLA-DR, CD34 & TdT
- T-ALL
  - CD2, CD3, CD5, CD7, CD1a, TdT
- AML
  - CD13, CD15, CD33, CD117, MPO, HLA-DR, CD34

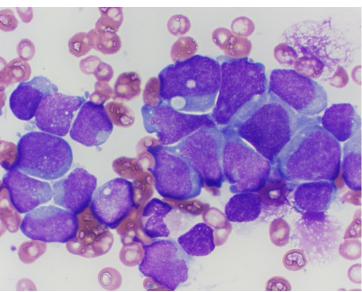
### **Prognostic Factors in ALL**

- NCI Risk Grouping
  - Std Risk: Age 1-9 yr and WBC <50,000/ $\mu$ l
  - High Risk: Age <1 or  $\geq$  10 yr and/or WBC  $\geq$  50k
- Immunophenotype
- Cytogenetics
- Response to induction therapy
- CNS disease

- Differential diagnosis:
  - o Non-malignant:
    - Infectious mononucleosis
    - JRA
    - ITP
    - Aplastic anemia
    - Pertusis



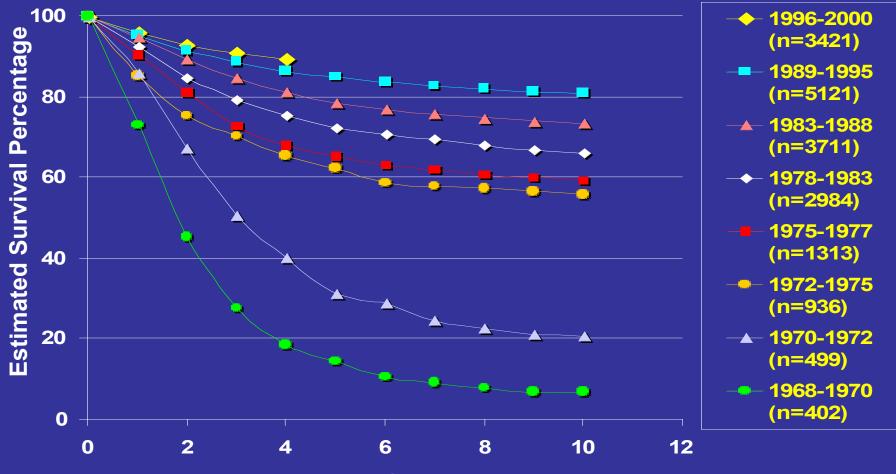
- Differential diagnosis:
  - o Malignant:
    - Lymphoma (BM blasts < 20%)
    - Neuroblastoma
    - Rhabdomyosarcoma



- Treatment:
  - Supportive care:
    - Tumor lysis syndrome (high uric acid/K/Ph)
    - Hyperleukocytosis
    - Superior vena cava syndrome
    - Infections
  - Chemotherapy
  - Cranial radiation if CNS positive
  - Hematopoietic stem cell transplant (rarely)



### Improved Survival in Childhood ALL



Years From Study Entry

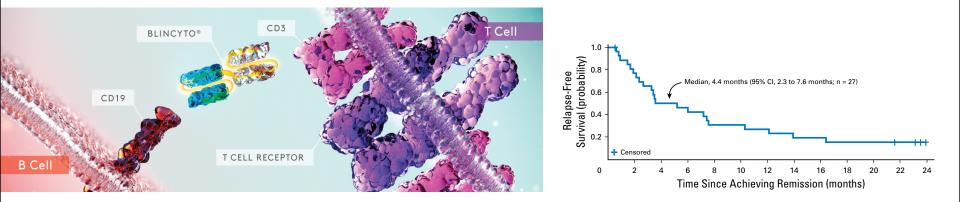
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#### JOURNAL OF CLINICAL ONCOLOGY

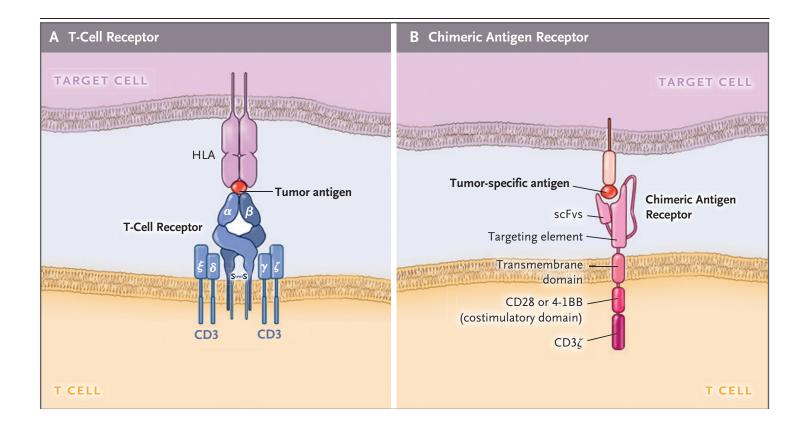
#### ORIGINAL REPORT

#### Phase I/Phase II Study of Blinatumomab in Pediatric Patients With Relapsed/Refractory Acute Lymphoblastic Leukemia

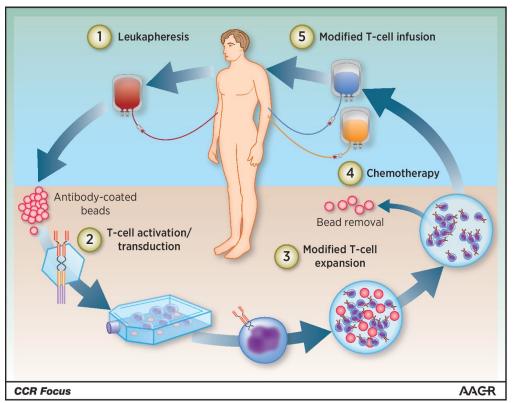
Arend von Stackelberg, Franco Locatelli, Gerhard Zugmaier, Rupert Handgretinger, Tanya M. Trippett, Carmelo Rizzari, Peter Bader, Maureen M. O'Brien, Benoît Brethon, Deepa Bhojwani, Paul Gerhardt Schlegel, Arndt Borkhardt, Susan R. Rheingold, Todd Michael Cooper, Christian M. Zwaan, Phillip Barnette, Chiara Messina, Gérard Michel, Steven G. DuBois, Kuolung Hu, Min Zhu, James A. Whitlock, and Lia Gore



### **Chimeric Antigen Receptor Therapy (CAR T-cell)**



### **CAR T-cell therapy**



- 1. Peripheral blood mononuclear cells are collected from the patient using a large-volume leukapheresis procedure.
- 2. The cells are then transferred to a GMP manufacturing facility for T cell engineering and expansion. Patient T cells are then incubated with CAR-encoding viral vectors, which enter the T cells and introduce CAR gene RNA. CAR RNA is then reverse-transcribed into DNA, which recombines into the T cell genome, resulting in permanent CAR gene incorporation.
- Transformed T cells undergo ex vivo expansion for multiple days, resulting in a product that is ~ 90% CD3+ T cells.
- 4. The cells are transferred back to the center for infusion after chemo depletion.

### **CAR T-cell therapy**

#### In Girl's Last Hope, Altered Immune Cells Beat Leukemia

#### By DENISE GRADY DEC. 9, 2012





Emma Whitehead, with her mother, Kari. Last spring, Emma was near death from acute lymphoblastic leukemia but is now in remission after an experimental treatment at the Children's Hospital of Philadelphia. Jeff Swensen for The New York Times

#### RELATED COVERAGE



An Experimental Treatment for Leukemia DEC. 9, 2012



Immune System, Loaded With Remade Tcells, Vanquishes Cancer SEPT. 12, 2011

### **CAR T-cell therapy**

A Duration of Remission 1.0 0.9 Probability of Continued Remission 0.8-0.7-0.6------0.5-0.4 0.3-0.2-No. of patients, 61 No. of events, 17 0.1-Median duration of remission, not reached 0.0-0 8 10 12 14 16 18 20 2 4 6 Months since Onset of Remission No. at Risk 61 54 43 33 23 18 0 8 7 3 1

22

## Brain tumors

- 2nd most common cancers in children
- Most common solid neoplasms
- 60-70% 5 year survival

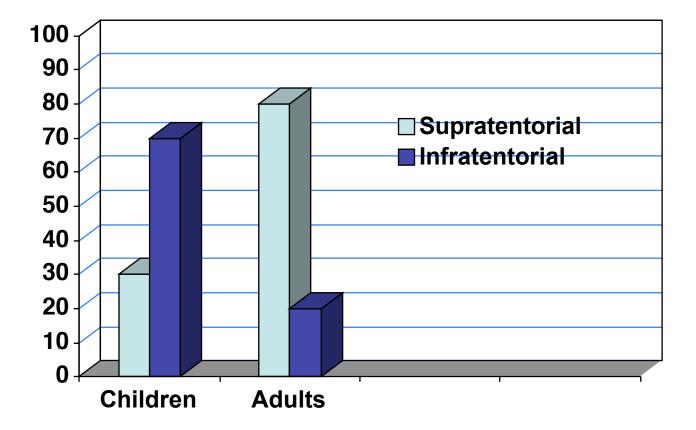
## Brain tumors

- Clinical presentation:
  - General and non-localizing symptoms

(e.g. headache, vomiting, behavioral changes, learning problems, weight loss/gain)

- Increased intracranial pressure
   (e.g. irritability, vomiting, bulging fontanelle, papilledema, parinaud syndrome)
- Localizing signs
   (depend on tumor location e.g. ataxia)

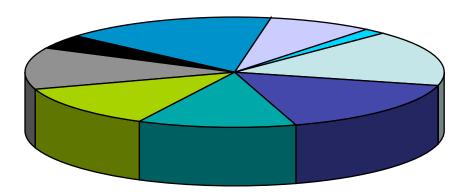
### **Brain Tumors: Distribution**



## **Brain tumors**

- Workup:
  - Brain MRI/Spine
  - CSF cytopathology
  - Surgical biopsy
  - CSF tumor markers (B-HCG/AFP) if germ cell tumor is suspected

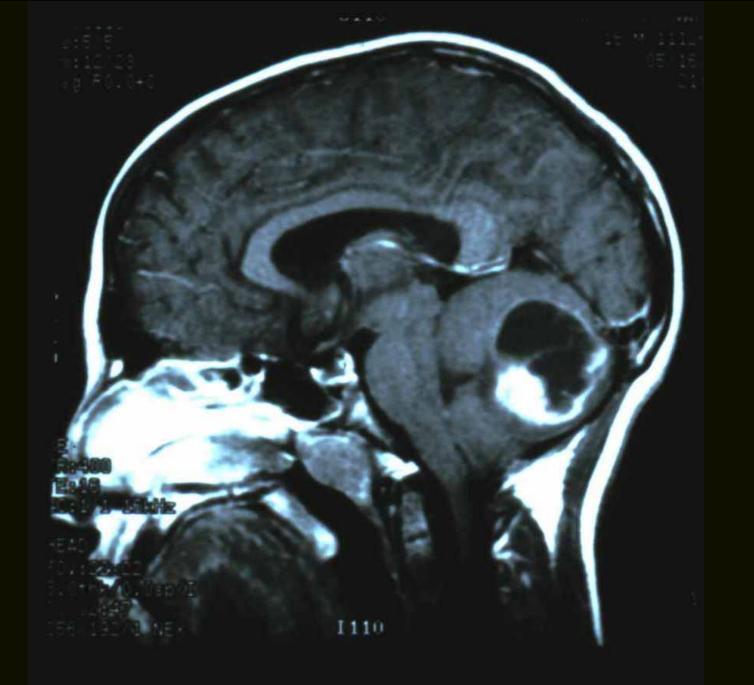
### Pediatric Brain Tumors: Distribution



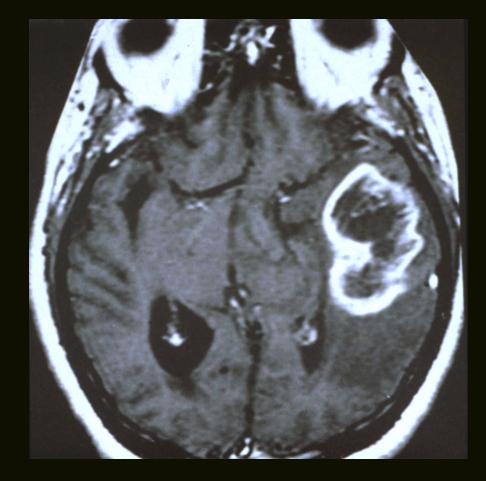
Medulloblastoma
Cerebellar Astro.
Ependymoma
Brain Stem Glioma
Other
Craniopharyngioma
Pilocytic/Low Grade
AA/GBM
Pineal Tumors

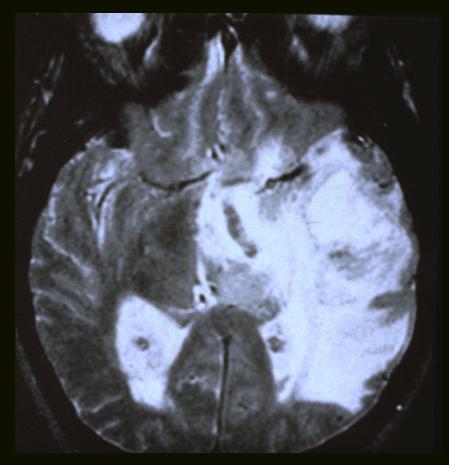
## Astrocytoma (Glioma)

- Low grade: good prognosis
  - WHO grade I (juvenile pilocytic astrocytoma)
  - WHO grade II (diffuse fibrillary astrocytoma)
- High grade: v. poor prognosis
  - WHO grade III (anaplastic astrocytoma)
  - WHO grade IV (Glioblastoma multiforme)









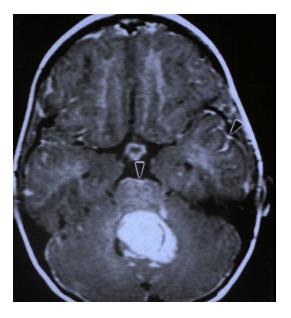
### Medulloblastoma

- Location: posterior fossa (PNET).
- Staging: M0= non-metastatic

M1= mets to CSF

- M2= mets within brain
- M3= mets to spinal cord

M4= mets outside brain.

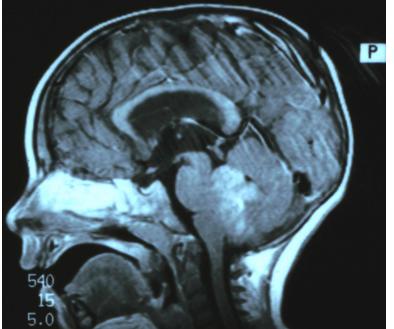


 Prognosis: 85% survival (non metastatic) 50% survival (metastatic)

## Ependymoma

- Site: ventricular lining
- Prognosis: 50-60% if fully resected

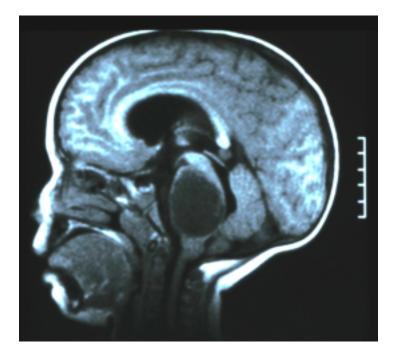
0-10% if not fully resected



## Brain stem glioma

• Diffuse pontine glioma:

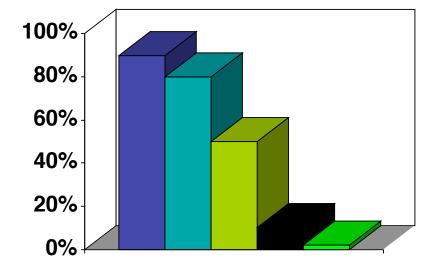
– Aggressive in 6-18 months after radiation



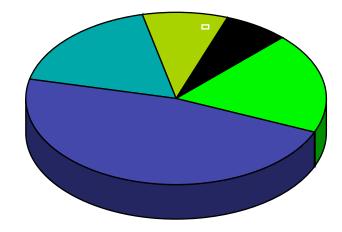
## Brain tumors

- Treatment:
  - Surgery
    - Needed for diagnosis in most cases (exceptions: BSG, GCT)
    - Gross total resection is the ideal
    - Supportive measures e.g. shunts,
  - Radiotherapy
  - Chemotherapy
    - Used as adjuvant therapy in most cases
    - Particularly efficacious in GCT and medulloblastoma
    - In < 3 y/o children to avoid radiation (High dose chemotherapy followed by autologus stem cell transplant)

## Pediatric Brain Tumors: Survival/Frequency

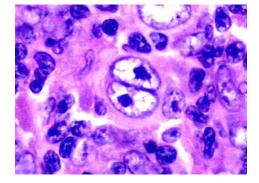


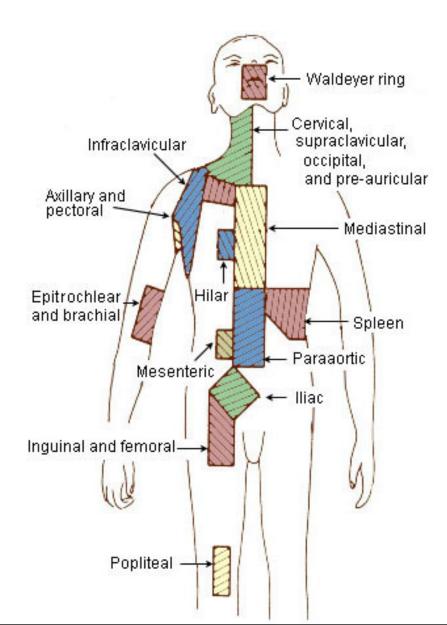
Low Grade/Pilocytic Medulloblastoma (standard risk) Ependymoma Glioblastoma Multiforme Brain Stem Glioma



## Hodgkin Lymphoma

- Bimodal Mid-20's and after 50 yr..
  - Rarely < 5 yr</li>
- Classical Hodgkin Lymphoma (cHL)
  - Nodular sclerosis (NS)
    - Most common histology in children/adolescents
    - 80% of cases 10-19yr
  - Mixed Cellularity (MC)
    - more common in < 10yr
    - Majority are EBV(+)
  - Lymphocyte Deplete
    - Rare in children, more common in HIV --infected patients
  - Lymphocyte-rich





### **Ann Arbor Staging**

- Stage I single site/nodal region of involvement
- Stage II 2 or more sites/nodal regions on same side of diaphragm
- Stage III Sites/nodal regions involved on both sides of diaphragm
- **Stage IV** diffuse or disseminated involvement in one or more extralymphatic organs
- (E) designation for extralymphatic involvement in any stage
- (S) splenic involvement

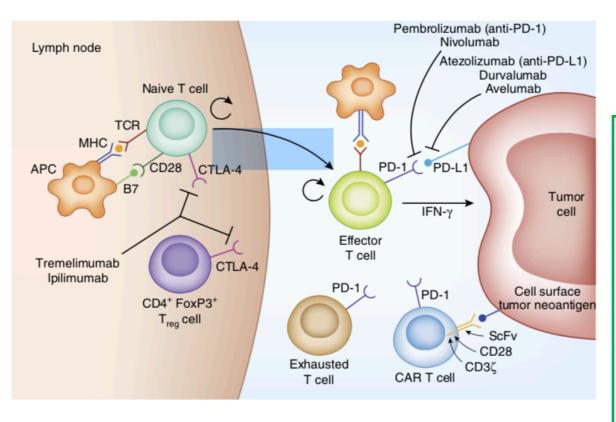
- "A" no associated symptoms
- "B"
  - Fever (>38° C) usually > 3 consecutive days
  - Unexplained weight loss of 10% preceding 6 months
  - "Drenching" night sweats
- "X" bulky disease
  - mediastinum <u>></u> 1/3 intrathoracic diameter
  - > 10 cm other nodal site
- "E" extranodal involvement
- Pruritus
- Alcohol-induced pain
- Autoimmune disorders e.g. ITP

# Lymphoma

- Workup:
  - Labs
    - CBC
    - ESR/CRP
    - Renal and hepatic function
    - LDH and uric acid
  - Lymph node biopsy
  - CT neck, chest, abdomen, pelvis
  - Bone marrow biopsy (Bilateral biopsies)
  - PET scan

- Treatment:
  - 90-95% of all children/adolescence with HD can be cured
  - Multi-agent chemotherapy given in short, pulsed cycles of chemotherapy.
    - Radiation involved field (15 25 Gy)
  - Goal is now to minimize late effects

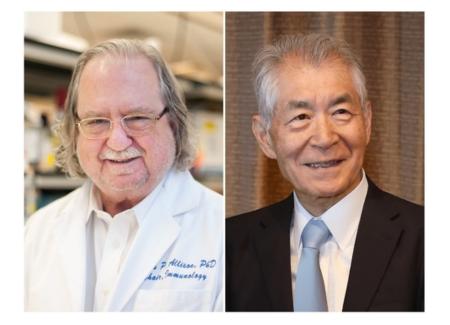
# **Immune Tolerance in Cancer**



Both PD-1/PD-L1 and CTLA-4 create a checkpoint on the immune system to maintain self-tolerance and prevent autoimmune disorders in normal cells. However, this leads to immune evasion in cancer.

June et. al. Nat. Med. 23, 540–547 (2017)

#### **Unleashing the Immune System to Conquer Cancer**

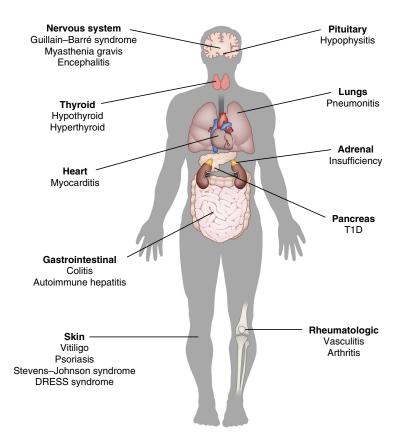


The Nobel Prize in Physiology or Medicine 2018 was awarded to both James P. Allison from the United States and Tasuku Honjo from Japan for "for their discovery of cancer therapy by inhibition of negative immune regulation" which is related to their work on PD-1 and CTLA-4

#### **Approved Indications of checkpoint inhibitors**

Table 1: FDA approved indications for checkpoint inhibitors as of December 2018							
Cancer type	lpilimumab	Pembrolizumab	Nivolumab	Cemiplimab-rwlc	Atezolizumab	Durvalumab	Avelumab
Advanced melanoma	р	р	р				
Recurrent/metastatic head and neck squamous cell carcinoma		р	р				
Metastatic non-small cell lung cancer		р	р		р	р	
Refractory/relapsed classical Hodgkin lymphoma		р	р				
Advanced/metastatic urothelial carcinoma		р	р		р	р	р
Advanced/metastatic solid tumor with microsatellite instability/ mismatch repair deficiency		р					
Advanced/metastatic gastric cancer		р	р				
Recurrent/metastatic cervical cancer		р	р				
Refractory/relapsed primary mediastinal large B-cell lymphoma		р	р				
Hepatocellular carcinoma previously treated with sorafenib		р	р				
Advanced renal cell carcinoma	р		р				
Advanced/metastatic colon cancer with microsatellite instability/ mismatch repair deficiency	р		р				
Advanced/metastatic cutaneous squamous cell carcinoma				р			
Metastatic merkel cell carcinoma		р					р

#### Autoimmunity is a major side effect of Checkpoint inhibitors

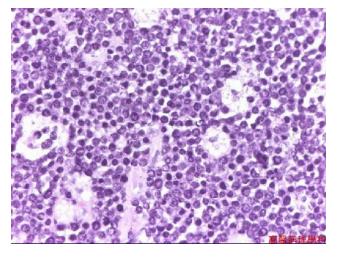


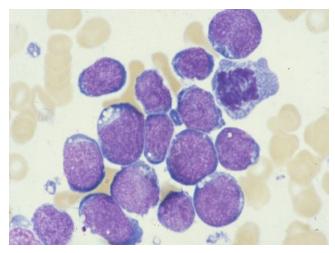
June et. al. Nat. Med. 23, 540–547 (2017)

### Non-Hodgkin Lymphoma

- No peak in incidence
- Immunodeficiency (10-100x increased risk over general population)
  - Inherited or Acquired (HIV, post-transplant)
  - Often EBV associated
  - NHL in < 3 years of age suspect immunodeficiency</li>
- Environmental Exposures
  - Insecticides/pesticides adult NHL only
  - Viruses EBV (endemic malaria regions and Burkitt lymphoma and immunodeficiency)

## **Burkitt Lymphoma**





- Mature B-cell (TdT-), CD10(+/-), CD19(+), CD20(+), slg (+)
- C-MYC (+)
- Burkitt leukemia (B-ALL) (20% of cases)
  - treated same as lymphoma
- Abdominal disease most common presentation
- Head & neck second most common site
- Extranodal disease very common
- Very rapidly growing (t<sub>1/2</sub> = 18-24 hr)

### Treatment

- Potential Complications:
  - Superior vena cava syndrome
    - Sx: Cough, dyspnea, orthopnea, dysphagia, wheezing, hoarseness, facial edema, chest pain.
    - Treatment
      - Tissue diagnosis if possible
      - Emergency XRT +/- steroids
  - Tumor lysis syndrome
- Treatment: Chemotherapy

# Neuroblastoma

- Second most common solid neoplasm in childhood
- Originates from neural crest tissue (sympathetic nerve pathway)
- Median age of diagnosis is 22 months
- > 95% of cases are diagnosed before 10 years of age
- Clinical Presentation:
  - Asymptomatic mass (e.g. abdomen or chest)
  - Horner's Syndrome
  - Spinal Cord Compression (medical emergency)
  - "Racoon eyes"
  - Hepatomegaly
  - Systemic symptoms (hypertension, intractable diarrhea (VIP), opsoclonus/myoclonus)
  - Bone pain
  - Skin lesions



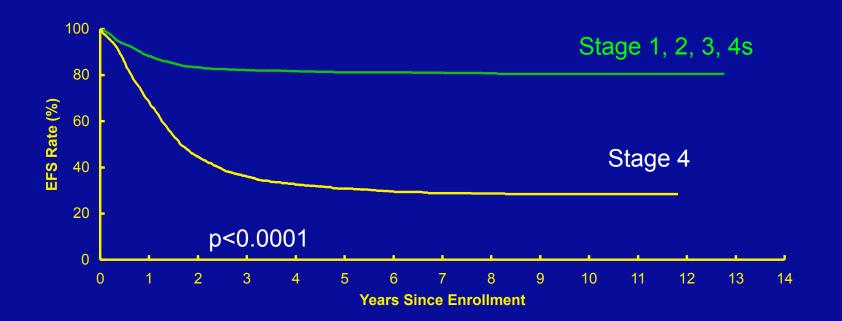


# Neuroblastoma

- Workup:
  - Urine catecholamine levels (VMA/HVA)
  - Imaging (CT/MRI, CxR, MIBG)
  - Biopsy: MYCN
  - Bone marrow
  - Bone scan

#### Event-Free Survival by INSS Stage Cooperative Group Studies (CCG,POG,COG)

London W.B. COG Statistics and Data Center 1986-2001 (n=3,432)



# Neuroblastoma

- Treatment:
  - Low risk: Surgery +/- chemotherapy
  - Intermediate risk: surgery + chemotherapy
  - High risk: Challenging

(High dose chemo/ autologus stem cell transplant + surgery + radiation+immunotherapy)

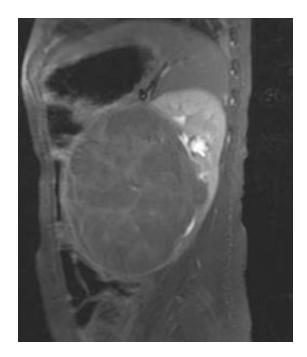
- Screening:
  - Urine VMA/HVA measured in infants e.g. Japan
  - Increased rates of diagnosis but <u>NO</u> decrease in mortality
  - Spontaneous remission

# Wilms tumor

- Most common primary malignant renal tumor of childhood
- 5-10% of patients have bilateral tumors
- Median age at presentation:
  - Unilateral tumors: 44 months
  - Bilateral tumors: 31 months
- Clincial features:
  - Asymptomatic upper abdominal mass
  - Abdominal pain (20-30%)
  - Fever (20-30%)
  - Anemia
  - Hematuria (20-30%)
  - Hypertension (25%)

# Wilms tumor

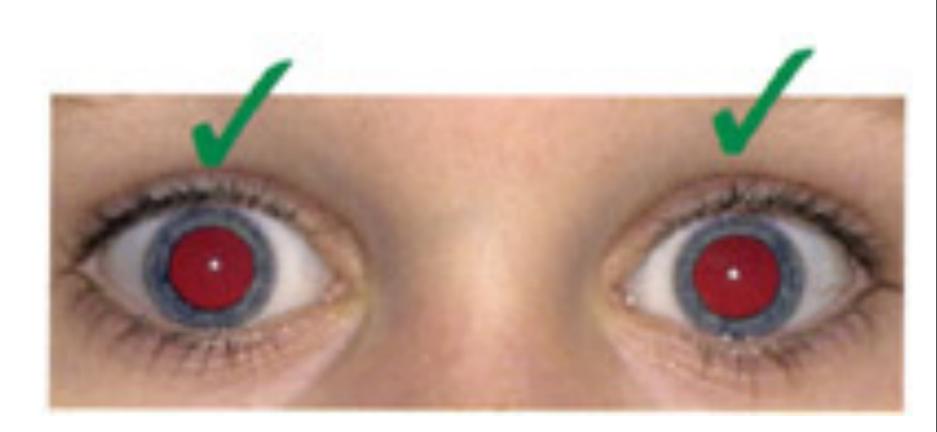
- Associated anomalies:
  - WAGR syndrome (wilms tumor, aniridia, genitourinary malformation, mental retardation)
  - Hemihypertrophy and Beckwith-Wiedemann syndrome
- Workup:
  - CBC, renal and liver functions
  - CT abdomen
  - CxR/CT chest



# Wilms tumor

- Prognostic Factors:
  - Stage
  - Histology (anaplasia=unfavorable histology)
  - Tumors cytogenetics
- Treatment:
  - Surgery
  - Chemotherapy
  - Radiotherapy





# Retinoblastoma

- US: 300 new cases/year
- Non-hereditary, unilateral:
  - 60-75% of cases
  - 2-3 yrs of age
- Hereditary, bilateral:
  - Germline mutation of RB1
  - 25-40% of cases
  - 6-18 months of age
- Workup:
  - Examination under anesthesia
  - MRI orbit and brain
  - Bone scan, BM, and CSF in advanced disease
- Treatment:
  - Priorities: Cure > eye salvage > vision preservation
  - +/- adjuvant chemotherapy +/- Radiotherapy +/- focal therapy +/-Enucleation