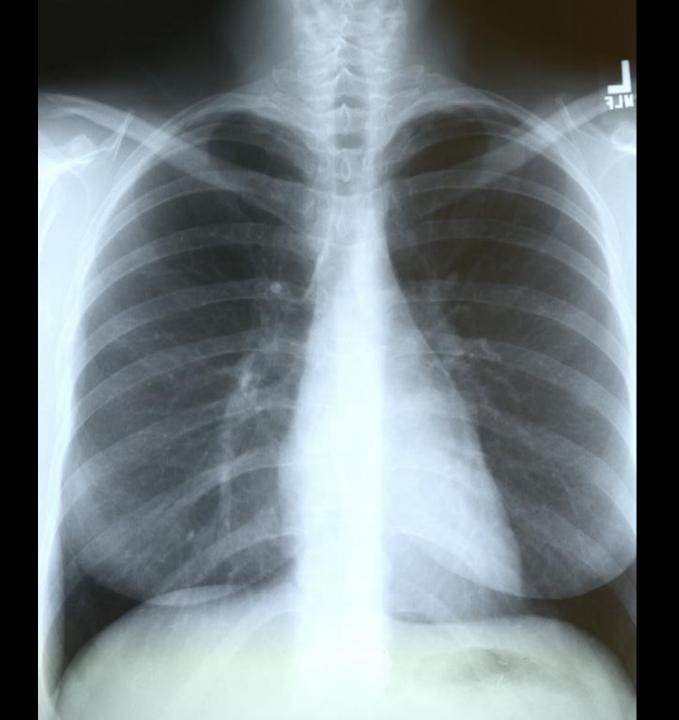
Chest X-rays

Chest X ray

 is the most commonly performed diagnostic xray examination.

Images

- heart, lungs, airways, blood vessels and the bones of the spine and chest.
- Easily and readily available
- It's non-invasive
- Cheap



The 12-Step Program

- 1: Name
- 2: Date
- 3: Old films
- 4: What type of **view(s)**
- **5**: Penetration
- 6: Inspiration
- 7: Rotation
- 8: Angulation
- 9: Soft tissues / bony structures
- 10: Mediastinum
- **11**: Diaphragms
- 12: Lung Fields

Pre-read

Quality Control

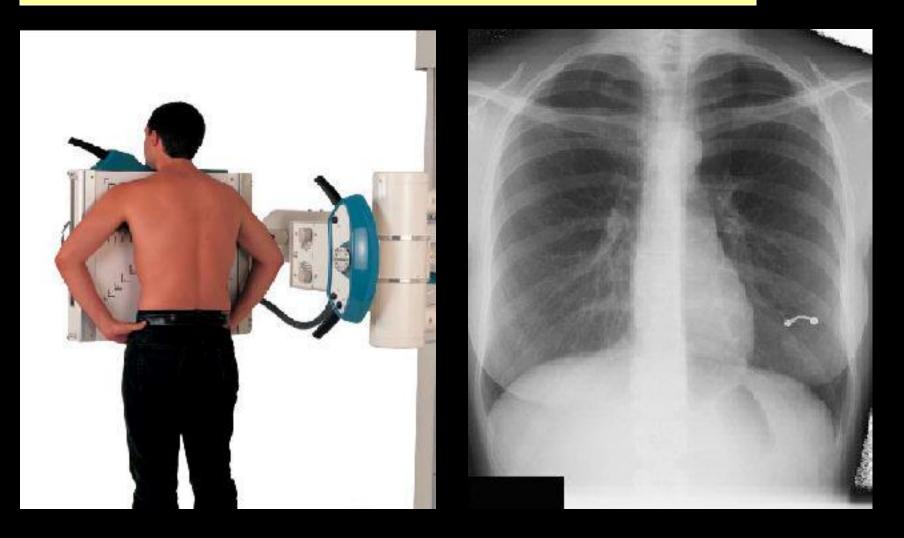


Pre-Reading

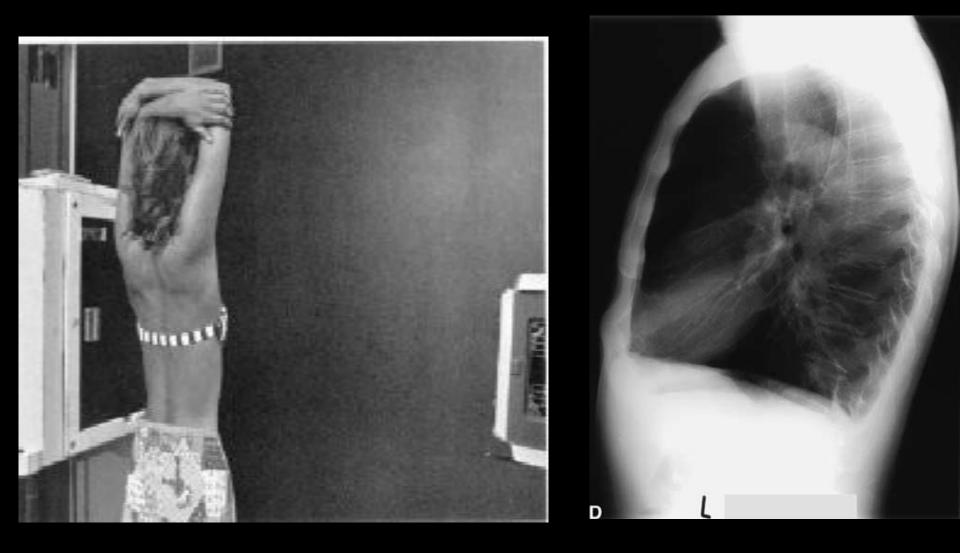
- 1. Check the name
- 2. Check the date
- 3. Obtain old films if available
- 4. Which **view(s)** do you have?
 - PA / AP, lateral, decubitus, AP lordotic

lechniques - Projection

•P-A (relation of x-ray beam to patient)

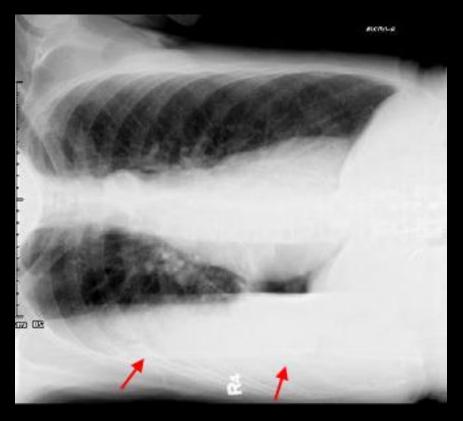


(continued)



(continued) ισμοιιστι

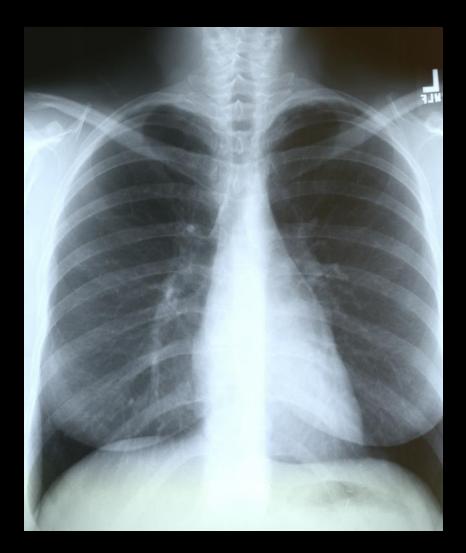




Quality Control

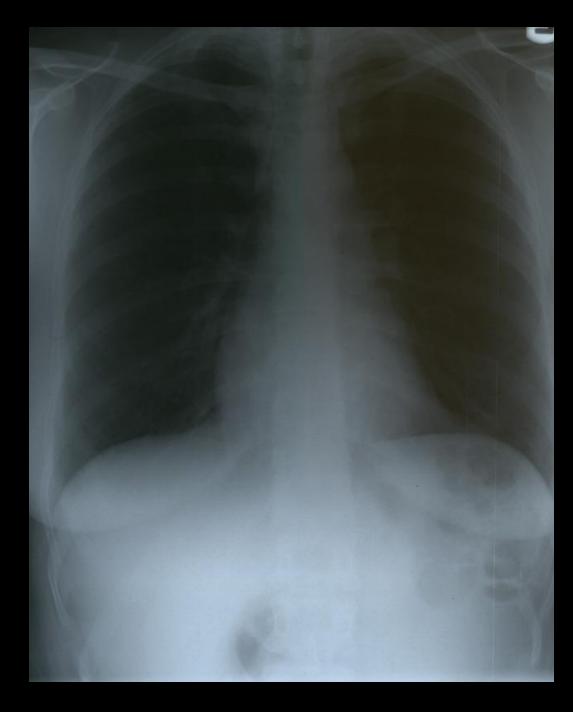
• 5. Penetration

- Should see ribs through the heart
- Barely see the spine through the heart
- Should see pulmonary vessels nearly to the edges of the lungs



Overpenetrated Film

- Lung fields darker than normal—may obscure subtle pathologies
- See spine well beyond the diaphragms
- Inadequate lung detail



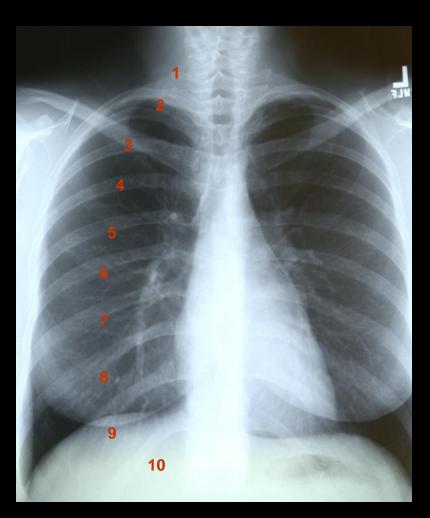
Underpenetrated Film

- •Hemidiaphragms are obscured
- •Pulmonary markings more prominent than they actually are



Quality Control

- 6. Inspiration
 - Should be able to count 9-10 posterior ribs
 - Heart shadow should not be hidden by the diaphragm



Poor inspiration can crowd lung markings producing pseudo-airspace disease

About 8 posterior ribs are showing

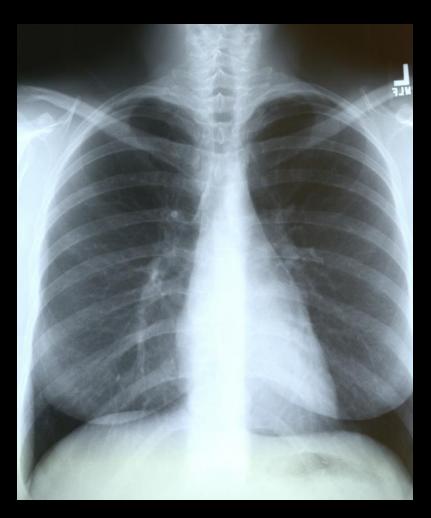
With better inspiration, the "disease process" at the lung bases has cleared

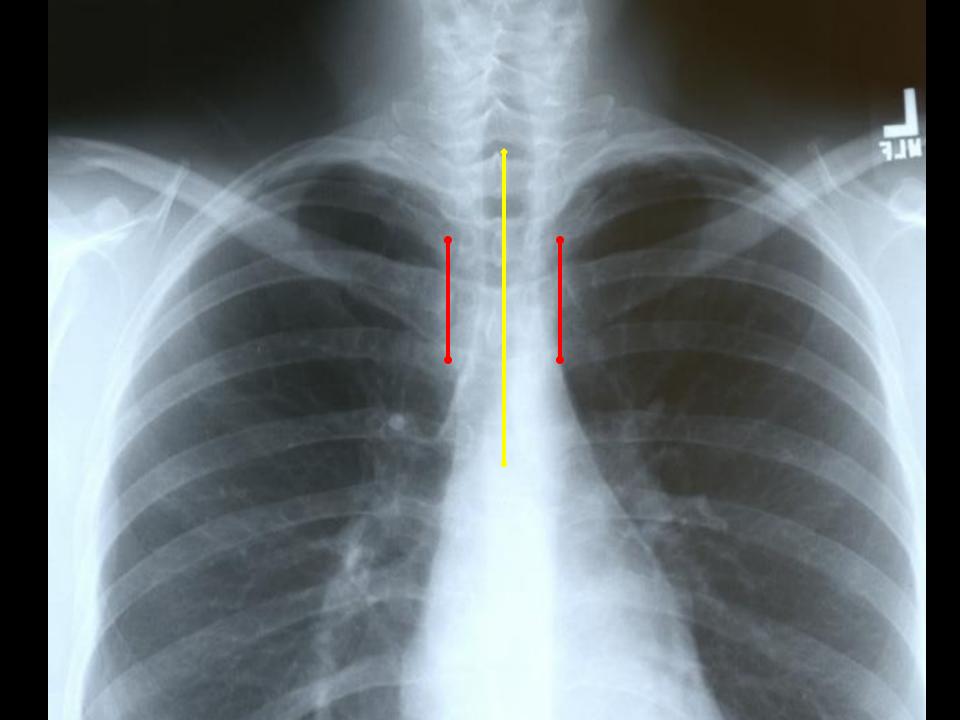


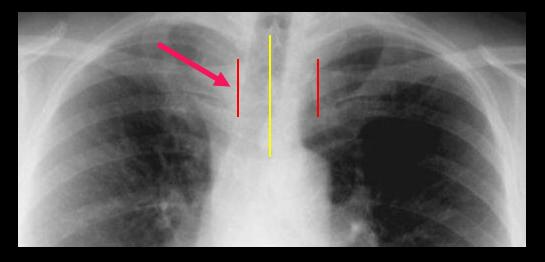
Quality Control

• 7. Rotation

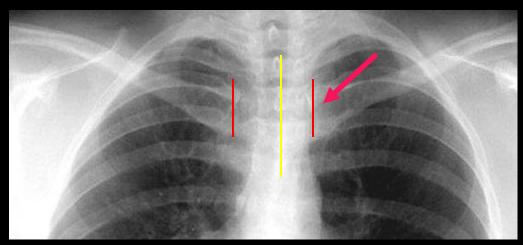
 Medial ends of bilateral clavicles are equidistant from the midline or vertebral bodies







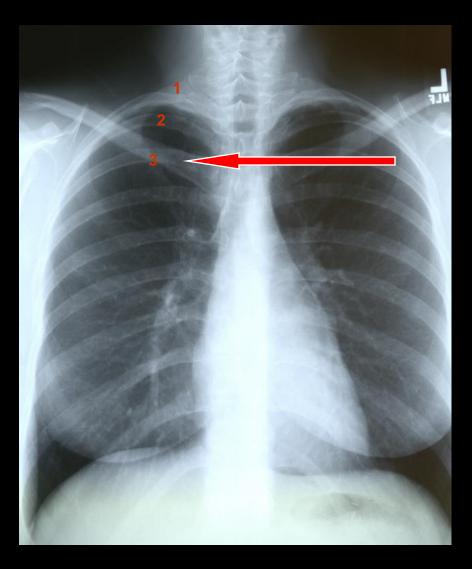
If spinous process appears closer to the right clavicle (red arrow), the patient is rotated toward their own left side



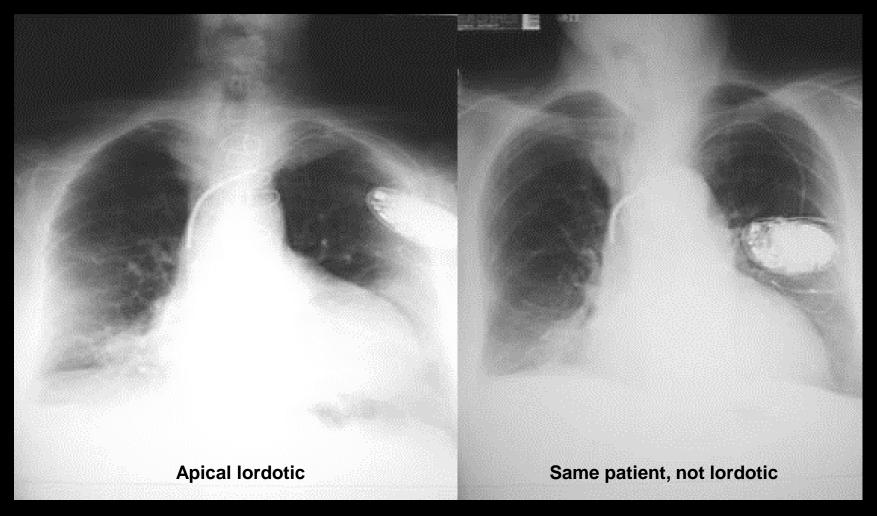
If spinous process appears closer to the left clavicle (red arrow), the patient is rotated toward their own right side

Quality Control

- 8. Angulation
 - Clavicle should lay over 3rd rib



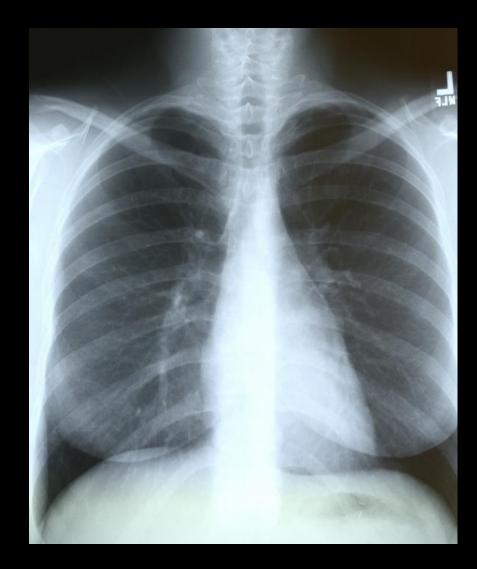
Pitfall Due to Angulation



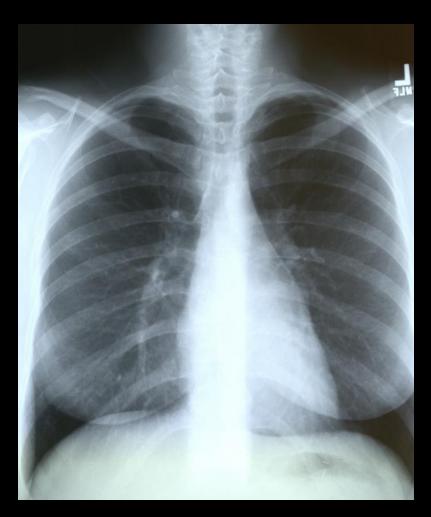
A film which is apical lordotic (beam is angled up toward head) will have an unusually shaped heart and the usually sharp border of the left hemidiaphragm will be absent

9. Soft tissue and bony structures

- Check for
 - Symmetry
 - Deformities
 - Fractures
 - Masses
 - Calcifications
 - Lytic lesions



- 10. Mediastinum
 - Check for
 - Cardiomegaly
 - Mediastinal and Hilar contours for increase densities or deformities



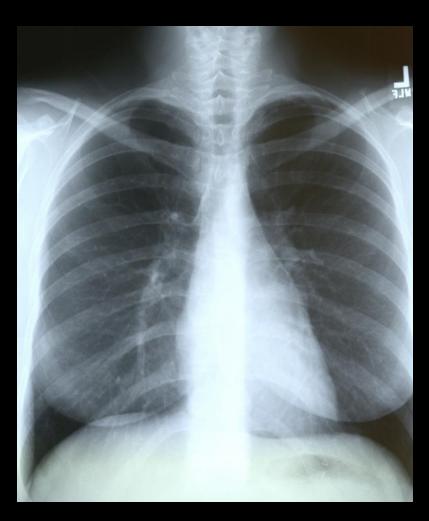
• 11. Diaphragms

- Check sharpness of borders
- Right is normally higher than left
- Check for free air, gastric bubble, pleural effusions



• 12. The Lung Fields!

- To help you determine abnormalities and their location...
 - Use silhouettes of other thoracic structures
 - Use fissures



Lung Fields: Using Structures / Silhouettes

Silhouette / Structure	Contact with Lung
Upper right heart border/ascending aorta	Anterior segment of RUL
Right heart border	RML (medial)
Upper left heart border	Anterior segment of LUL
Left heart border	Lingula (anterior)
Aortic knob	Apical portion of LUL (posterior)
Anterior hemidiaphragms	Lower lobes (anterior)

Lung Fields: Using Structures / Silhouettes

Upper right heart border / ascending aorta (anterior RUL)

Right heart border (medial RML)

Anterior hemidiaphragms (anterior lower lobes)

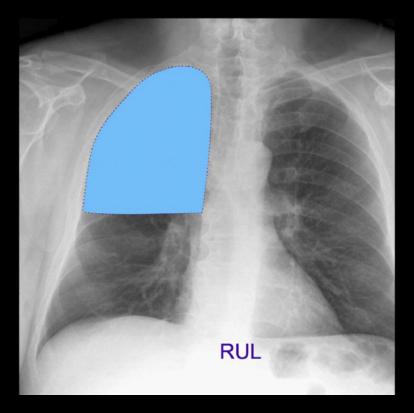
Aortic knob (Apical portion of LUL) Upper left heart border (anterior LUL) Left heart border (lingula; anterior)

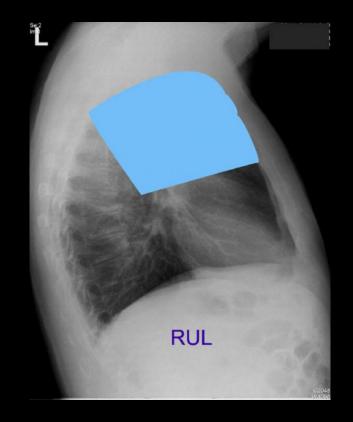
Lung Fields: Fissures

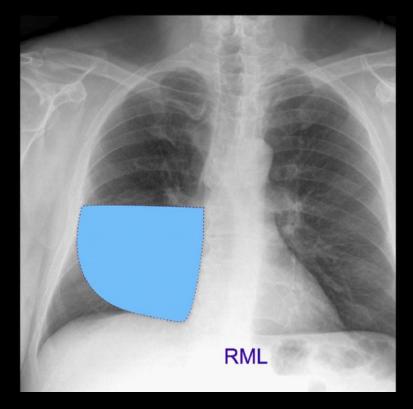
• The fissures can also help you to determine the boundaries of pathology

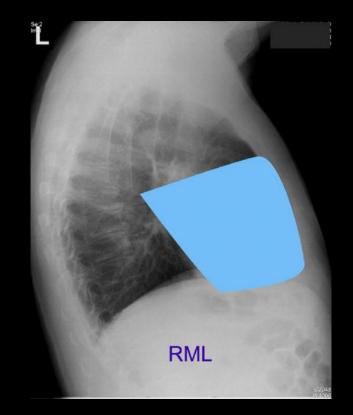
Major Oblique Fissure	Separates the LUL from the LLL
Right Major Fissure	Separates the RUL/RML from the RLL
Right Minor Fissure	Separates the RUL from the RML

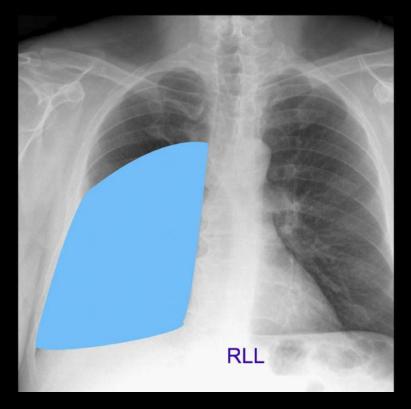
Lobes

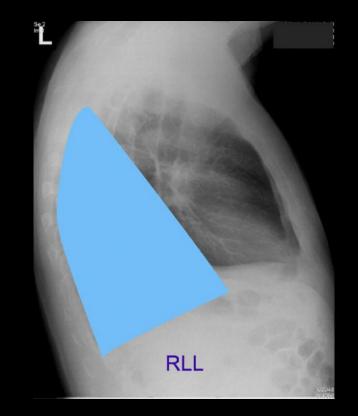


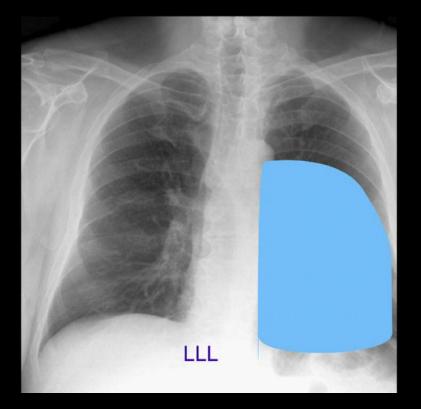


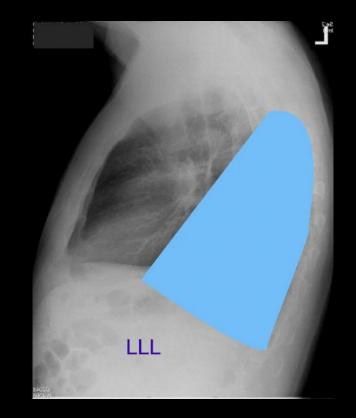


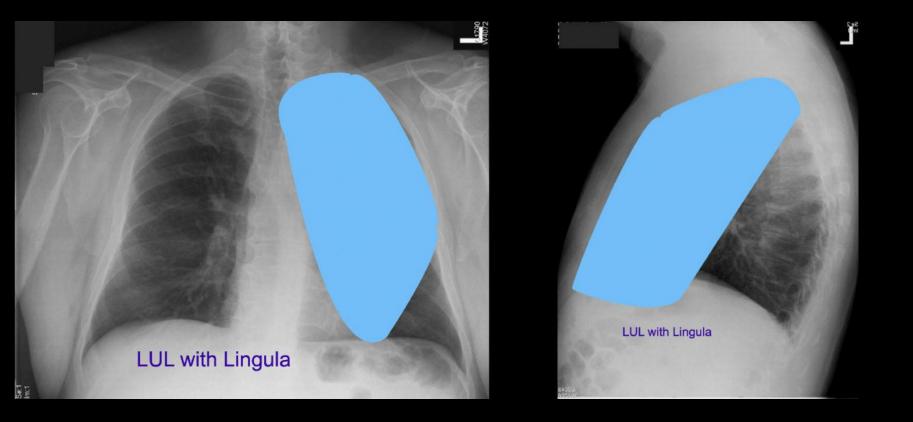


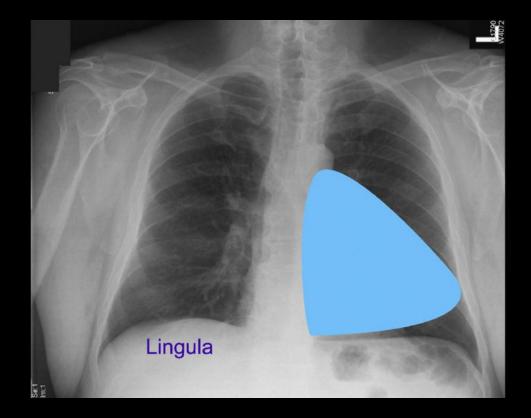












Heart

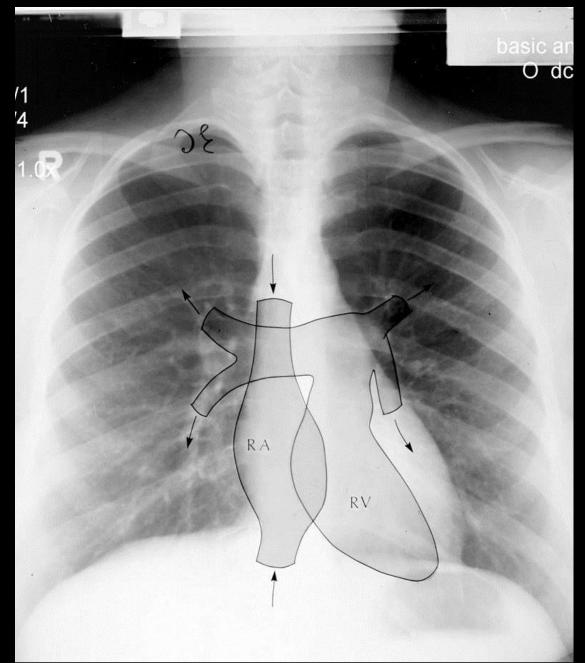
Right border: Edge of (r) Atrium

3. Left border: (I) Ventricle + Atrium

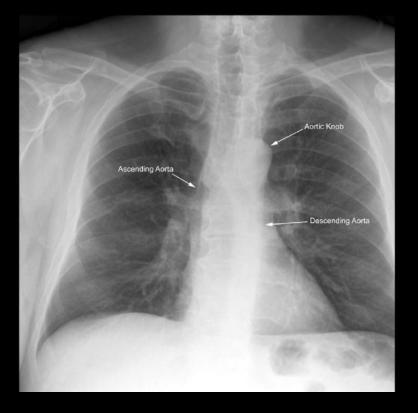
4. Posterior border: Reft Ventricle

5. Anterior border: Right Ventricle

Heart (continued)



Heart (continued)





Hilum

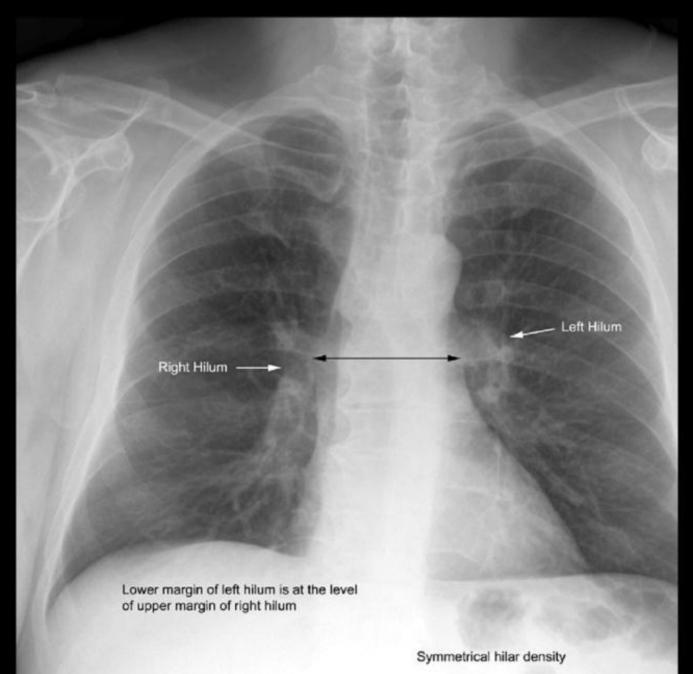
Made of:

- 1. Pulmonary Art.+Veins
- 2. The Bronchi

Left Hilum higher (max 1-2,5 cm)

Identical: size, shape, density

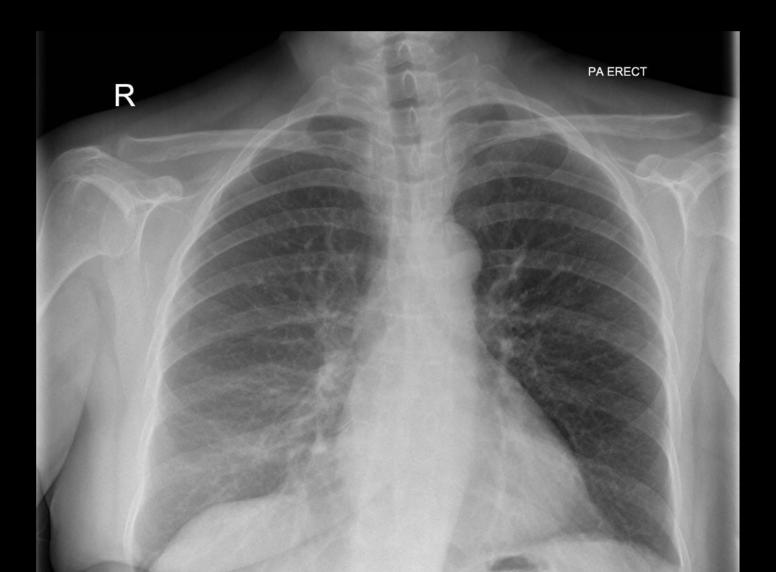
Hilum





be systematic

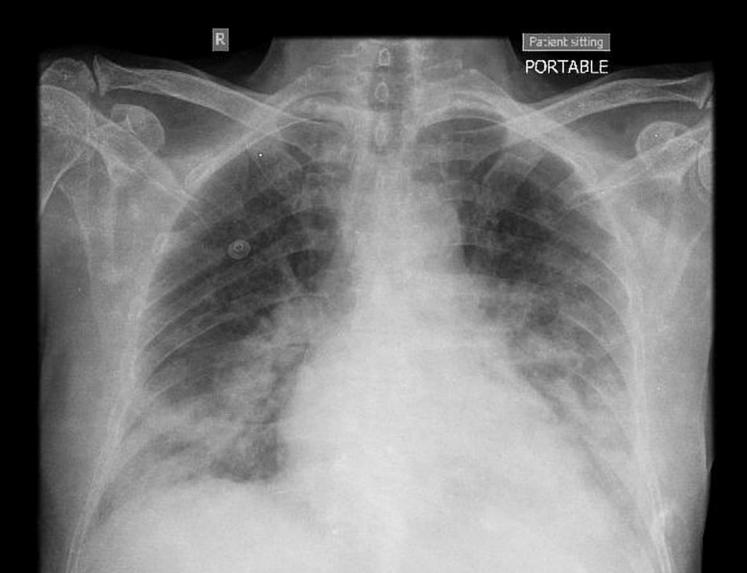
Rt Mastectomy



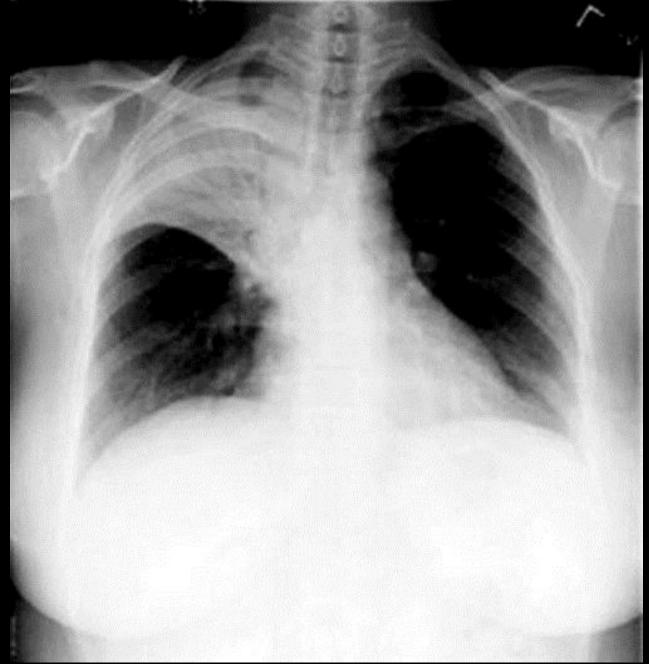
• Rt

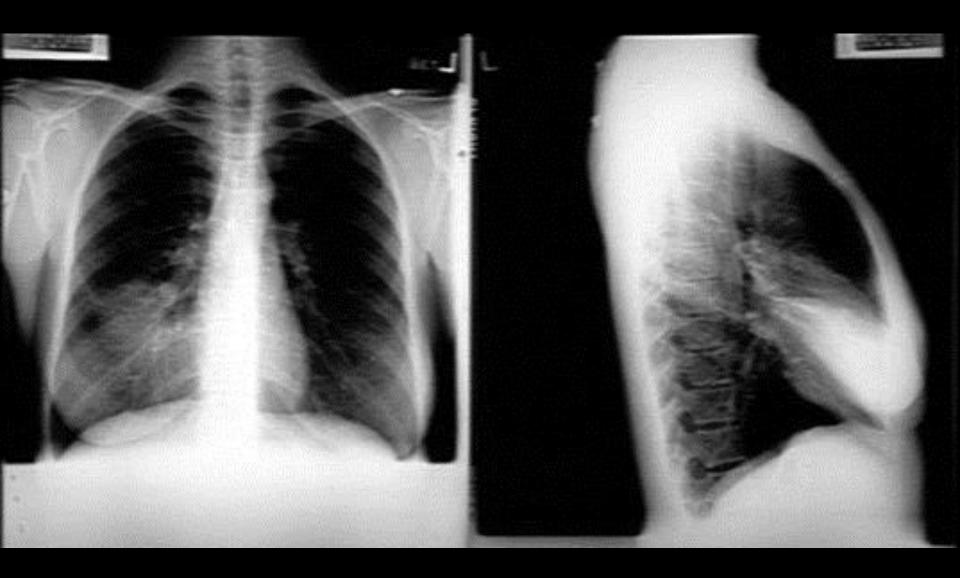
- Fever
- Cough
- Breathlessness
- Hypoxia
- Spo2 92% ON HFNC 50L/min 70% 02

COVID 19 Pneumonia





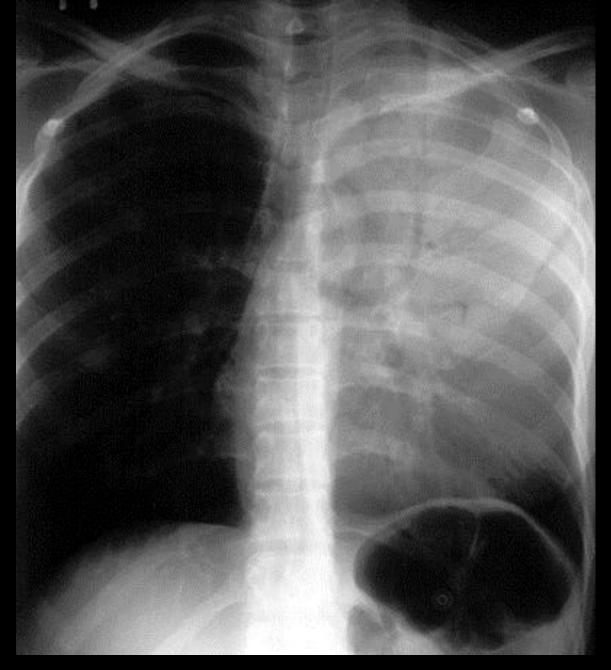




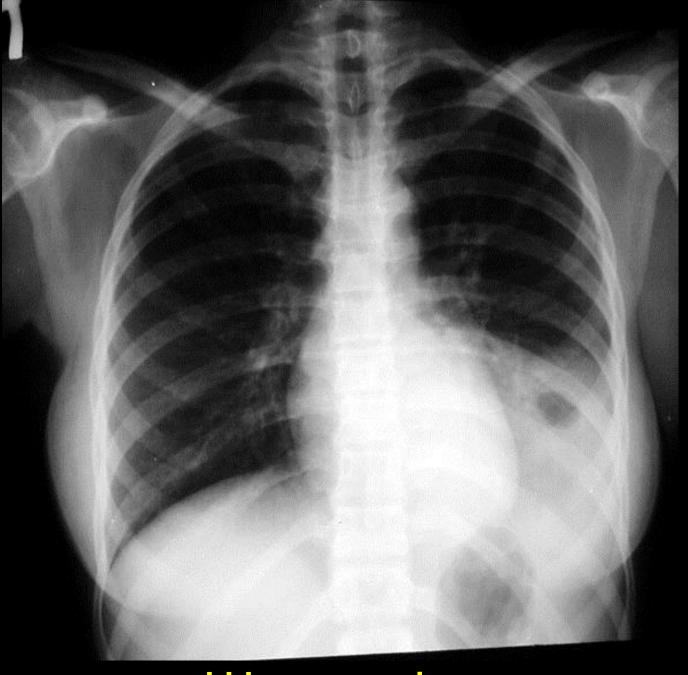
RML pneumonia



RLL pneumonia



LUL pneumonia



LLL pneumonia

PA view: RML consolidation and loss of right heart silhouette Lateral View: RML wedge shaped consolidation

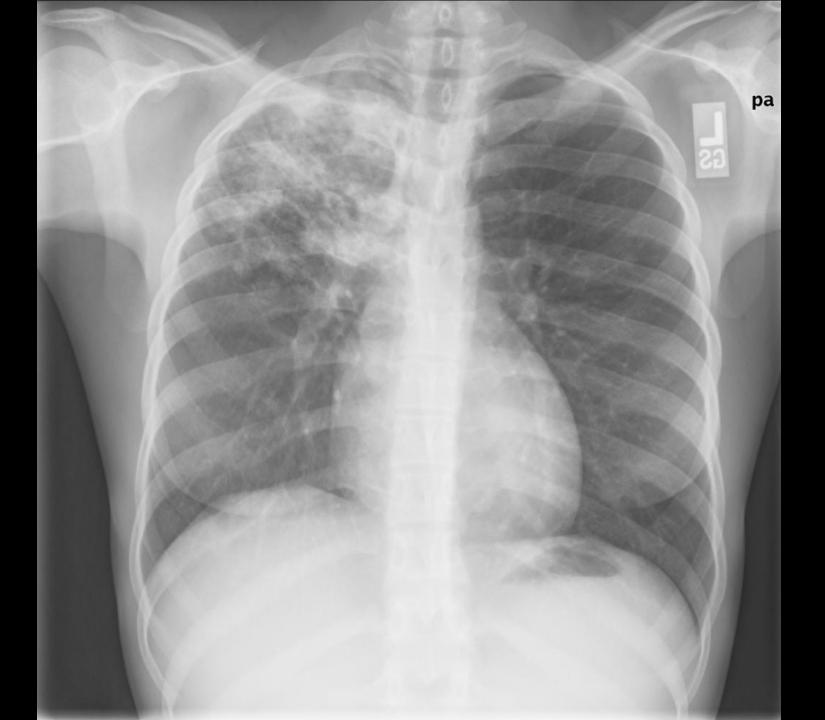
RML pneumonia

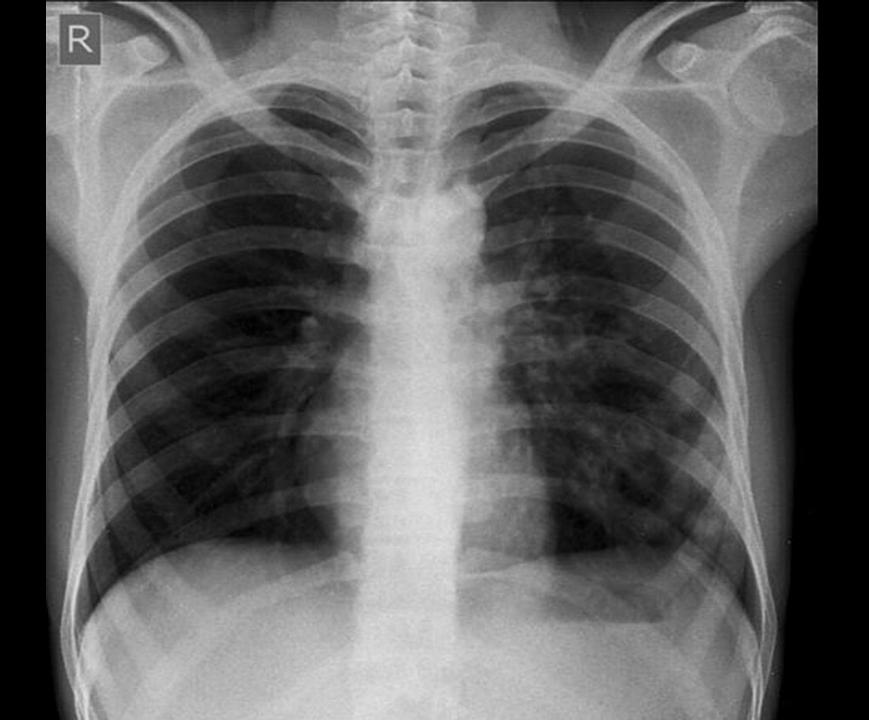
RUL infiltrate / consolidation, bordered by minor fissure inferiorly

Patchy LLL infiltrate that obscures the left hemidiaphragm; right and left heart borders obscured

RUL and LLL pneumonia

Tuberculosis Next 4 slides



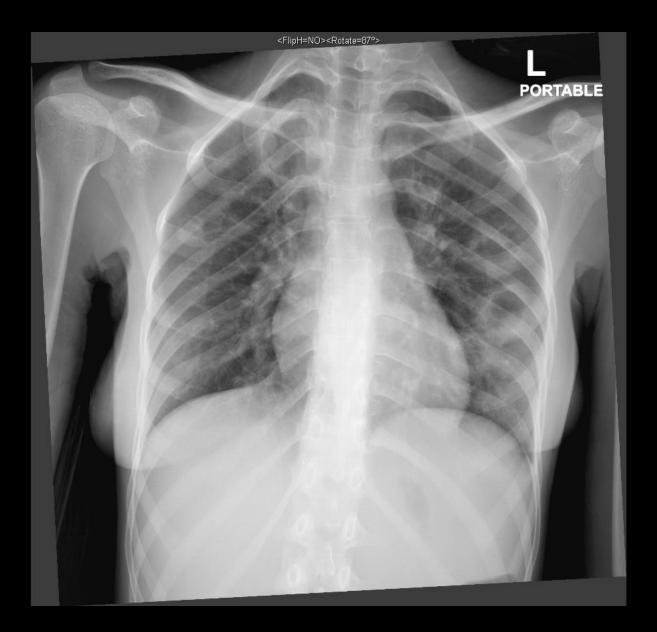


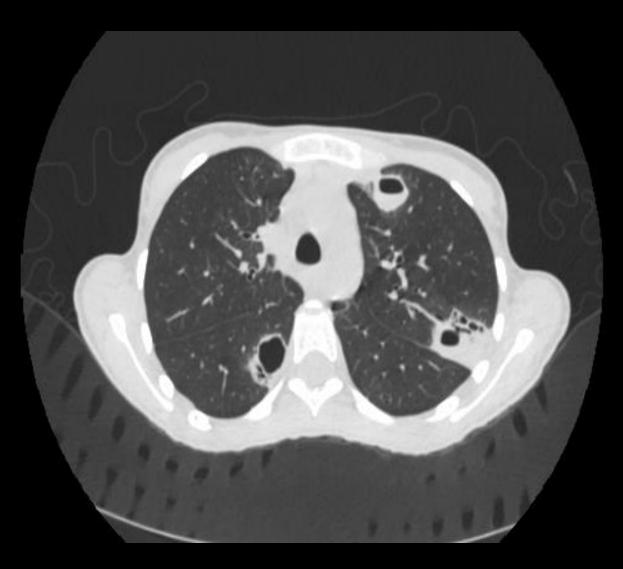


Multiple bilateral cavitary lesions with air-fluid levels c/w pulmonary abscesses

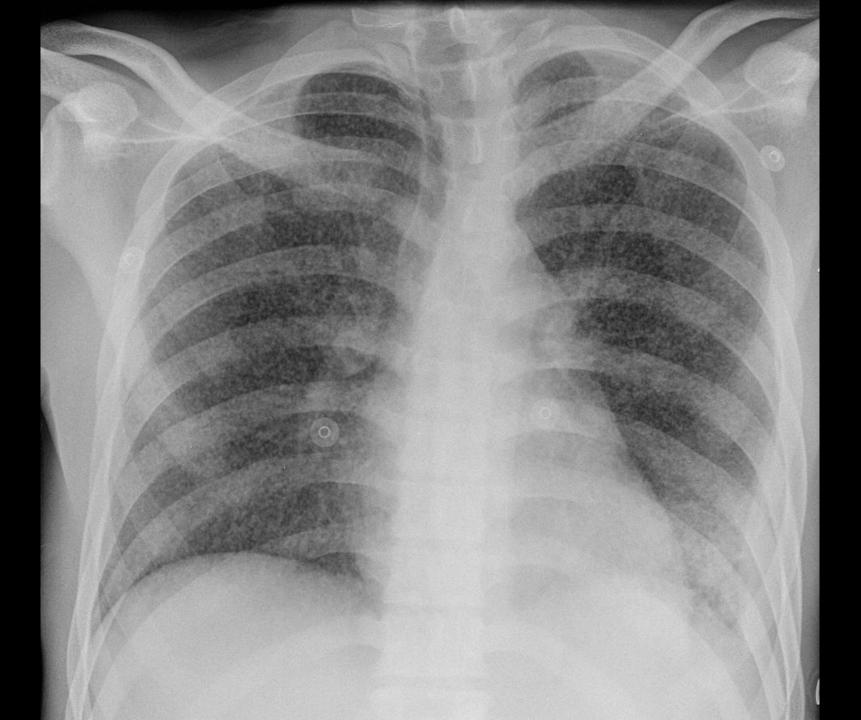
Tuberculosis

Multiple cavitating lesions





Miliary mottling / Miliary TB





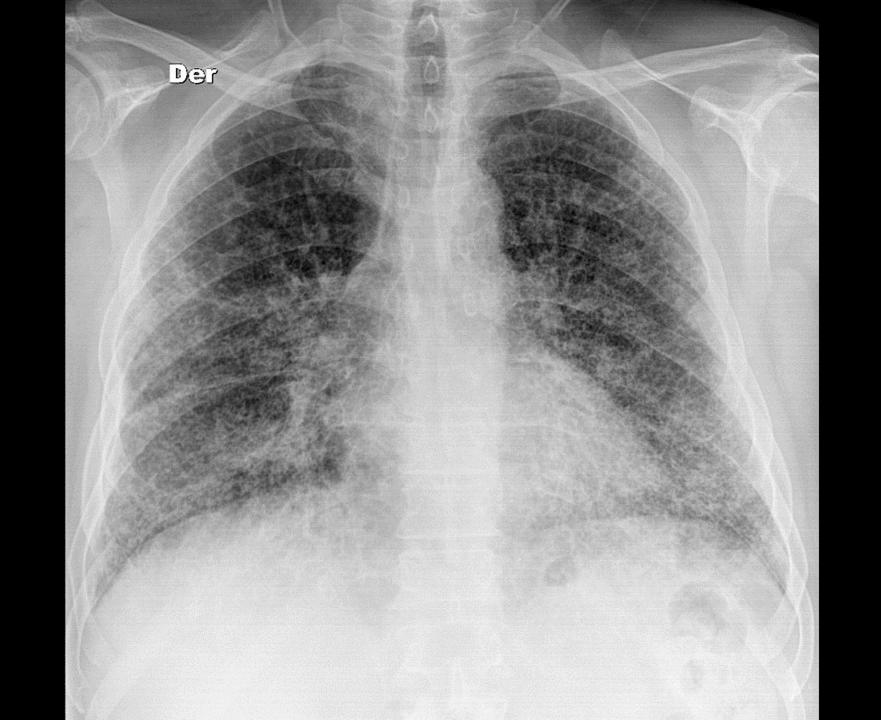


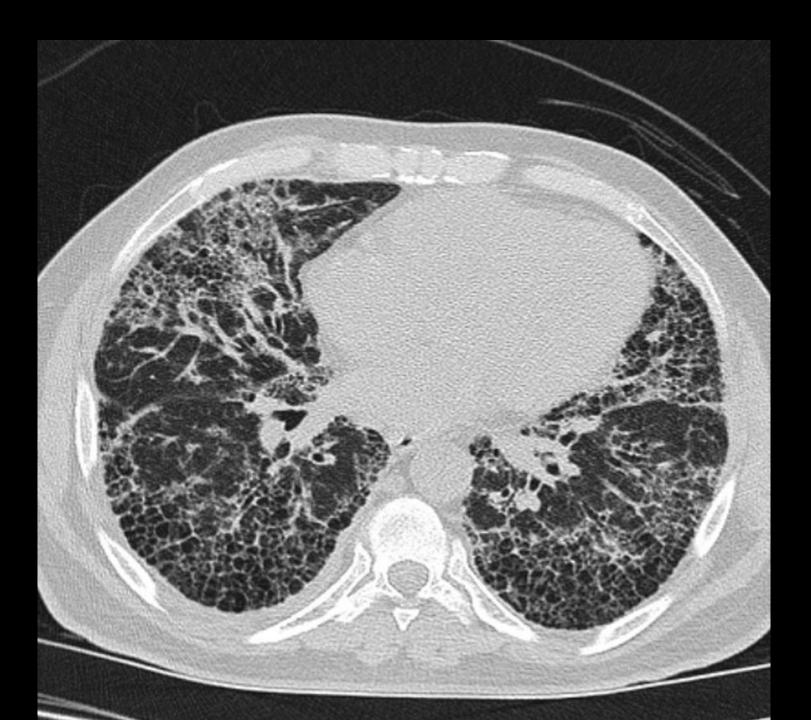
ILD

• The following 2 slides Reticulondular changes



W 16384 : L 16384







Hilar Lymphadenopathy - BL

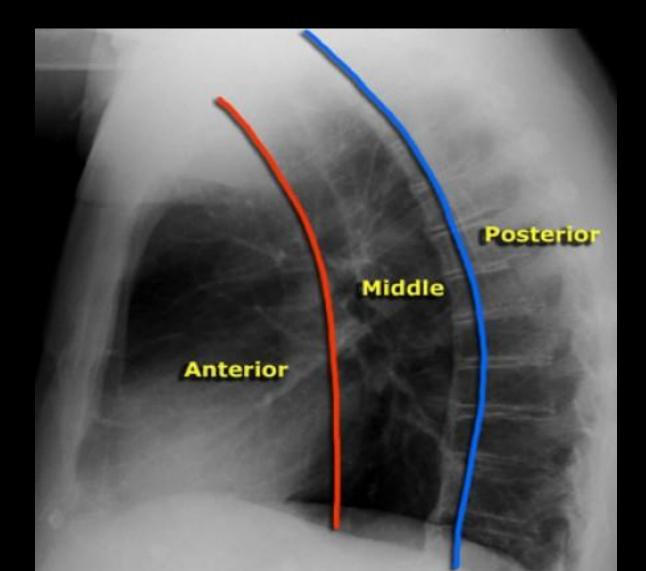
Bilateral Hilar Adenopathy, but look at the changes in the lungs= sarcoidosis



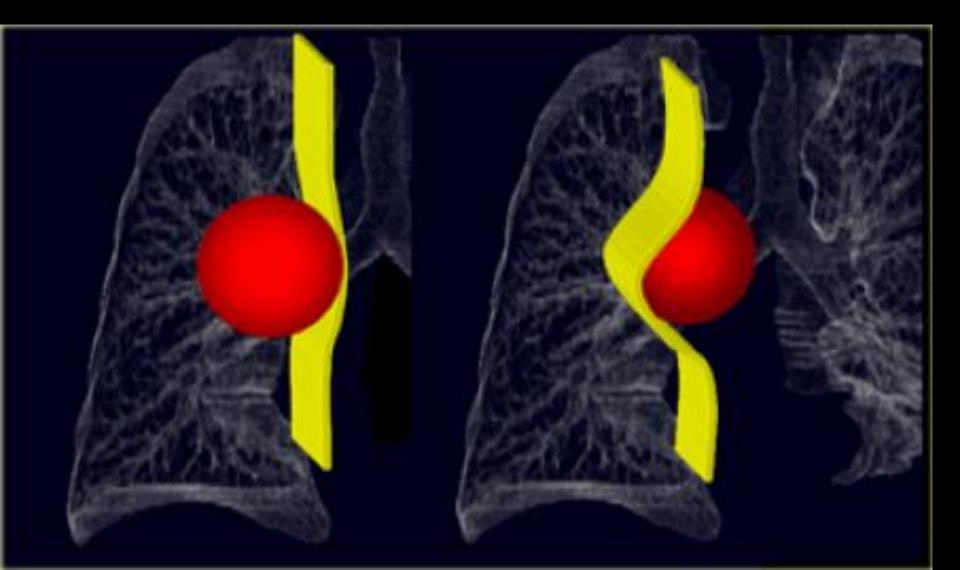
Expiration

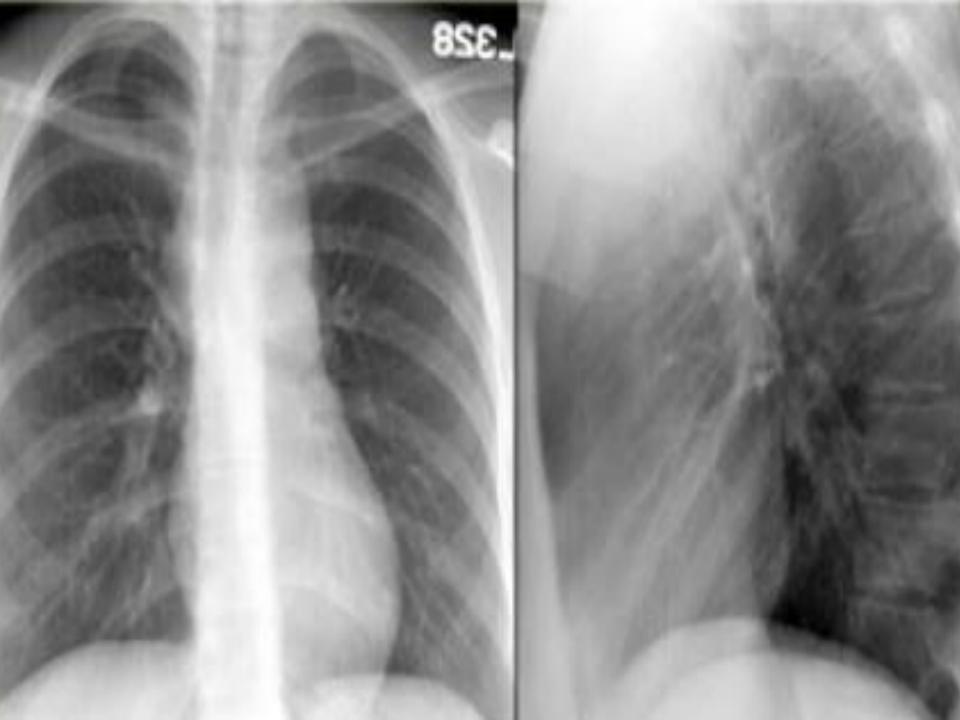
AP SITTING

Mediastinum



Mediastinal v lung mass



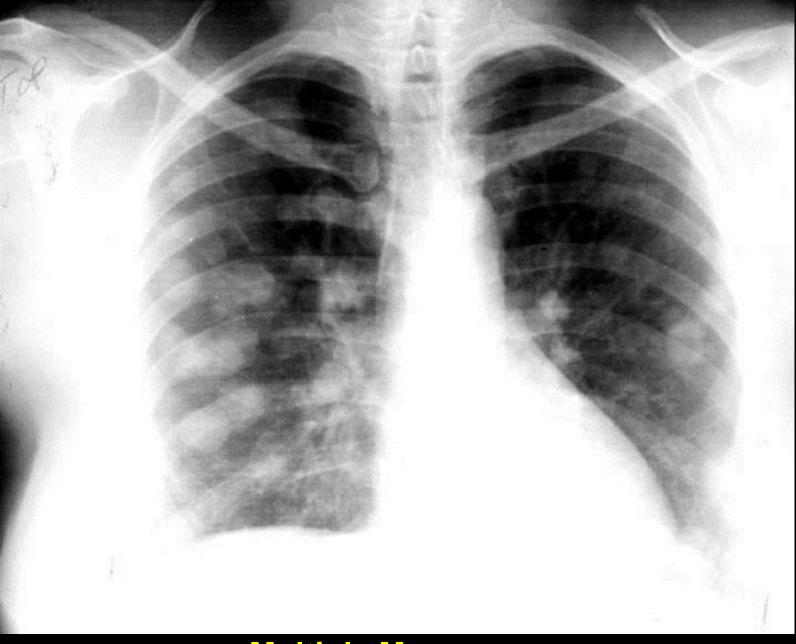




Retrosternal Goitre

Lung mass, look at the edges its irregular spiculated

R



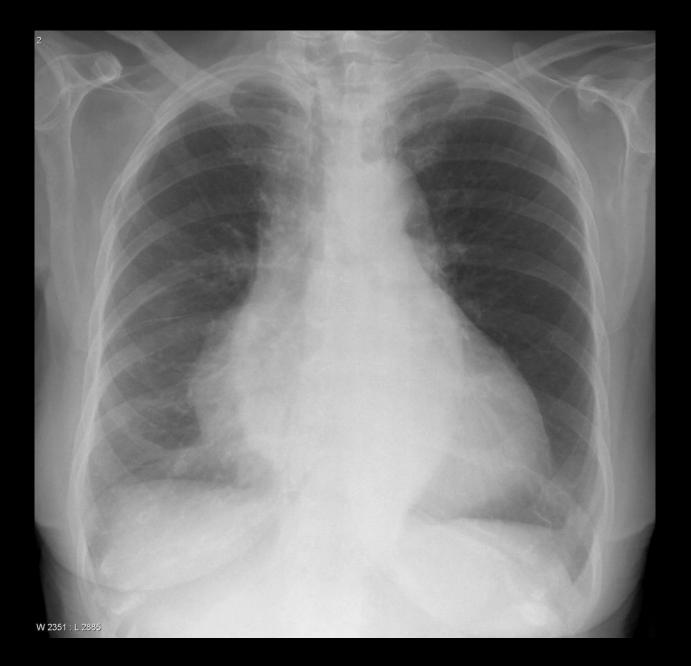
Multiple Masses

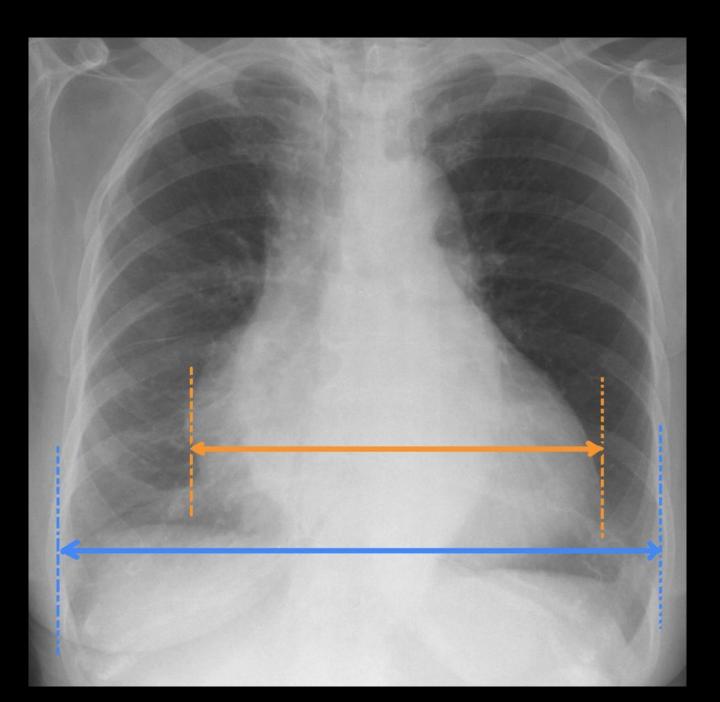
 The next 2 slides Hyperinflated lungs look at the top right = bulla



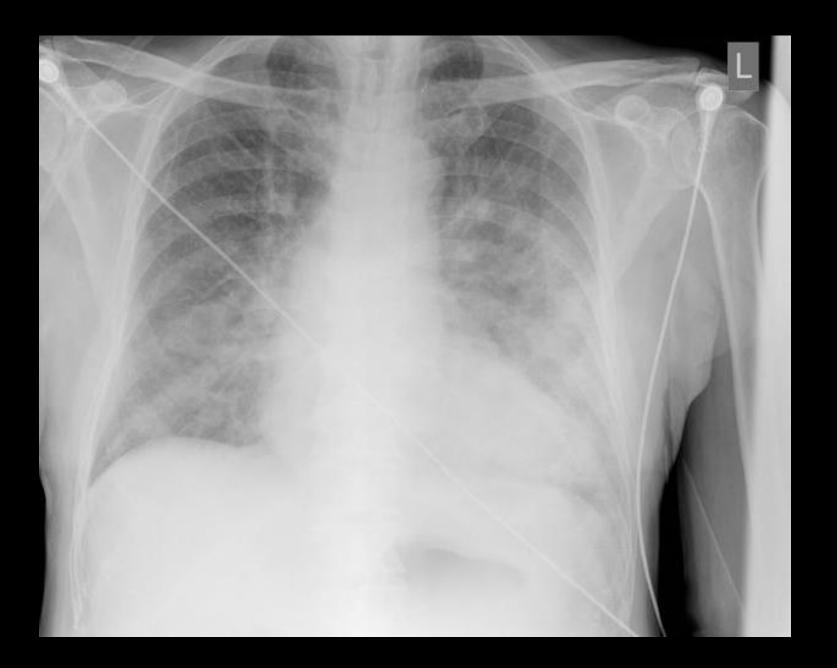


• The next 2 slide cardiomegaly





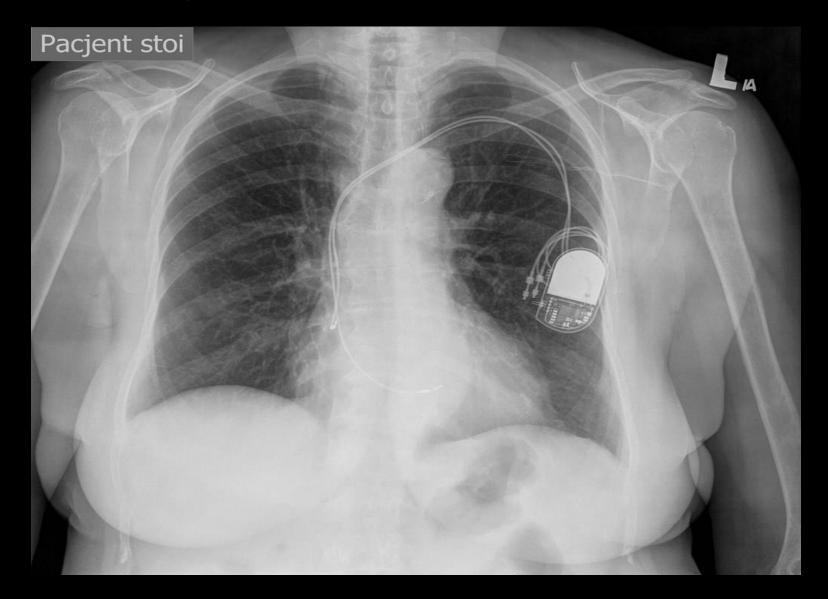
• The next slide is Heart failure/Pulmonary oedema



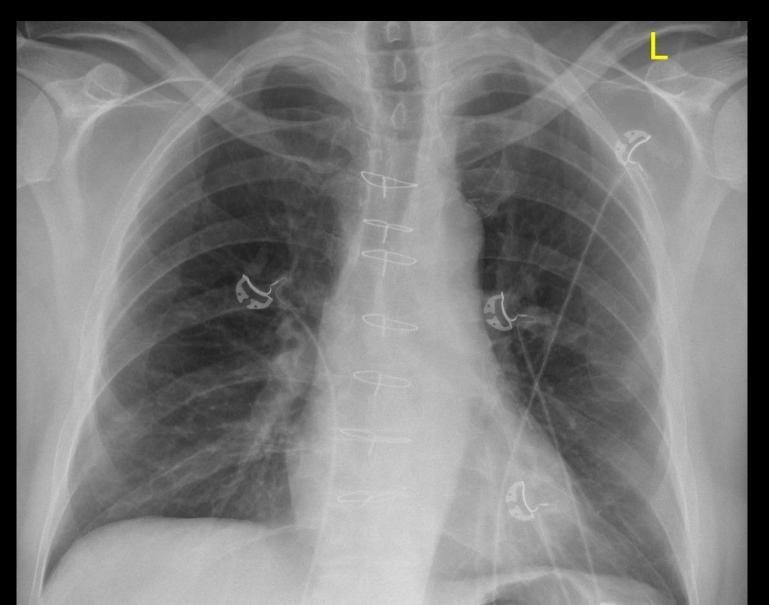
Causes of Pulmonary Oedema

- ?
- ?
- ?

Dual chamber pacemaker Rt Atrial and Rt Ventricular



Median Sternotomy if you look carefully you can also see a coronary stent



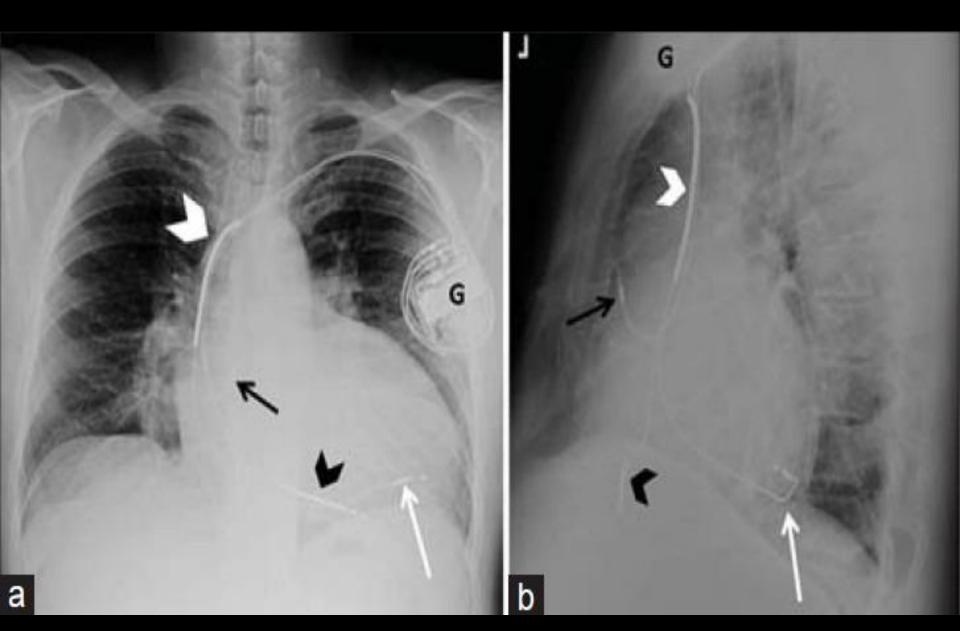


L

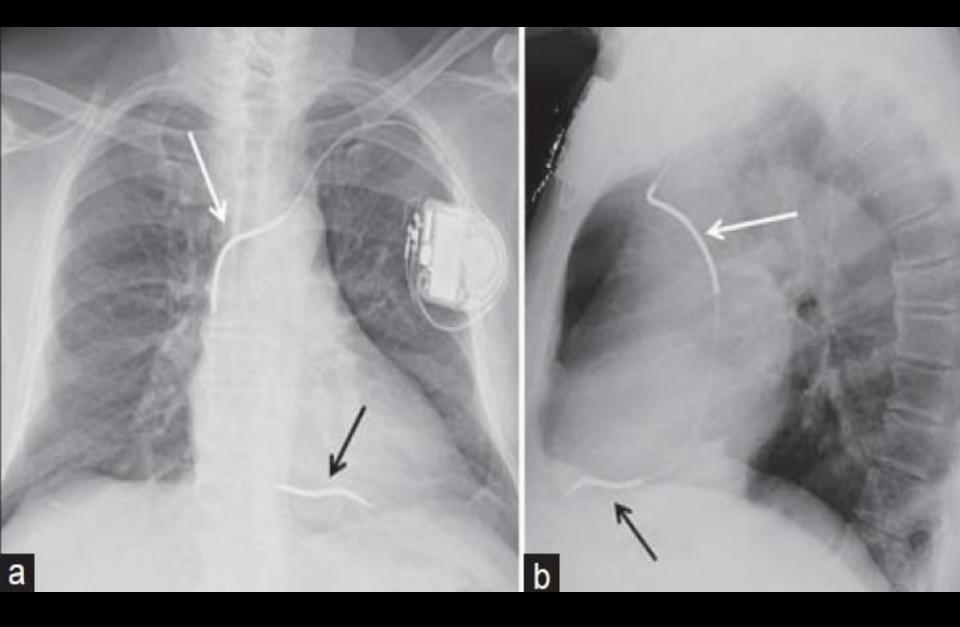
ра

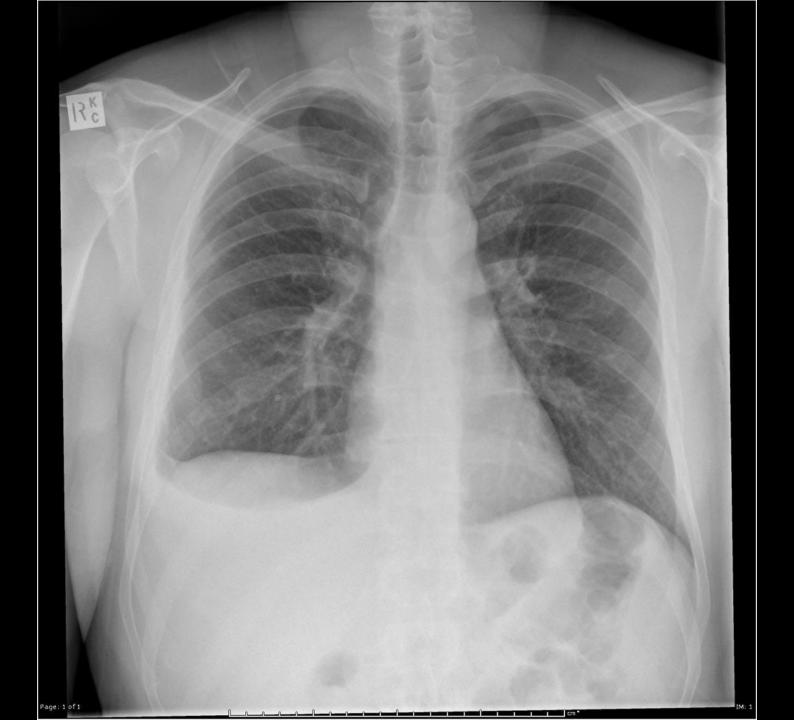
Cardiac resynchronization look carefully you see 3 cardiac wires pacing the rt and lt ventricle

ICD CRT

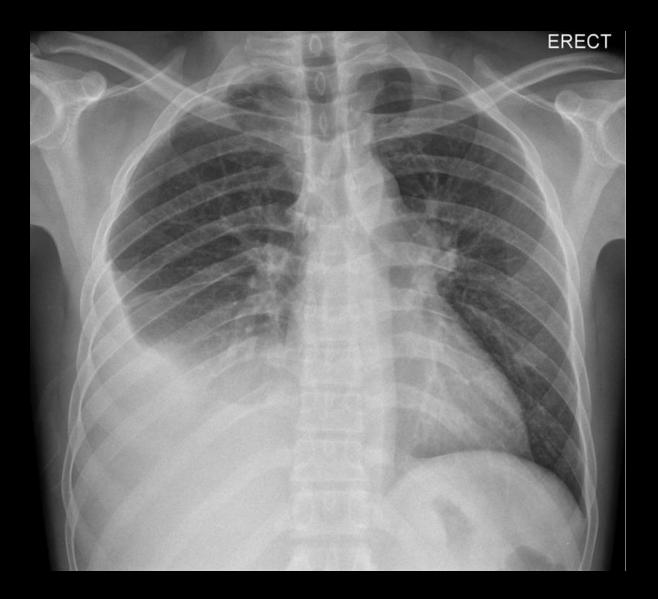


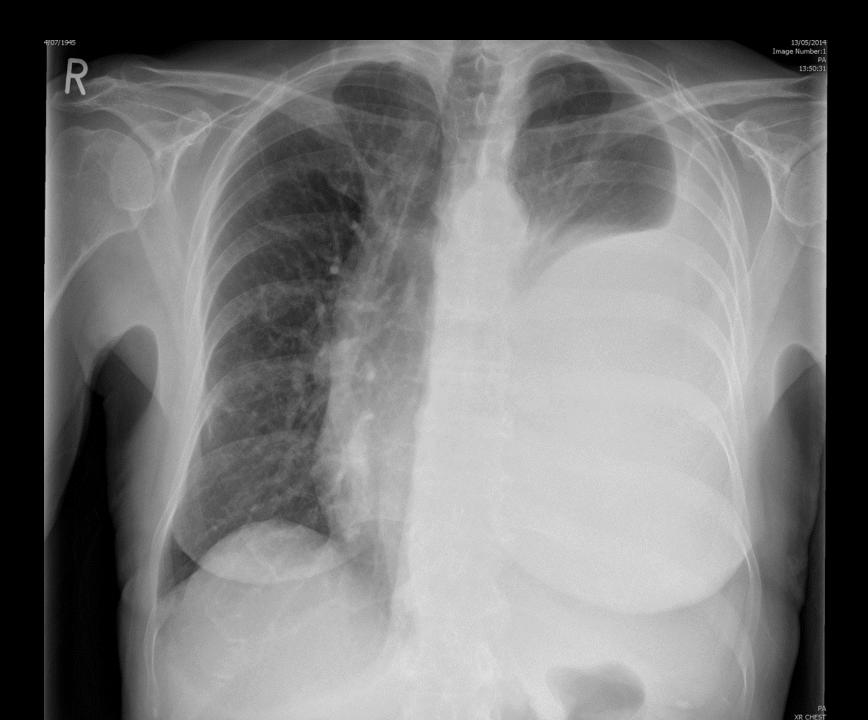




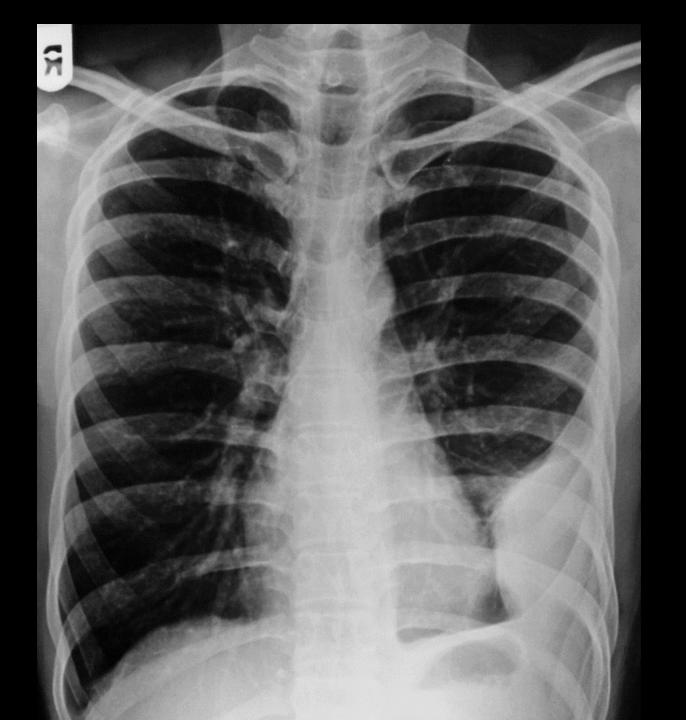


Pleural effusions

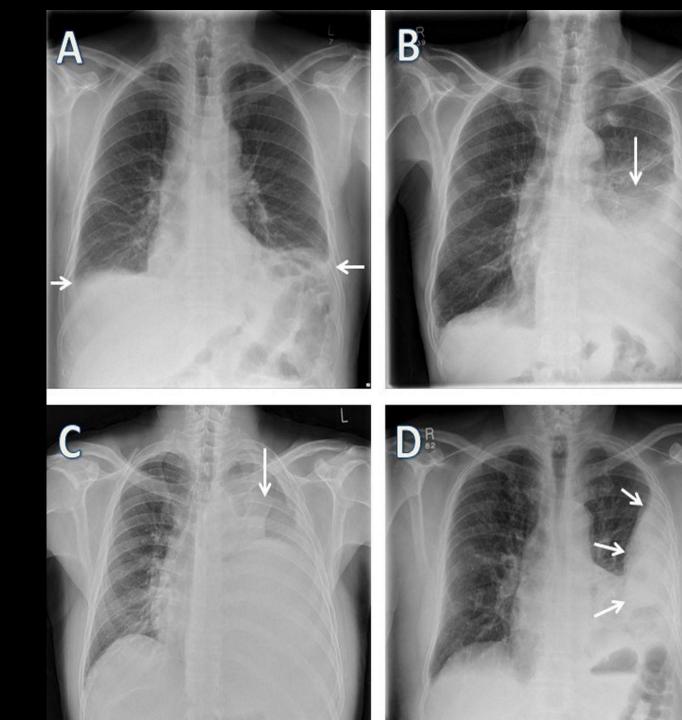






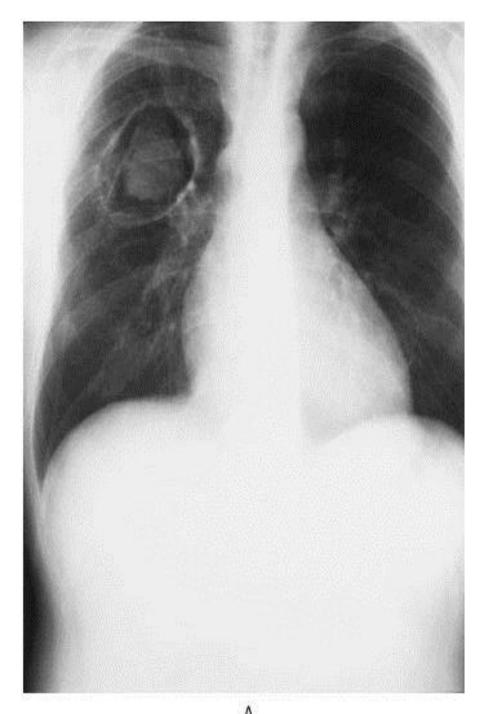


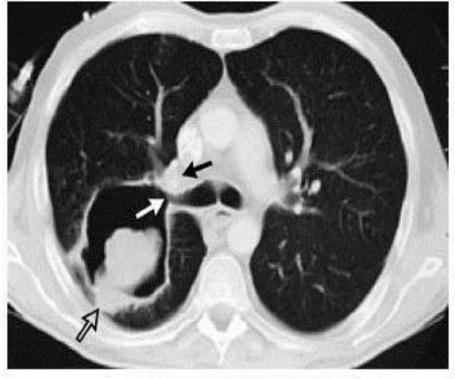






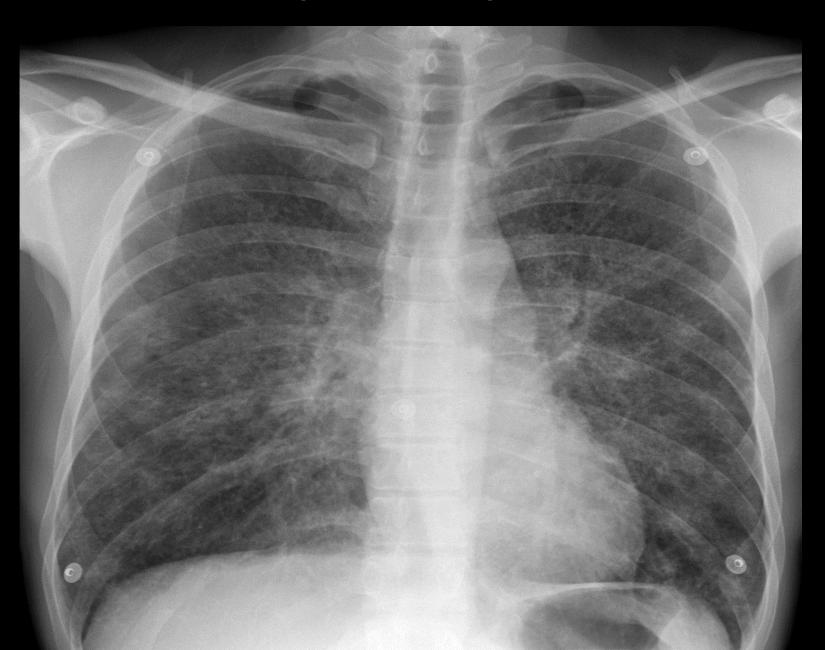
Cavitating lesion





В

Immunocompromised patient

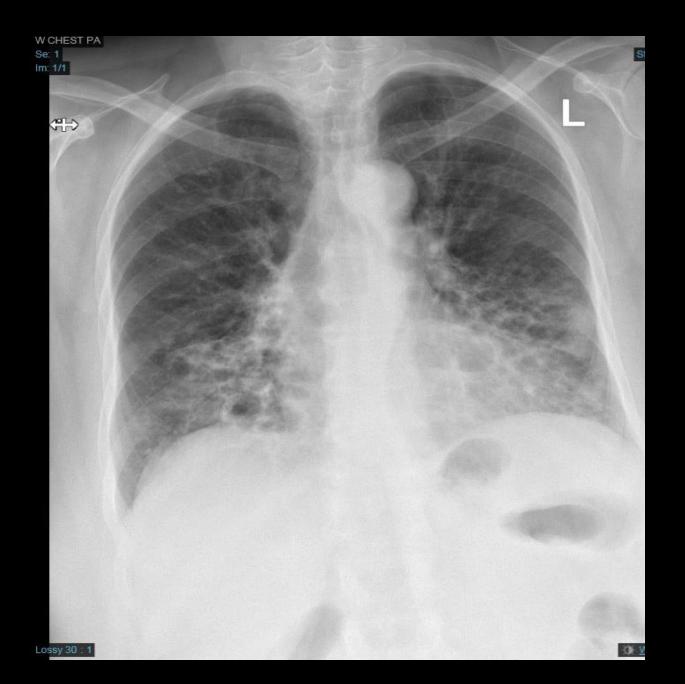


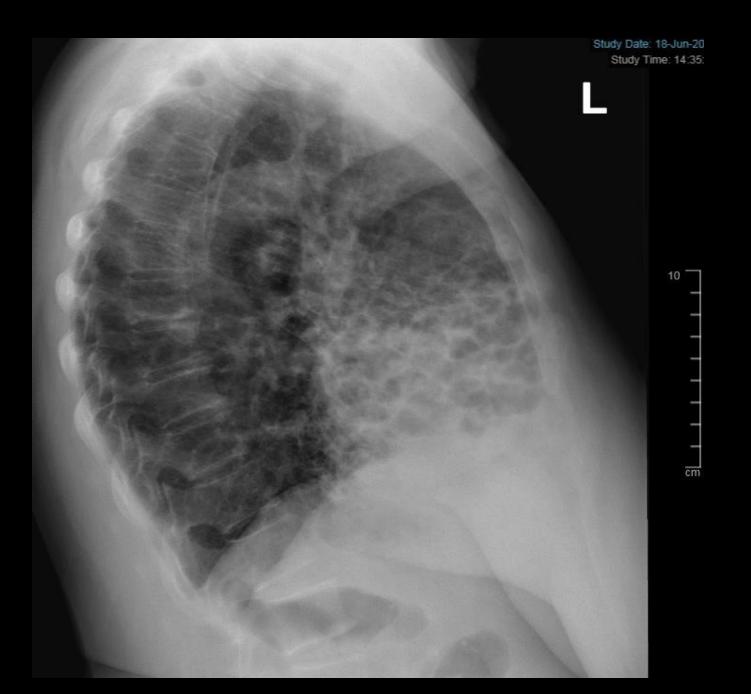
- Chronic Cough
- Sputum production

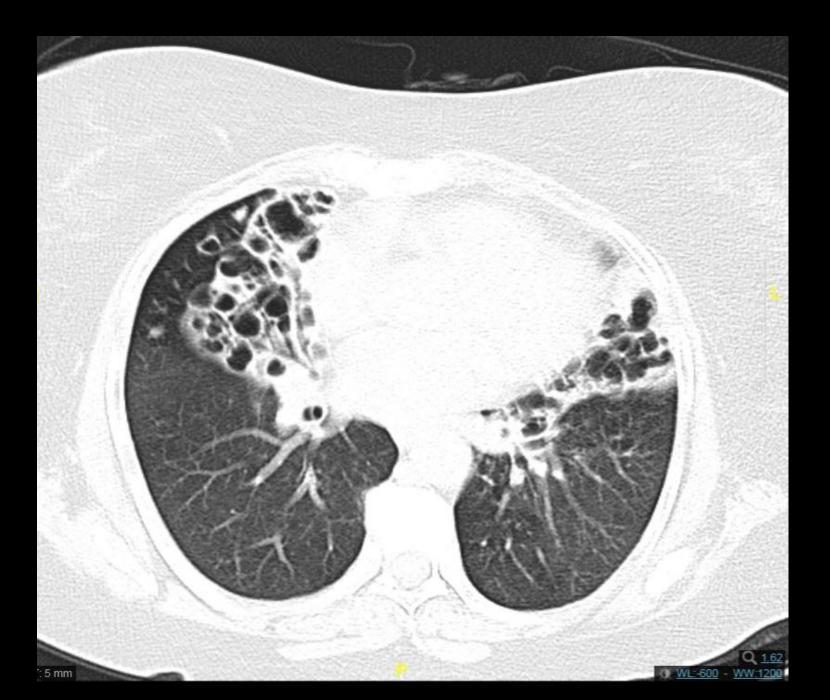
Diagnosis: Bronchiectasis







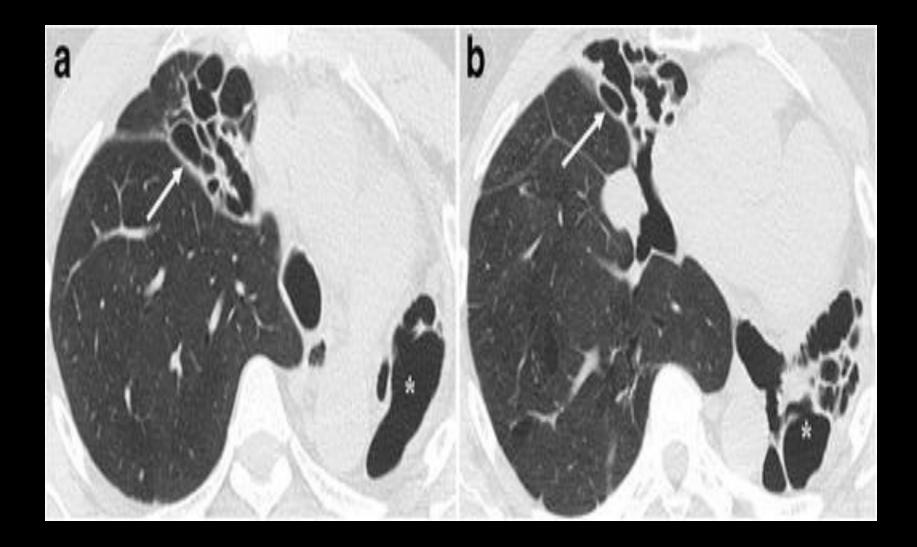


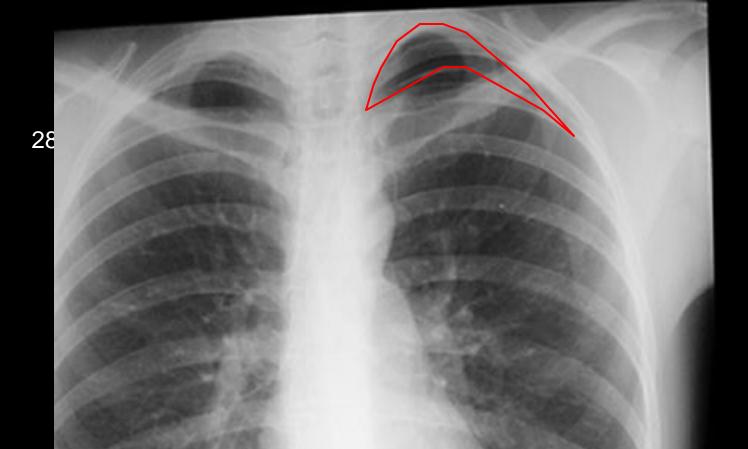






Post TB LT lung destruction with associated bronchiectasis [F]





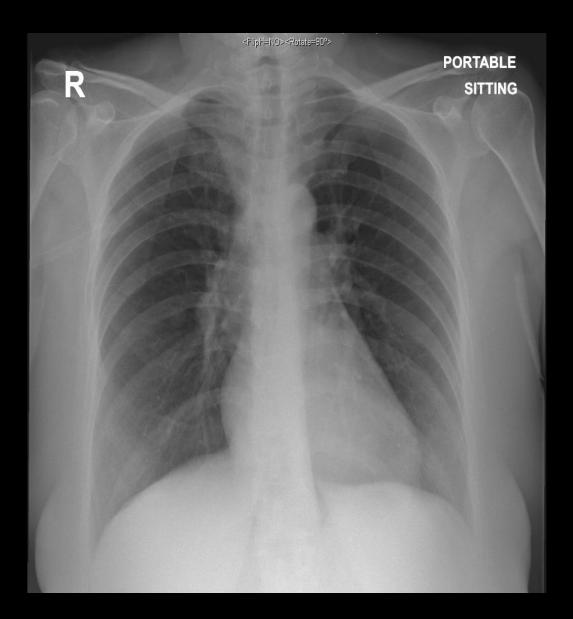
Well demarcated paucity of pulmonary vascular markings in right apex

Left spontaneous pneumothorax

Tension Pneumothorax how will you treat

45 year old with UC

Sudden onset SOB



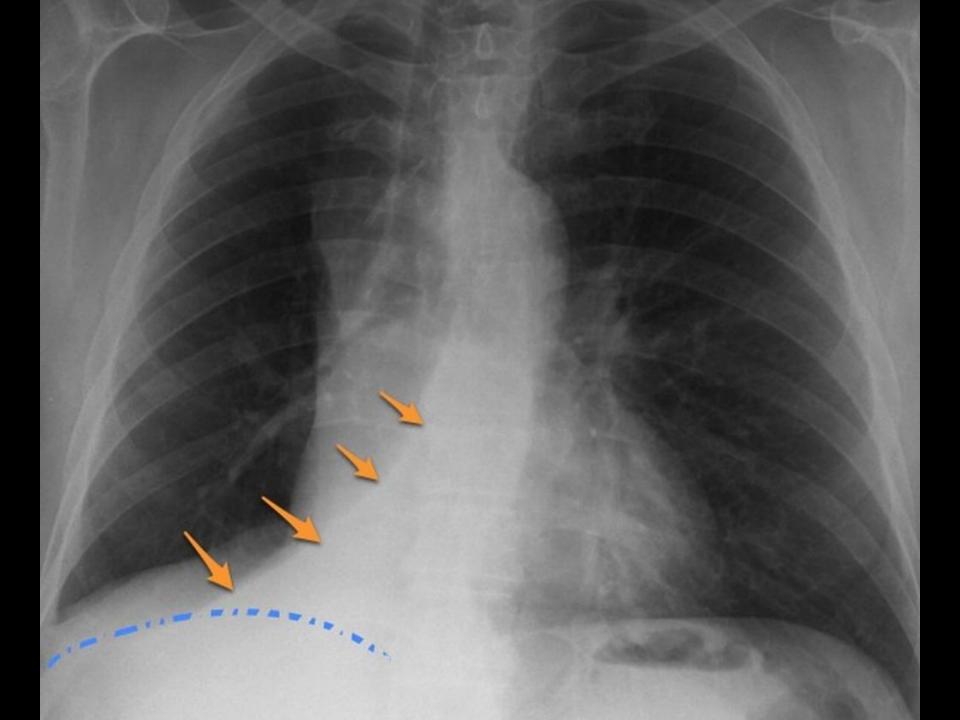


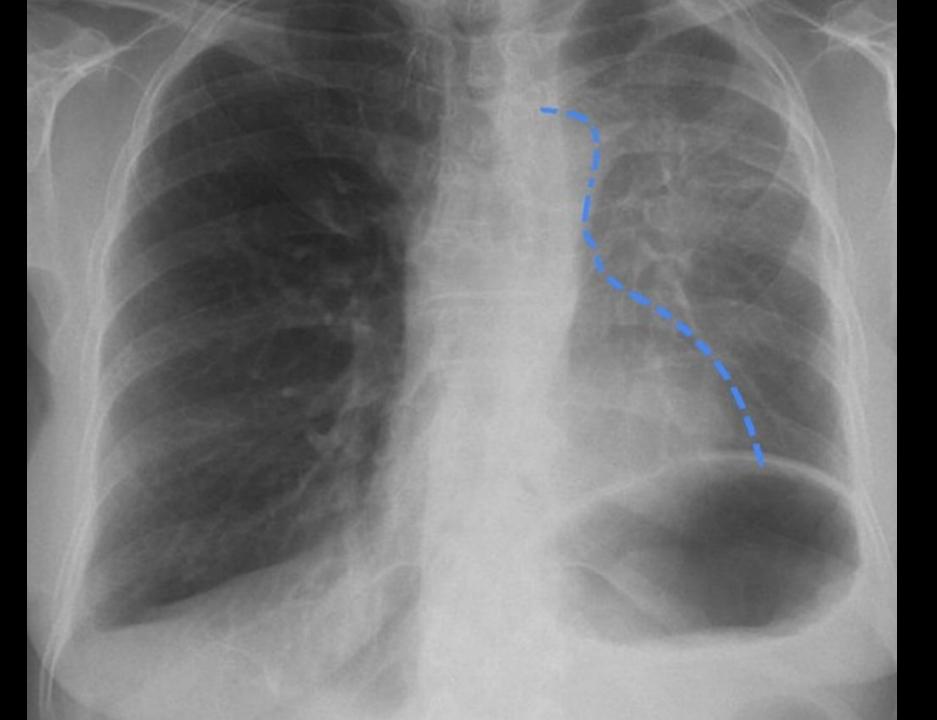
Lung Collapse

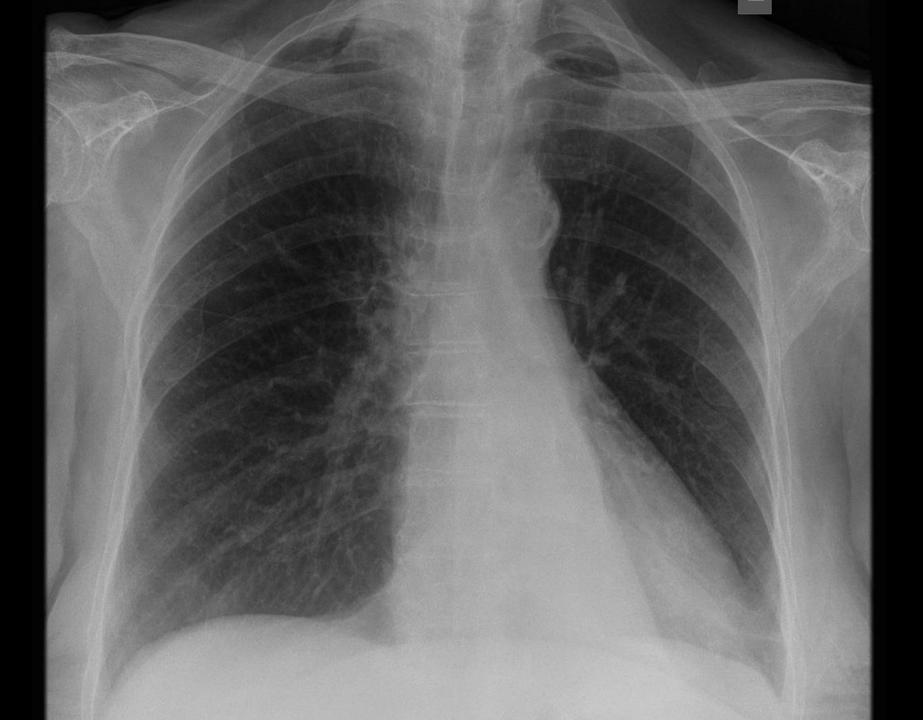
Different lobes

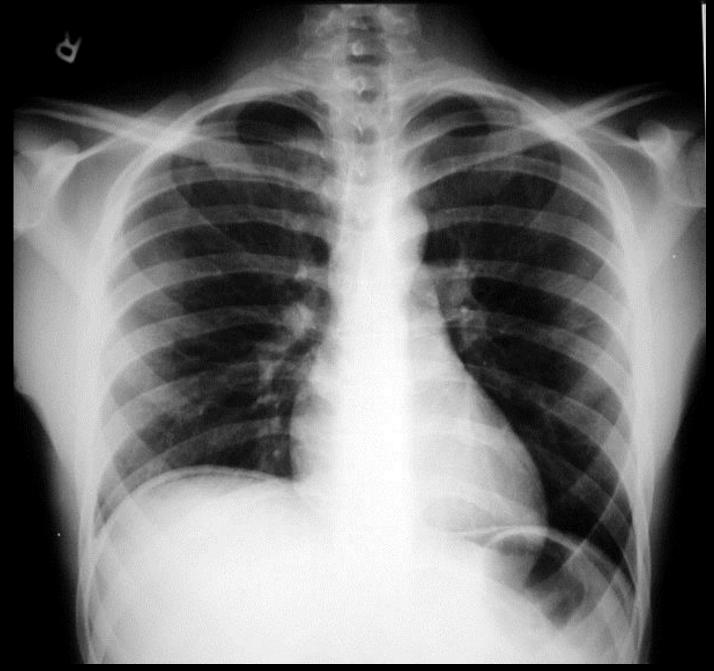
What are the causes?







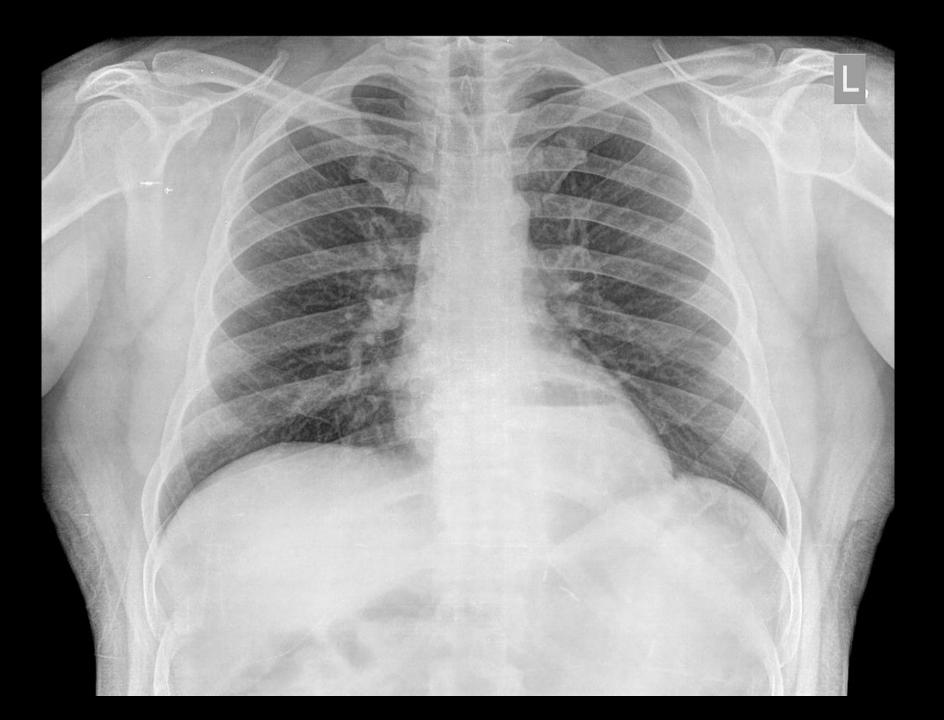




Air under the diaphragm

Chronic cough, upper GI symptoms





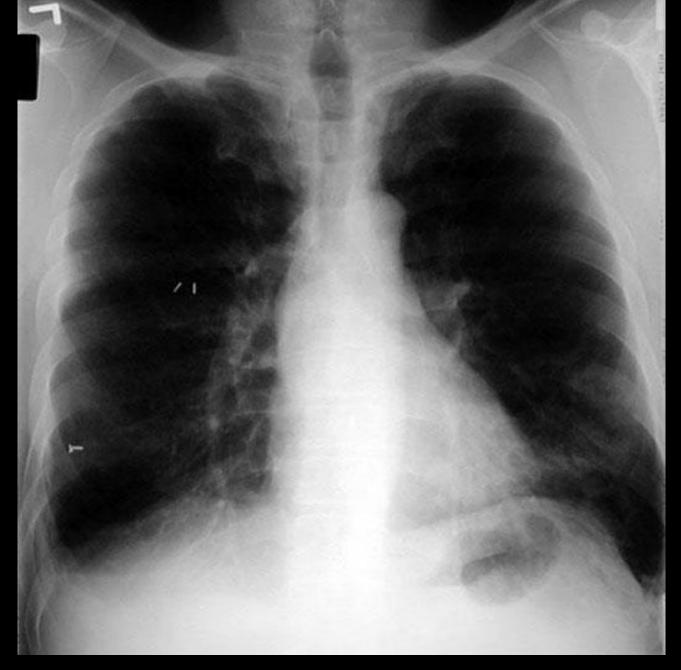
The 12-Step Program

Pre-read

- 1: Name
- 2: Date
- 3: Old films
- 4: What type of view(s)
- 5: Penetration
- 6: Inspiration
- 7: Rotation
- 8: Angulation
- 9: Soft tissues / bony structures
- 10: Mediastinum
- 11: Diaphragms
- 12: Lung Fields

Quality Control





Dextrocardia

The End

Questions?